

# The Arby

The Official News of Arbourside Court

March 2017

//So much mischief

//So little time

**Look! A leprechaun!**

## Interview with a Leprechaun

*Paddy O'Finnegan, the man about town in green*



"Leprechauns" by Joe on <https://www.flickr.com/photos/51241294@N00/9477498574/in/photolist-fruESQ-hGB73j-6D8N4P-cMxCum-kwsZS-AmejG-bE1eTR-35v3ro-rAXmPY-35vpjJ-35qp5Z-35vr9A-35wha1-35qtYX-7KwDMo-35qpvX-35rvfP-DAPAv-35qPyz-35rCXB-35s2tX-35wrzA-35wFEY-35rhtS-GdhDrm-35s7XD-35wAvs-35rEEn-35qCnV-35wa7m-35qJzF-35woko-35rEX-35rGkv-badD4-35rxXZ-9s14Wz-35v81S-35s2UR-35v4Wd-35vUHW-5snaV5-35rZYT-35qMZe-35vLws-35vWwW-35vEGm-35vYeW-35r9NH-3J7xqe>

*Paddy, right, in his former life*

Arby: So how've you been Paddy? I imagine this is a busy month for you, it being St. Patrick's Day and all.

Paddy: No doubt, no doubt, bro. Ma phone's been off da *hook*!

Arby: Um, you seem a little different today. I think you used to sound a little more...Irish the last time I talked to you. And didn't you always wear a suit and top hat? I don't think I've ever seen you in a tracksuit before.

Paddy: Yeah, well, I've been thinking, right? I've been thinking, I need to get with the times, broheem! It's a whole different world out there. There's computers, phones, TRUMP! I mean, being the guy on the Lucky Charms box just ain't gonna cut it. And the Irish accent was holding me back. I just don't

think it has the same cache it used to, you know?

Arby: Um, yeah, I guess. Is there something in particular that made you decide on such a drastic makeover?

Paddy: Nothing in particular. Well, I mean, my old lady and I split last year. She said she didn't feel we were growing together as a couple. Blah, blah, blah. I mean give me a break. We've been together for about five hundred years, how much more growing does she think we were going to do?

Arby: I'm sorry to hear that.

Paddy: Her loss. What she didn't account for was that in this day and age, I don't need her for nothing. If I need dinner, I just order one on my phone, dawg. Know about this, Seamless? It's an thing on your phone that lets you order groceries. You just press a bunch of button and then

they bring it to your door! RIGHT TO YOUR DOOR! You feeling lonely? You sign yourself up on a dating website. And, man, girls these days they have like no expectations. You don't even have to feed them dinner on a date. You don't even need to call them! Even in the middle of the night, you just type a message on your phone--not even a complete sentence!--"You up?" They come over. Man, I'm telling you, if I knew about this five hundred years ago, I would never have gotten hitched.

Arby: Sounds like you're really enjoying yourself.

Paddy: Never been better!

Arby: I'm guessing you're not in the shoe-cobbling business anymore?

Paddy: No, son! Nobody fixes shoes anymore--not when you can just buy new ones for like fifty bucks. Shoe-cobbling, (*snorts*) *puh*-lease. But, yeah, I'm still in the shoe business, it's just a whole different business model. I have a factory in Bangladesh where they make like 850 000 units, for 50 cents each. I sell them to retailers here wholesale for \$24, and then they mark them up for \$49.99. *Cha-ching*, baby!

Arby: I'm guessing it's keeping your pot of gold at the end of the rainbow pretty full.

Paddy: Oh, that. Haven't kept a single coin since they got rid of the gold standard in '33. I keep all my money in off-shore accounts now. You know, for tax reasons. And, yeah, I do alright. The shoes, and also, I get a cut for every time someone watches a video of a fool playing a drinking game on St. Patrick's Day.

Arby: You don't miss the old trade?

Paddy: Yo, what's there to miss? The stinky shoes, the repetitive motion injury from all the hammering, the CUSTOMERS??? Dang, the weirdos I used to get in my store. Yeah, no thanks. I'm telling you there's never been a better time for a leprechaun like myself.

Arby: Glad to hear that, Paddy. Hey, it was great chatting with you and I wish you all the luck in the new chapter of your life.

Paddy: Thanks, but to be frank I've got enough luck. I just bought a field of clovers genetically modified to only grow four leaves.

---

## In Case of Awkward Pauses During Conversation with Friends, Family, or Strangers:

In case of awkward pauses during conversation with friends, family or strangers, feel free to bring up the following topics:

♥ Dogs

♥ Prices of breakfast cereal

♥ Can granola be considered a breakfast cereal?

♥ If the Vancouver Canucks went up against Toronto Blue Jays, who would win?

