

*Week 1- Fall and Winter Menu 2015/2016*

<b>Sunday</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>
<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
Cream of Turkey Soup	Lentil Soup	Butternut Squash Soup	Three Bean Soup	Cream of Celery	Roasted Corn Chowder	Garden Vegetable Soup
Buttermilk Pancakes Ham Slices Fruit Garnish	Chicken Club Sandwich Cranberry Mayo Creamy Dill Cucumber Salad	Grilled Ham & Cheese Sandwich Carrot & Raisin Salad Pickles & Bl. Olives	Tuna Salad on a Multi Grain Bread Tomato & Mozza Salad	Hot Roast Beef Dip w/ Gravy Dill Pickle & Fruit	Battered Fish & Chips Coleslaw Lemon & Tartar Sauce	Cheese Omelet w/ Bacon Slices Multi Grain Toast Orange Wedge
Ice Cream	Diced Pears	Tropical fruit	Butterscotch Pudding	Raisin Tarts	Fresh Fruit Salad	Chef's Choice
<i>Tea &amp; Coffee</i> <i>Assorted Desserts</i>	<i>Tea &amp; Coffee</i> <i>Assorted Desserts</i>	<i>Tea &amp; Coffee</i> <i>Assorted Desserts</i>	<i>Tea &amp; Coffee</i> <i>Assorted Desserts</i>	<i>Tea &amp; Coffee</i> <i>Assorted Desserts</i>	<i>Tea &amp; Coffee</i> <i>Assorted Desserts</i>	<i>Tea &amp; Coffee</i> <i>Assorted Desserts</i>
<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>
Caesar Salad	Garden Salad	Kale & Mixed Greens Salad	Caesar Salad	Chef's House Salad	Carrot, Celery & Pear Salad	Garden Salad
Roast Beef with Gravy Yorkshire Pudding Mashed Potatoes Baby Carrots	Montreal Baked Salmon Fillet Mashed Potatoes Sweet Chili Green Beans	Sweet & Sour Pork Fried Rice Snow Peas	Spaghetti w/ Meat sauce Homemade Focaccia Bread Grilled Zucchini w/Pesto	Roast Pork Loin w/ Gravy Mashed Potatoes Vegetable Medley	Beef Burgundy Stew Baked Biscuit Chopped Scallion	Teriyaki & Pineapple Grilled Chicken Breast Steamed Rice Oriental Mixed Vegetables
Black Forest Cake	Pumpkin Pie	Apple Cornets w/Whip Cream	Tiramisu Cake	Rice Pudding	Peach & Apple Crumble	Bread Pudding

Week 2 – Fall and Winter 2015/2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Cock-a-leekie Soup  French Toast w/ Fruit Sauce & Whip Cream Turkey Sausages Orange Wedges  Vanilla Ice cream	Cream Of Carrot Soup  Deluxe Burger w/ Cheese & Bacon on a Kaiser Bun Potato Salad & Pickles  Cherry Strudel	Split Pea Soup  Hawaiian Pizza Ham & Pineapple Carrot & Celery Sticks Juicy Red Grapes  Mandarin Oranges	Cream of Potato Soup  Turkey Sandwich w/ Cranberry Mayo House Salad Pickles & Black Olives  Fresh Fruit	Vegetable Barley Soup  Shrimp Salad Croissant w/ Watermelon Wedge Pickles Carrot, Raisin & Pineapple Salad  Diced Peaches	Rich French Onion Soup  Scrambled Eggs Hashbrowns & Bacon Orange Wedges  Blueberry Tart	Cream of Mushroom Soup  BBQ Beef & Bacon Chili Fresh Cornbread Cucumber Slices & Tomato Wedge  Tropical Fruit Cup
Tea & Coffee Assorted Desserts	Tea & Coffee Assorted Desserts	Tea & Coffee Assorted Desserts	Tea & Coffee Assorted Desserts	Tea & Coffee Assorted Desserts	Tea & Coffee Assorted Desserts	Tea & Coffee Assorted Desserts
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Garden Salad  Baked Ham w/ Raisin Sauce Mashed Potatoes Harvard Beets  Lemon Meringue Pie	Waldorf Salad  Chicken Cordon Bleu w/ Poultry Gravy White Nugget Potatoes Honey Glazed Carrots  Chef's Choice	Baby Kales & Craisins Salad  Grilled Bangers w/Gravy Mashed Potatoes Buttered Peas Fresh Parsley  Chef's Choice	Creamy Coleslaw  Baked Cod Loins w / Dill Sauce & Lemon Baked Potato Roasted Spaghetti Squash  Tapioca Pudding	Tossed Salad  Baked Pork Chop w/ Mushroom Gravy Mashed Potatoes Mashed Turnips & Carrots Fresh Parsley  Spiced Apple Crisp	Caesar Salad  Meat Lasagna Italian Mixed Vegetables Onion Flute & Garlic Toast  Italian Gelato	Mixed Greens Salad  Grilled Chicken Breast Roasted Potatoes Broccoli  Butterscotch Pudding w/ Wafer Cookie

