

January 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					<p>1 HAPPY NEW YEAR!</p> 	<p>2 10:15 Exercise 11:00 Carpet Bowling 2:00 Sandbag Toss 7:00 Bingo</p>
<p>3 10:15 Sandbag Toss 1:00 Communion 1:30 Mental Aerobics 2:30 Church</p>	<p>4 10:00 Painting With Ellen 1:30 Take Down Christmas</p>	<p>5 10:15 Exercise 11:00 Carpet Bowling 1:30 Walk & Roll 3:00 Readings</p>	<p>6 9:30 Casino 2:30 Reno Keno 7: 00 Bingo</p>	<p>7 10:15 Exercise 11:00 Carpet Bowling 2:30 Tai Chi</p>	<p>8 10:15 Mntl Aerobics 10:30 Communion 11:45 Lido 4 Chinese Food 1:30 Noodle Hockey 2:30 Happy Hour</p>	<p>9 10:15 Exercise 11:00 Carpet Bowling 2:00 Sandbag Toss 7:00 Bingo</p>
<p>10 10:15 Sandbag Toss 1:00 Communion 1:30 Mental Aerobics 2:30 Church</p>	<p>11 10:45 Boundary Bay Airport Lunch 2:00 Video Memories 3:00 Sandbag Toss</p>	<p>12 10:15 Exercise 11:00 Carpet Bowling 1:30 Walk & Roll 3:00 Readings</p>	<p>13 10:15 Coffee Klatch 11-2 Fashion Closet 2:30 Birthday Party with Barry Powel 7: 00 Bingo</p>	<p>14 10:15 Exercise 11:00 Carpet Bowling 2:30 Tai Chi</p>	<p>15 10:15 Mntl Aerobics 1:30 Reno Keno 2:30 Happy Hour</p>	<p>16 10:15 Exercise 11:00 Carpet Bowling 2:00 Sandbag Toss 7:00 Bingo</p>
<p>17 10:15 Sandbag Toss 1:30 Mental Aerobics 2:30 Church</p>	<p>18 9:30 Westminster Quay—New West 2:00 Video Memories 3:30 Sandbag Toss</p>	<p>19 10:15 Exercise 11:00 Carpet Bowling 1:30 Walk & Roll 3:00 Readings</p>	<p>20 9:30 Casino 1;00 Hearing Aid 2:30 Reno Keno 7: 00 Bingo</p>	<p>21 10:15 Exercise 11:00 Carpet Bowling 2:30 Tai Chi</p>	<p>22 9:45 Bus Tour TBA 1:30 Reno Keno 2:30 Happy Hour</p>	<p>23 10:15 Exercise 11:00 Carpet Bowling 2:00 Sandbag Toss 7:00 Bingo</p>
<p>24/31 10:15 Sandbag Toss 1:00 Communion 1:30 Mental Aerobics 2:30 Church</p>	<p>25 10:30 C-Lovers 2:00 Video Memories 3:00 Sandbag Toss</p>	<p>26 10:15 Exercise 11:00 Carpet Bowling 1:30 Walk & Roll 3:00 Readings</p>	<p>27 10:15 Spring Centerpieces Craft 2:30 Reno Keno 7: 00 Bingo</p>	<p>28 10:15 Exercise 11:00 Carpet Bowling 2:30 Tai Chi</p>	<p>29 10:15 Mntl Aerobics 1:30 Reno Keno 2:30 Happy Hour with Carl Ragan</p>	<p>30 10:15 Exercise 11:00 Carpet Bowling 2:00 Sandbag Toss 7:00 Bingo</p>