

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 10:15 Exercise 11:00 Carpet Bowling 1:30 Reno Keno 2:30 Tai Chi	210:15 Mental Aerobics 11:00 Country Meadows Restaurant 2:30 Happy Hour	310:15 Exercise 11:00 Carpet Bowling 2:00 Sandbag Toss 7:00 Bingo
4 10:15 Sandbag Toss 1:00 Communion 1:30 Mental Aerobics 2:30 Church	5 10:00 Painting with Ellen 1:45 Video Memories 2:45 Games	6 10:15 Exercise 11:00 Carpet Bowling 1:30 Walk & Roll 3:00 Readings 7:00 Bingo	7 9:30 Casino 2:15 Reno Keno 3:15 Humour in the Library	8 10:15 Reruns 1:30 Movie 5:00 Cocktail Hour 6:00 Friends & Family Christmas Dinner	9 10:15 Mental Aerobics 10:30 Communion 1:30 Noodle Hockey 2:30 Happy Hour	10 10:15 Exercise 11:00 Carpet Bowling 2:00 Sandbag Toss 7:00 Bingo
11 10:15 Sandbag Toss 1:30 Mntl Aerobics 2:30 Church	12 10:30 Perryl Style with Sinikka 1:45 Video Memories 2:45 Games	13 10:15 Exercise 11:00 Carpet Bowling 1:30 Walk & Roll 3:00 Readings	14 10:15 Visit from W. E. Kinvit School 2:30 Birthday Party w/ Barry Powell 7:00 Bingo	15 10: Newton Elementary Choir 1:30 Reno Keno 2:30 Tai Chi	16 10:15 Mental Aerobics 1:00 Noodle Hockey in Bistro 2:00 Senior Vaudevillians	17 10:15 Exercise 11:00 Carpet Bowling 2:00 Sandbag Toss 7:00 Bingo
18 10:15 Sandbag Toss 1:00 Communion 1:30 Mental Aerobics 2:30 Church	19 9:30 Semiahmoo Mall in Whiterock 1:45 Video Memories 2:45 Games	20 10:15 Exercise 3:30 Readings 7:00 Christmas Light Tour	21 9:30 Casino 2:30 Reno Keno 7:00 Bingo	22 2-3:30 Christmas Movie 3:30 Coffee Klatch 7:00 Christmas Lights Tour	23 10:00 Hearing Aid Clinic 11:00 C-Lovers 1:30 Noodle Hockey 2:30 Happy Hour with Carl Ragan	24 10:15 Exercise 11:00 Carpet Bowling 2:00 Sandbag Toss 7:00 Bingo
25 Merry Christmas 	26 Boxing Day 	27 10:15 Exercise 11:00 Carpet Bowling 1:30 Walk & Roll 3:00 Readings	28 10:15 Sandbag Toss 2:30 Movie 7:00 Bingo	29 10:15 Exercise 11:00 Carpet Bowling 1:30 Reno Keno 2:30 Tai Chi	30 10:15 Mental Aerobics 1:30 Noodle Hockey 2:30 Happy Hour	31 10:15 Exercise 11:00 Carpet Bowling 2:00 Sandbag Toss 7:00 Bingo