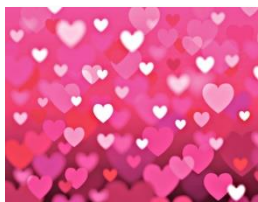
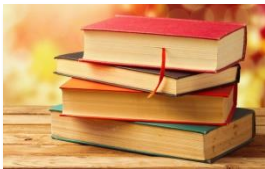


| Sunday                                                                                | Monday                                                                                                                        | Tuesday                                                                               | Wednesday                                                                                                                | Thursday                                                                              | Friday                                                                                                                            | Saturday                                                                                 |
|---------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------|
|       |                                              |      | <b>1 9:30 Casino</b><br>2:15 Charades<br>7:00 Bingo                                                                      | <b>2 10:15 Exercise</b><br>11:00 Carpet Bowling<br>1:30 Reno Keno<br>2:30 Tai Chi     | <b>3 10:15 Mental</b><br>Aerobics<br>1:30 Noodle Hockey<br>2:30 Happy Hour                                                        | <b>4 10:15 Exercise</b><br>11:00 Carpet Bowling<br>2:00 Left Right Center<br>7:00 Bingo  |
| <b>5 10:15 Sandbag Toss</b><br>1:00 Communion<br>1:30 Mental Aerobics<br>2:30 Church  | <b>6 9:00 Chonna/Heather</b><br><b>10:15 Sing Along with Mitch Miller in the Library</b><br>1:45 Video Memories<br>2:45 Games | <b>7 10:15 Exercise</b><br>11:00 Carpet Bowling<br>1:30 Walk & Roll<br>3:00 Readings  | <b>8 10:00 Health Corner with Brigita</b><br>1:30 Charades<br><b>2:30 Birthday Party with Barry Powell</b><br>7:00 Bingo | <b>9 10:15 Exercise</b><br>11:00 Carpet Bowling<br>1:30 Reno Keno<br>2:30 Tai Chi     | <b>10 10:15 School Visit – W.E.Kinvit - Crafts</b><br>10:30 Communion<br>1:30 Noodle Hockey<br>2:30 Happy Hour                    | <b>11 10:15 Exercise</b><br>11:00 Carpet Bowling<br>2:00 Left Right Center<br>7:00 Bingo |
| <b>12 10:15 Sandbag Toss</b><br>1:30 Mntl Aerobics<br>2:30 Church                     | <b>13 FAMILY DAY</b><br>                     | <b>14 10:15 Exercise</b><br>11:00 Carpet Bowling<br>1:30 Walk & Roll<br>3:00 Readings | <b>15 9:30 Casino</b><br><b>11:00 5th Ave Jewel</b><br><b>10:00 Hearing Aid Clinic</b><br>2:15 Charades<br>7:00 Bingo    | <b>16 10:15 Exercise</b><br>11:00 Carpet Bowling<br>1:30 Reno Keno<br>2:30 Tai Chi    | <b>17 10:00 Undecorate</b><br><b>11:15 Lunch at Northview</b><br>1:00 Noodle Hockey in Bistro<br><b>2:30 Happy Hour with Carl</b> | <b>18 10:15 Exercise</b><br>11:00 Carpet Bowling<br>2:00 Left Right Center<br>7:00 Bingo |
| <b>19 10:15 Sandbag Toss</b><br>1:00 Communion<br>1:30 Mental Aerobics<br>2:30 Church | <b>20 9:00 Massage Chonna/Heather</b><br><b>10:00 Painting with Ellen</b><br>1:45 Video Memories<br>2:45 Games                | <b>21 10:15 Exercise</b><br>11:00 Carpet Bowling<br>1:30 Walk & Roll<br>3:30 Readings | <b>22 10:15 NETFLIX Documentary</b><br>1:30 Charades<br><b>2:30 Coffee Klatch</b><br>7:00 Bingo                          | <b>23 10:15 Exercise</b><br>11:00 Carpet Bowling<br>1:30 Reno Keno<br>2:30 Tai Chi    | <b>24 Bus Tour – Vancouver Stanley Park, Queen E. Park</b><br>2:30 Happy Hour                                                     | <b>25 10:15 Exercise</b><br>11:00 Carpet Bowling<br>2:00 Left Right Center<br>7:00 Bingo |
| <b>26 10:15 Sandbag Toss</b><br>1:00 Communion<br>1:30 Mental Aerobics<br>2:30 Church | <b>27 10:45 C-Lovers</b><br>1:45 Video Memories<br>2:45 Games                                                                 | <b>28 10:15 Exercise</b><br>11:00 Carpet Bowling<br>1:30 Walk & Roll<br>3:00 Readings |                                      |  |                                              |     |

February 2017