



# July 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1. Happy 149th Birthday Canada	2 10:15 Exercise 11:00 Carpet Bowling 2:00 Sandbag Toss 7:00 Bingo
3 10:15 Sandbag Toss 1:00 Communion 1:30 Mental Aerobics 2:30 Church	4. 10:00 Take Down Decorations 1:30 Video Memories 2:45 Games	5. 10:15 Exercise 11:00 Carpet Bowling 1:30 Walk & Roll 3:00 Reading	6. 9:30 Casino 2:30 Birthday Party with Barry Powel 7:00 Bingo	7. 10:15 Exercise 11:00 Carpet Bowling 1:30 Reno Keno 2:30 Tai Chi	8. 10:15 Mntl Aerobics 10:30 Communion 1:30 Noodle Hockey 2:30 Happy Hour	9. 10:15 Exercise 11:00 Carpet Bowling 2:00 Sandbag Toss 7:00 Bingo
10. 10:15 Sandbag Toss 1:30 Mental Aerobics 2:30 Church	11. 10:00 Picnic Blackie Spit 1:30 Video Memories 2:45 Games	12. 10:15 Exercise 11:00 Carpet Bowling 1:30 Walk & Roll 3:00 Reading	13. 10:00 Movie (TBA) 1:30 Reno Keno 7:00 Bingo	10:15 Exercise 11:00 Carpet Bowling 2:30 Tai Chi	15. 10:15 Pharmasave w/ Brigita: Headaches 1:30 Noodle Hockey 2:30 Happy Hour	16. 10:15 Exercise 11:00 Carpet Bowling 2:00 Sandbag Toss 7:00 Bingo
17. 10:15 Sandbag 1:00 Communion 1:30 Mental Aerobics 2:30 Church	18. 10:00 Picnic Bear Creek Park 1:30 Video Memories 2:45 Games	19. 10:15 Exercise 11:00 Carpet Bowling 1:30 Walk & Roll 3:00 Reading 7:00 Estate Planning with Dom Mesnick	20. 9:30 Casino 10:00 Hearing Aid Cln 1:30 Reno Keno 7:00 Bingo	10:15 Exercise 11:00 Carpet Bowling 2:30 Tai Chi	22. 10:15 Mntl Aerobics 1:30 Noodle Hockey 2:30 Happy Hour w/ Carl Ragan	23. 10:15 Exercise 11:00 Carpet Bowling 2:00 Sandbag Toss 7:00 Bingo
24. 10:15 Sandbag 1:00 Communion 1:30 Mental Aerobics 2:30 Church	25. 10:45 C-Lovers 1:30 Video Memories 2:45 Games	26. 10:15 Exercise 11:00 Carpet Bowling 1:30 Walk & Roll 3:00 Reading	27. 10:15 Coffee Klatch 1:30 Reno Keno 7:00 Bingo	10:15 Exercise 11:00 Carpet Bowling 2:30 Tai Chi	29. 9:30 Big Bus Tour-Picnic Lunch at Derby Reach Park 2:30 Happy Hour	30. 10:15 Exercise 11:00 Carpet Bowling 2:00 Sandbag Toss 7:00 Bingo
31. 10:15 Sandbag 1:00 Communion 1:30 Mental Aerobics 2:30 Church						