

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 9:30 Flu Shots 1:30 Walk & Roll 3:00 Readings	2 10:15 Take Down Halloween 1:30 Rock Painting	3 10:15 Exercise 11:00 Carpet Bowling 1:30 Reno Keno 2:30 Tai Chi	4 9:30 Vancouver Police Museum 1:30 Noodle Hockey 2:30 Happy Hour	5 10:15 Exercise 11:00 Carpet Bowling 2:00 Sandbag Toss 7:00 Bingo
6 10:15 Sandbag Toss 1:00 Communion 1:30 Mental Aerobics	7 10:00 Painting with Ellen 1:45 Video Memories 2:45 Games	8 10:15 Exercise 11:00 Carpet Bowling 1:30 Walk & Roll 3:00 Readings	9 9:30 Casino 2:00 Reruns 7: 00 Bingo	10 10:15 Reno Keno 2:00 Remembrance Day Ceremony	11 Remembrance Day — Lest We Forget	12 10:15 Exercise 11:00 Carpet Bowling 2:00 Sandbag Toss 7:00 Bingo
13 10:15 Sandbag Toss 1:00 Communion 1:30 Mental Aerobics 2:30 Church	14 10:00 Walmart South Surrey 2:00 Video Memories 2:45 Games	15 10:15 Exercise 11:00 Carpet Bowling 1:30 Walk & Roll 3:00 Readings	16 10:00 Hearing Aid Clinic 10:15 Pharmasave Health Corner : Pain Mngmnt 1:45 Coffee Klatch 7:00 Bingo	17 10:15 Exercise 11:00 Carpet Bowling 1:30 Reno Keno 2:30 Tai Chi	18 10:15 Mental Aerobics 1:30 Noodle Hockey 2:30 Happy Hour with Carl Ragan	19 10:15 Exercise 11:00 Carpet Bowling 2:00 Sandbag Toss 7:00 Bingo
20 10:15 Sandbag Toss 1:00 Communion 1:30 Mental Aerobics 2:30 Church	21 11:00 Roadhouse Grill 1:45 Video Memories 2:45 Games	22 10:15 Exercise 11:00 Carpet Bowling 1:30 Walk & Roll 3:00 Readings	23 9:30 Casino 2:30 Birthday Party with Barry Powell 7: 00 Bingo	24 10:15 Exercise 11:00 Carpet Bowling 1:30 Reno Keno 2:30 Tai Chi	25 10:15 Mental Aerobics 1:30 Noodle Hockey 2:30 Happy Hour	26 10:15 Exercise 11:00 Carpet Bowling 2:00 Sandbag Toss 7:00 Bingo
27 10:15 Sandbag Toss 1:00 Communion 1:30 Mental Aerobics :30 Church	28 11:00 C-Lovers 1:45 Video Memories 2:45 Games	29 8:15 Bowen Island Bus Tour— All Day!!	30 11:00 5th Avenue Jewelry Christmas Decorating All Day			