*Week 3- Fall and Winter Menu 2015/2016*

<b>Sunday</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>
<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
Beef & Potato Soup  Eggs Benny w/ Fruit Slices  Ice-Cream	Turkey Noodle Soup  Crab Cakes w/ Tartar Sauce Sweet Potato Fries Pickles & Lemon  Apricots	Tomato Rice Soup  Grilled Corned Beef Sandwich On Rye Bread w/ Sauerkraut Beet & Onion Salad Pickles & Olives  Vanilla Pudding with Wafer	Asian Noodle & Mushroom Soup  Quiche Lorraine House Salad Orange Slices  Fruit Cocktail	Sweet Potato Bisque  Baked Macaroni & 4 Cheese Sauce Fruit Slices Apple Coleslaw  Carrot Cake	Red Lentil & Vegetable Soup  Chicken Pot Pie w/Gravy Fruit Garnish Carrot & Raisin Salad  Pears & Peaches	Cream of Chicken Veg Soup  Potato Pancakes Bacon Slices Sour Cream Or Syrup Orange Slices  Lemon Squares
<i>Tea &amp; Coffee</i> <i>Assorted Desserts</i>	<i>Tea &amp; Coffee</i> <i>Assorted Desserts</i>	<i>Tea &amp; Coffee</i> <i>Assorted Desserts</i>	<i>Tea &amp; Coffee</i> <i>Assorted Desserts</i>	<i>Tea &amp; Coffee</i> <i>Assorted Desserts</i>	<i>Tea &amp; Coffee</i> <i>Assorted Desserts</i>	<i>Tea &amp; Coffee</i> <i>Assorted Desserts</i>
<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>
Tossed Salad  Roast Turkey w / Gravy Stuffing & Cranberry Sauce Mashed Potatoes Brussel Sprouts  Pumpkin Pie	Spring Mix Salad  Salisbury Steak w/ Sauteed Mushrooms & Onions Parsley Buttered Noodles Julienne Carrots  Chef's Choice	Tossed Garden Salad  Baked Salmon Fillet w/ Lemon Cream Sauce Wild Rice Pilaf Mixed Vegetables  Hot Ginger Bread w/ Vanilla Sauce	Baby Spinach, Arugula & Hirten Cheese Salad  Liver & Onions w Gravy or Chicken Breast Mashed Potatoes Braised Green Cabbage  Assorted Ice-Cream	Garden Salad  Savory Meatloaf w/Gravy Wedge Potato Fries w/ Chopped Chives Butternut Squash  Cream Cheese & Raspberry Strudel	Caesar Salad  Tuna Pasta Casserole a la King Garlic Toast Green Beans  Baked Custard	Mixed Greens Salad  Pork Ribettes w/ Honey Mustard Glaze Mashed Potatoes Roasted Fall Vegetables  Momma's Bread Pudding

Week 4- Fall and Winter Menu 2015/2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
Vegetable Barley Soup	Cream Of Tomato Soup	Italian Wedding Soup	Chicken & Orzo Vegetable Soup	Shrimp Bisque Soup	Borscht	Cream Of Broccoli
Egg Salad Sandwich on Multi Grain Bread	Grilled Two Cheese Sandwich on Marble Rye	Chicken Teriyaki Wrap House Salad Pickles & Melon Slice	Tuna Melt on a Bun	Pancakes w/ Hot Apple & Cinnamon Sauce	Ham, Cheese & Tomato Quiche	Steak & Mushroom Pie w/Gravy
Creamy Coleslaw	Potato Salad	Mini Apple Cornet	Waldorf Salad	Crispy Bacon	Carrot, Raisin & Pineapple Salad	Creamy Dill
Beet Slices / Black Olives	Tomato Wedges		Pickles & Blk Olives	Orange Slices	Juicy Red Grapes	Cucumber Salad & Orange Wedge
Vanilla Ice-Cream	Tropical Fruit Cocktail		Chef's Choice	Strawberry Jello	Vanilla Mousse w/ Wafer	Assorted Desserts
Tea & Coffee	Tea & Coffee	Tea & Coffee	Tea & Coffee	Tea & Coffee	Tea & Coffee	Tea & Coffee
Assorted Desserts	Assorted Desserts	Assorted Desserts	Assorted Desserts	Assorted Desserts	Assorted Desserts	Assorted Desserts
<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>
Garden Salad	Beet & Onion Salad	Spinach, Bacon & Mushroom Salad	Broccoli & Raisin Salad	Tossed Salad	Garden Salad	Tossed Salad
Roast Beef & Yorkshire w/Gravy	Grilled Sesame Chicken Breast	Applewood Baked Salmon Fillet	Braised BBQ Beef w/Red Wine Gravy	Breaded Turkey Cutlet w/Gravy	Baked Lemon Pepper Cod Loin	Oven Roasted Chicken w/ Hunter Sauce
Mashed Potatoes	Stir Fry Vegetables	w/ Lemon Herb Butter	Broad Egg Noodles	Baked Potatoes	Mashed Potatoes	Roasted Nugget Potatoes
Broccoli au Gratin	Fortune Cookie	Mashed Potatoes	5 Way Mix Veg	Green Beans	Mashed Turnips & Carrots	Corn on Cob
Apple Pie	Tangerine Mousse	Roasted Cauliflower	Bread Pudding	Peach Cobbler	Lemon Wedge	Tapioca Pudding
		Fresh Parsley			Rhubarb Crisp	
		Lemon Cake				