♥ Birthday cupcakes

## Manager's Musing

March has appeared just like that. We often associate March with the animal kingdom. In folklore we say that March comes in like a lion but goes out like a lamb. Or the reverse could be true and we have mild conditions to start the month and frost on the daffodils to end it.

My favourite March animal reference; however, is "crazy as a March hare". This phrase comes to us from Victorian times when the erratic behaviour of the hare during mating season gave rise to the notion that they were all a little daft, bonkers, koo koo, or "mad".

The March hare was popularized in Lewis Carroll's "Alice's Adventures in Wonderland", where he teamed up with the Mad Hatter to champion the practice of having tea-time 24/7.

won't you? You will find me in the office having tea with my imaginary friends.

Paul Janzen  
*General Manager*

## Did you know?

The traditional incandescent light bulb (the one that cartoonists draw above the head to show an idea) is being phased out.

These bulbs are being replaced by compact fluorescent bulbs (cfl's) that are much more energy efficient and last much longer. They are typically spiraled tubes. You can now buy these bulbs just about anywhere including our tuck shop.

Within your suite there are several types of bulbs such as: tubes (kitchen), appliance (fridge, range hood, oven), globe (dining area) and standard base (hall, bedroom, porch).

When you first occupy your suite we (landlord) are responsible to have all these bulbs in working order. During the time that you (tenant) occupy the suite it is your responsibility and expense to replace any burnt out bulbs.

We are able to do this for you through our Handyman (John) service every weekend. The cost is a mere \$5 per light and includes the cost of the bulb.

## Neighbourhood News

### Welcome

Hello! Welcome Chatar Pal, Mary Ann Tame, Ken and Joy Hoyt, Alice Jordan, Tom Hansen, and Gloria Lakusta.

### Get Well Soon

Recuperating in the hospital are George Warrener, Jean Zerr, Chatar Pal, Ronald Burgie, Charlie Graham, and Joy Hoyt.

You won't find anyone on staff at Arbourside that is "crazy as a March hare" or "mad as a hatter" but we do promote zany behavior to the extent that we make your life here a pleasant and entertaining one. If we ever cross the bounds of good taste you will let me know



## ARBOURSIDE COMMUNITY SERVICES

### Church Services

Just a reminder to our new residents that every Sunday at 2:30 interdenominational Church is held in the Piano Lounge. Catholic mass is held Sundays at 1:00 in the Piano Lounge, with the exception of the second Sunday of the month. It is held on the second Friday of the month at 10:30 am in the library.

### Seamstress Services

Sabina Fashions offers full seamstress services at market price, and has offered a 10% discount to all Arbourside residents. Sabina is located at 100A 13753 72nd Avenue. Her phone number is 604-502-5040.

### Hearing Aid Clinic

Christina, a hearing aid specialist will be at Arbourside on the 23rd this month. An appointment log has been posted on the Bulletin Board. Please sign your name and choose your preferred time.

### Kathy's Salon – Friendly Service with Great Rates

Is an in-house service provided by Kathy (Thursday and Friday) to care for the hairdressing and barber-ing needs of the Arbourside community. See Kathy in her studio on the second floor – she can usually fit you in the same or next day and is available 9:30 am to last appointment. Give her a call at 778-986-2500.

### MK Flowers

Since 2005, Kay Erickson of MK Flowers has been bringing joy through floral arrangements to many Surrey residents and business. Check out the fresh flowers at reception for an example! Be sure to give Kay a call at 778-688-3863.

### LydJo Dental Hygiene

Offers in-house dental hygiene services. Shirin Yassa is a Registered Dental Hygienist. If you are interested in having her services, please call her at 604-825-1904 to book an appointment.

### Linie's Nails

Linie's hours will be returning to Thursdays and Fridays from 9 a.m. to 3 p.m. To contact her please call her at 778-241-1953.

### Tender Care Support Service

Care & Shopping Services Offered. If you require these services please call Tina at 778-999-3262. She will visit you, get your list and pick the items up for you.

### Compassionate Touch Canada

Geriatric Massage Therapist Chonna Munnalall & Heather Mrak. Phone 604-353-6794. Please call at least a day in advance if you have to cancel. Thank you! We would love to talk to you about the health benefits of geriatric massage.

## Message from the Activity Department, a.k.a. Wendy Scott

Wow! What a busy month February was! March also has quite a few events. There are 3 trips to Elements Casino, Massage with Compassionate Touch, Health Corner with Brigita from Pharmasave, and the March Birthday Bash with Barry Powell entertaining as well as outing galore. Wednesday the 1st we go to the casino while Mehrab leads a giggle packed morning with Rumour Has It. Monday the 6th is painting with our favourite instructor, Ellen, and I urge you to come and check out this fun activity. Ellen supplies everything you need, including instruction, so all you have to do is turn up prepared to paint and enjoy your morning. Wednesday the 8th is Health Corner followed by our March Birthday Bash. Monday the 13th brings Perryl Wear with Sinikka to your home, and we will decorate for St. Patrick's Day in the afternoon.

