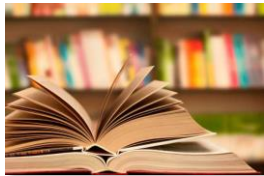


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 10:15 Exercise 11:00 Carpet Bowling 1:45 Reno Keno 2:30 Tai Chi	2 10:15 Mental Aerobics 1:30 Noodle Hockey 2:30 Happy Hour	3 10:15 Exercise 11:00 Carpet Bowling 2:00 Sandbag Toss 7:00 Bingo
4 10:15 Sandbag Toss 1:00 Communion 1:30 Mental Aerobics 2:30 Church	5 Labour Day 	6 10:15 Exercise 11:00 Carpet Bowling 1:30 Walk & Roll 3:00 Readings	7 10:30 Presentation Communication Devices 1:45 Fall Centrepieces 2:45 Milkshakes in the Bistro 7:00 Bingo	8 10:15 Exercise 11:00 Carpet Bowling 1:45 Reno Keno 2:30 Tai Chi	9 10:15 Mental Aerobics 10:30 Communion 11:15 Dublin Pub for Lunch 1:30 Noodle Hockey 2:30 Happy Hour	10 10:15 Exercise 11:00 Carpet Bowling 2:00 Sandbag Toss 7:00 Bingo
11 10:15 Sandbag Toss 1:30 Mental Aerobics 2:30 Church	12 10:00 Painting with Ellen 1:45 Video Memories 2:45 Games	13 10:15 Exercise 11:00 Carpet Bowling 1:30 Walk & Roll 3:00 Readings	14 9:30 Casino 2:30 Birthday Party with Cypress Creek Duo 7:00 Bingo	15 10:15 Exercise 11:00 Carpet Bowling 1:45 Reno Keno 2:30 Tai Chi	16 10:15 Mental Aerobics 1:30 Noodle Hockey 2:30 Happy Hour	17 10:15 Exercise 11:00 Carpet Bowling 2:00 Sandbag Toss 7:00 Bingo
18 10:15 Sandbag Toss 1:00 Communion 1:30 Mental Aerobics 2:30 Church	19 Talk like a Pirate Day 10:15 Vita Health with Chonna 1:30 Pirate Video Memories 2:45 Games	20 10:15 Exercise 11:00 Carpet Bowling 1:30 Walk & Roll 3:00 Readings	21 11-2 Fashion Closet with Heather 1:45 Coffee Klatch 3:00 Card Games 7:00 Bingo	22 10:15 Exercise 11:00 Carpet Bowling 1:45 Reno Keno 2:30 Tai Chi	23 9:30 Big Bus Trip to Vancouver Aquarium 2:30 Happy Hour	24 10:15 Exercise 11:00 Carpet Bowling 2:00 Sandbag Toss 7:00 Bingo
25 10:15 Sandbag Toss 1:00 Communion 1:30 Mental Aerobics 2:30 Church	26 10:45 C-Lovers 1:45 Video Memories 2:45 Games	27 10:15 Exercise 11:00 Carpet Bowling 1:30 Walk & Roll 3:00 Readings	28 9:30 Casino 2:00 Reruns – Johnny Carson Clips 3:00 Card Games 7:00 Bingo	29 10:15 Exercise 11:00 Carpet Bowling 1:45 Reno Keno 2:30 Tai Chi	30 10:15 Mental Aerobics 1:30 Noodle Hockey 2:30 Happy Hour w/ Carl Ragan	