Week 5 – Fall and Winter Menu 2015/2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Chicken Noodle Soup  Devilled Egg Sandwich Beet & Onion Salad Pickles & Black Olives  Strawberry Ice-cream	Minestrone Soup  Grilled Ham & Cheese Sandwich Tomato & Basil Salad Pickles Butterscotch Pudding	Cream of Celery Soup  Open Faced Pizza Bread Tossed Salad w/ Craisins & Toasted Almonds  Chef's Choice	Canadian French Pea Soup  Chicken Caesar Fresh Homemade Bread Lemon Wedge  Fresh Fruit	Cream of Cauliflower  Eggs Benedict with Fruit Slices  Raisin Tarts	Chicken Rice Soup  Crab Salad On An Artisan Bun Asian Coleslaw Pickles & Beet Slices  Diced Peaches	Tomato Tortellini Soup  Hot BBQ Sliced Roast Beef Bunwich Southwest Potato Salad Tomato & Cucumber Slices  Bavarian Almond Tart
Tea & Coffee Assorted Desserts	Tea & Coffee Assorted Desserts	Tea & Coffee Assorted Desserts	Tea & Coffee Assorted Desserts	Tea & Coffee Assorted Desserts	Tea & Coffee Assorted Desserts	Tea & Coffee Assorted Desserts
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Garden Salad  Baked Stuffed Pork Loin w/ Apple Sage Gravy Mashed Potatoes Brussel Sprouts Apple Brown Betty	Caesar Salad  Chicken Stew Baked Savory Biscuits Chopped Scallions  Pear Halves	House Salad  Seafood Medley In Alfredo Sauce Fettucine Pasta Sweet Peas  Chocolate Éclair	Mandarin Heirloom Spinach Salad w/ Mushrooms & Bacon  Shanghai Beef Stir Fry Herb Rice Oriental Vegetables Toasted Sesame Seeds  Caramel Custard	Coleslaw Salad  Turkey Ala King Egg Noodles Broccoli Fresh Parsley  Pecan Pie	Tossed Salad  Shepherd's Pie w/ Beef Gravy French Cut Beans Fresh Parsley  Bread Pudding	Arugula w/ Pears & Parmesan Salad  Baked Tilapia Fillet w/ Garlic & Paprika Butter Steamed Nugget Potatoes Vegetable Medley  Raisin Rice Pudding



Week 6 – Fall and Winter Menu 2015/2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Chicken Mulligatawny Soup  Potato Pancakes w / Bacon & Toast Orange Slices  *Vanilla Ice-Cream	Vegetable Beef Soup  Chicken Strips w / Plum Sauce Potato Wedges Fruit Slice  Chocolate Mousse	Pasta & Bean Soup  Salmon Salad Sandwich On Multi Grain Bread w / Lettuce & Tomato Waldorf Salad & Pickles  Chef's Choice	Tomato Florentine Soup  Mini Philly Steak Bunwich Creamy Coleslaw Tomato Wedge & Black Olives  Tropical Fruit Salad	Roasted Chicken Corn Chowder  Black Forest Ham & Cheese Sandwich On A Bun Cucumber & Tomato Salad Pickle Spear  Fruit Yogurt	Beef Barley Soup  Chef's Salad on Baby Greens Warm Pretzel Dinner Roll  Pear Halves	Seafood Chowder  Sausage, Cheese and Egg Frittata Hashbrown, Toast Melon Slices Tapioca Pudding
Tea & Coffee Assorted Desserts	Tea & Coffee Assorted Desserts	Tea & Coffee Assorted Desserts	Tea & Coffee Assorted Desserts	Tea & Coffee Assorted Desserts	Tea & Coffee Assorted Desserts	Tea & Coffee Assorted Desserts
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
<u><b>SUNDAY BUFFET</b></u>  Assorted Salads  Potatoes & Rice Choice of Two Entrees Mixed Vegetables  Assorted Sweets & Treats	Beet & Onion Salad  Grilled Bratwurst Sausages Sauteed Sauerkraut Pan Fried Potatoes Sunshine Mixed Vegetables  Assorted Pies	Caesar Salad  Cabbage Rolls Roasted Nugget Potatoes Mashed Butternut Squash  Warm Gingerbread Cake	Deluxe Potato Salad  Lemon & Herbs Grilled Chicken Breasts Mexican Rice Sausalito Grilled Mixed Veg  Assorted Tarts	Carrot, Celery, Apple Salad  Beef Stroganoff Egg Noodles Mashed Carrots & Turnips Chopped Green Onions Mamma's Bread Pudding	Spinach, Strawberry, Feta & Toasted Almonds Salad  Oven Grilled Basa Fillet Nugget Potatoes Braised Green Cabbage Lemon Wedge  Apple Turnover	Marinated Vegetable Salad  Curried Chicken Basmati Rice Grilled Vegetables  Bavarian Chocolate Cake