### HAPPY BIRTHDAY MARCH BABIES!!

- *Henry Kushner...March 7*
- *Bessie Bohac...March 13*
- *Barb Pearson...March 16*
- *Mary Jo Poirier...March 25*
- *Kim Jones...March 26*
- *Bernice Bilinsky...March 27*
- *Ron Burgie...March 28*
- *Irene Derwent...March 30*
- *Ted Vossler...March 30*

March Activities	
Mar 1	Casino
Mar 6	Painting with Ellen
Mar 8	Health Corner with Brigita Birthday Party with Barry Powell
Mar 12	Daylight Saving Starts
Mar 13	Perryl Wear with Sinikka Decorate for St. Patrick's Day
May 15	Casino hearing Aid Clinic
Mar 16	Lunch at Dublin Crossing Pub
Mar 17	Irish Games & Trivia During Happy Hour
Mar 20	Undecorate
Mar 22	Netflix Documentary Coffee Klatch
Mar 24	Bus Tour - Steveston, Steveston Cannery Tour, Richmond, Delta
Mar 27	C-Lovers
Mar 28	Fashion Closet
Mar 29	Casino Spring Centerpieces

Every second Tuesday now brings you Massage with Compassionate Touch, and on Wednesday the 15th Christina from Absolute Hearing will be providing hearing aid assistance. We head to the casino on Wednesdays the 15th and 29th (3 times this month!!!), and will go to Dublin Crossing Pub for an Irish lunch the day before St. Patty's – Thursday the 16th. On St. Patrick's Day, Friday the

17th, we will have some Irish games and Trivia during our Happy Hour. Monday the 20th we take down our shamrocks – it was a quick holiday! There will be a Netflix Documentary hour on the 22nd, and later that afternoon we have Coffee Klatch.

Friday the 24th is a big bus tour day – we are heading to Steveston where we'll go on a guided tour of the Gulf of Georgia Cannery, down some fish & chips (or something else!), and work our way home scenically through Richmond and Delta. This day-long trip will cost \$35 for the bus (no wheelchairs, sorry) plus the cost of your lunch. A shopping tour of Steveston will be held later in the year when the weather is more compliant. Of course, the last Monday of the month will find us at C-Lovers, noshing away on the best seafood in town! On the 28th Fashion Closet with Heather will be here; the 29th is once again going to the casino; and upon our return, making spring centerpieces. The final Friday of the month is celebrated with lunch at Country

Meadows in Richmond and Happy Hour when we return with the music of Carl Ragan.

So be sure to check out the new calendar for March, mark those important dates on your calendar, and ask your friends to remind you so you don't miss out on those activities that you enjoy the most. Also, a reminder that outings are booked with Handy Dart at least 10 days in advance, so your name must be on the sign-up sheets (by the Reception Desk) before that time. We use HandyDart, so ensure that you have applied for a number so you can join us!

## Special Days in March

1 Ash Wednesday	13 Jewel Day	21 Fragrance Day
1 National Pig Day	14 National Potato Chip Day	21 National Agriculture Day
1 Peanut Butter Lovers' Day	14 National Pi Day- Why	21 Tea for Two Tuesday
2 Old Stuff Day	today? Because today is 3.14,	22 National Goof Off Day
3 Caregiver Appreciation Day	the value of Pi.	23 Melba Toast Day
3 Employee Appreciation Day	15 Dumbstruck Day	23 National Puppy Day
3 National Anthem Day	15 Everything You Think is	23 Near Miss Day
3 Peach Blossom Day	Wrong Day	25 Pecan Day
4 Hug a GI Day	15 Ides of March	25 Waffle Day
6 Dentist's Day	16 Freedom of Information	26 National Spinach Day
8 International (Working)	Day	28 Something on a Stick Day
Women's Day	17 Submarine Day	29 National Mom and Pop
9 Panic Day	17 Saint Patrick's Day	Business Owners Day
9 Popcorn Lover's Day	18 National Quilting Day	29 Smoke and Mirrors Day
11 Johnny Appleseed Day	19 Poultry Day	30 National Doctor's Day
12 Girl Scouts Day	20 International Earth Day	30 I am in Control Day
12 Plant a Flower Day	20 Proposal Day	30 Take a Walk in the Park



# MEMORIES AT ARBOURSIDE



Valentine's Crafts with  
students of W.E. Kinvit  
Elementary School



At the Espresso Cafe





## Your Province, Your Paramedics



Knittings for Charity



Birthday Party for February

## C-Lovers