

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1 10:15 Sandbag Toss 1:00 Communion 1:30 Mental Aerobics 2:30 Church</p>	<p>2 Statutory Holiday</p> 	<p>3 10:15 Take Down Christmas 1:30 Walk & Roll 3:00 Readings</p>	<p>4 9:30 Casino 2:15 Lawn Darts 7:00 Bingo</p>	<p>5 10:15 Exercise 11:00 Carpet Bowling 1:30 Reno Keno 2:30 Tai Chi</p>	<p>6 10:15 Mental Aerobics 1:30 Noodle Hockey 2:30 Happy Hour</p>	<p>7 10:15 Exercise 11:00 Carpet Bowling 2:00 Left Right Center 7:00 Bingo</p>
<p>8 10:15 Sandbag Toss 1:00 Communion 1:30 Mental Aerobics 2:30 Church</p>	<p>9 10:00 Painting with Ellen 1:45 Video Memories 2:45 Games</p>	<p>10 10:15 Exercise 11:00 Carpet Bowling 1:30 Walk & Roll 3:00 Readings</p>	<p>11 10:15 2:30 Birthday Party with Cypress Creek 7:00 Bingo</p>	<p>12 10:15 Exercise 11:00 Carpet Bowling 1:30 Reno Keno 2:30 Tai Chi</p>	<p>13 10:15 Mental Aerobics 10:30 Communion 1:30 Noodle Hockey 2:30 Happy Hour</p>	<p>14 10:15 Exercise 11:00 Carpet Bowling 2:00 Left Right Center 7:00 Bingo</p>
<p>15 10:15 Sandbag Toss 1:30 Mntl Aerobics 2:30 Church</p>	<p>16 9:45 Central City Mall – Walmart 1:45 Video Memories 2:45 Games</p>	<p>17 10:15 Exercise 11:00 Carpet Bowling 1:30 Walk & Roll 3:00 Readings</p>	<p>18 9:30 Casino 10:00 Hearing Aid Clinic 2:30 Coffee Klatch 7:00 Bingo</p>	<p>19 10:00 Health Corner with Brigita 1:30 Reno Keno 2:30 Tai Chi</p>	<p>20 10:15 Mental Aerobics 1:00 Noodle Hockey in Bistro 2:30 Happy Hour with Carl</p>	<p>21 10:15 Exercise 11:00 Carpet Bowling 2:00 Left Right Center 7:00 Bingo</p>
<p>22 10:15 Sandbag Toss 1:00 Communion 1:30 Mental Aerobics 2:30 Church</p>	<p>23 10:15 Langley Centennial Museum – bagged lunches 1:45 Video Memories 2:45 Games</p>	<p>24 10:15 Exercise 11:00 Carpet Bowling 1:30 Walk & Roll 3:30 Readings</p>	<p>25 10:30 Valentine Centerpieces 2:00 Senior Vaudevillians 7:00 Bingo</p>	<p>26 10:15 Exercise 11:00 Carpet Bowling 1:30 Reno Keno 2:30 Tai Chi</p>	<p>27 Bus Tour Belcarra Park Lunch at Westwood Plateau Golf & Country Club 2:30 Happy Hour</p>	<p>28 10:15 Exercise 11:00 Carpet Bowling 2:00 Left Right Center 7:00 Bingo</p>
<p>29 10:15 Sandbag Toss 1:00 Communion 1:30 Mental Aerobics 2:30 Church</p>	<p>30 10:45 C-Lovers 1:45 Video Memories 2:45 Games</p>	<p>31 10:15 Exercise 11:00 Carpet Bowling 1:30 Walk & Roll 3:00 Readings</p>				