

November 2015

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>1 10:15 Sandbags 1:00 Communion 1:30 Mental Aerobics 2:30 Church</p>	<p>2 10:00 Painting with Ellen 1:30 Video Memories 2:45 Putting</p>	<p>3 10:15 Exercise 11:00 Carpet Bwlg 1:30 Walk & Roll 3:00 Readings</p>	<p>4 9:30 Casino 2:30 Reno Keno 7:00 Bingo</p>	<p>5 10:15 Exercise 11:00 Carpet Bwlg 2:00 Take Down Halloween Decor 2:30 Tai Chi</p>	<p>6 10:15 Mental Aerobics 11:30 Walk to the Lido for Chinese Food Lunch 2:30 Happy Hour</p>	<p>7 10:15 Exercise 11:00 Carpet Bwlg 2:00 Sandbag Toss 7:00 Bingo</p>
<p>8 10:15 Sandbags 1:00 Communion 1:30 Mental Aerobics 2:30 Church</p>	<p>9 10:00 Walmart South Surrey 1:30 Video Memories 2:45 Putting</p>	<p>10 10:30 Remembrance Day Ceremony 1:30 Walk & Roll 3:00 Readings</p>	<p>11 Remembrance Day </p>	<p>12 10:15 Exercise 11:00 Carpet Bwlg 2:30 Tai Chi</p>	<p>13 10:15 Mental Aerobics 10:30 Communion 1:30 Noodle Hockey 2:30 Birthday Party w/ Barry Powel</p>	<p>14 10:15 Exercise 11:00 Carpet Bwlg 2:00 Sandbag Toss 7:00 Bingo</p>
<p>15 10:15 Sandbags 1:30 Mental Aerobics 2:30 Church</p>	<p>16 11:15 Lunch at Roadhouse Grille 1:30 Video Memories 2:45 Putting</p>	<p>17 10:15 Exercise 11:00 Carpet Bwlg 1:30 Walk & Roll 3:00 Readings</p>	<p>18 10:15 Coffee Klatch 10:00 Hearing Aids 2:30 Reno Keno 7:00 Bingo</p>	<p>19 10:15 Exercise 11:00 Carpet Bwlg 2:30 Tai Chi</p>	<p>20 10-4 Scenic Tour Fraser Valley with lunch at the Ranch and Mineral Museum—home via north side of Fraser River 2:30 Happy Hour</p>	<p>21 10:15 Exercise 11:00 Carpet Bwlg 2:00 Sandbag Toss 7:00 Bingo</p>
<p>22 10:15 Sandbags 1:00 Communion 1:30 Mental Aerobics 2:30 Church</p>	<p>23 10:00 Christmas Decorating</p>	<p>24 10:15 Exercise 11:00 Carpet Bwlg 1:30 Walk & Roll 3:00 Readings</p>	<p>25 9:30 Casino 2:30 Reno Keno 7:00 Bingo</p>	<p>26 10:15 Exercise 11:00 Carpet Bwlg 1:30 Video Memories 2:30 Tai Chi</p>	<p>27 10:15 Mental Aerobics 1:30 Noodle Hockey 2:30 Happy Hour w/ Carl Ragan</p>	<p>28 10:15 Exercise 11:00 Carpet Bwlg 2:00 Sandbag Toss 7:00 Bingo</p>
<p>29 10:15 Sandbags 1:00 Communion 1:30 Mental Aerobics 2:30 Church</p>	<p>30 11:15 C-Lovers for Fish & Chips 1:30 Video Memories 2:45 Putting 7:00 Polynesian Dancers with Linney</p>					