

The Arby

The Official News of Arbourside Court

April 2017

//Do Not Eat

//The Easter Bunny

Look! An Egg!

April Fools! Best Pranks of All Time

Because some sprightly mischief is in order this spring



No title (A turreted berg), Frank Hurley, [https://commons.wikimedia.org/wiki/File:Frank_Hurley_-_No_title_\(A_turreted_berg\)_-_Google_Art_Project.jpg](https://commons.wikimedia.org/wiki/File:Frank_Hurley_-_No_title_(A_turreted_berg)_-_Google_Art_Project.jpg)

Dick Smith pranks Sydney residents with fake iceberg

Days before the prank, electronics entrepreneur Dick Smith announced that an iceberg he had towed from Antarctica would be arriving in Sydney the following week (to give the exact date, he felt, would be a tip-off). And sure enough, there it was. The public was agog at the spectacle—the Australian navy even called Smith to ask if he needed help mooring his iceberg—until a rainstorm revealed the iceberg for what it truly was: A barge covered in sheets of white plastic and fire-fighting foam.

3. TACO BELL BUYS THE LIBERTY BELL

In 1996, Taco Bell tried to take corporate sponsorship to a whole new level by buying a bit of history. On April 1, the fast food chain took out full-page ads in six of the country's biggest newspapers, including the New York Times, Washington Post, and Philadelphia Inquirer, announcing that "in an effort to help the national debt," it had purchased the Liberty Bell.

1. BBC ANNOUNCES THAT BIG BEN IS GOING DIGITAL

In 1980, a BBC World Service news announcement reported that Big Ben would be given a digital display. Not only that, the iconic clock's now-useless hands would be given away to the first four people who called in. While most people reacted with shock and anger, one Japanese seaman immediately called the station with hopes of claiming his prize.

2. AN ICEBERG APPEARS IN SYDNEY HARBOR

On April 1, 1978, residents of Sydney, Australia, awoke to find a gigantic iceberg floating in Sydney Harbor.

According to the (fictional) bulletin, the Liberty Bell would remain available to the public but would split its time between Philly and Taco Bell's headquarters in Irvine, California.

Distressed calls (including from aides to two U.S. senators) to the National Park Service and Taco Bell headquarters prompted Taco Bell to issue a second—this time real—press release revealing the hoax and pledging to donate \$50,000 for the Liberty Bell's upkeep.

4. A BRITISH NEWS SHOW CONVINCES VIEWERS THAT SPAGHETTI GROWS ON TREES

"It isn't only in Britain that spring this year has taken everyone by surprise," BBC current affairs program Panorama began a broadcast in 1957. It continued, "Here in the Ticino, on the borders of Switzerland and Italy, the slopes overlooking Lake Lugano have already burst into flower, at least a fortnight earlier than usual. But what, you may ask, has the early and welcome arrival of bees and blossom to do with food? Well it's simply that the past winter, one of the mildest in living memory, has had its effect in other ways as well. Most important of all, it's resulted in an exceptionally heavy spaghetti crop."

The three-minute segment included footage of Swiss spaghetti harvesters pulling the pasta off tree branches. Hundreds of Britons, many of who didn't eat the Italian dish regularly, called the BBC to ask how they could grow a spaghetti tree of their own. Without missing a beat, the BBC replied, "Place a sprig of spaghetti in a tin of tomato sauce and hope for the best."

5. NIXON ANNOUNCES HE'S RUNNING FOR RE-ELECTION

In 1992, National Public Radio's Talk of the Nation reported that Richard Nixon, who resigned in 1974 following the Watergate Scandal, had declared his candidacy for the Republican presidential nomination. To corroborate their story, NPR played a clip of Nixon declaring his intention to run and claiming, "I never did anything wrong, and I won't do it again."

As is the way of these things, callers flooded NPR with questions and cries of outrage. It wasn't until the second half of the program that host John Hockenberry revealed that the whole broadcast had been an April Fool's Day joke. Comedian Rich Little—nicknamed "The Man of a Thousand Voices"—was responsible for "Nixon's" speech.

How to be Happy:

In case you are looking for ideas...

- ♥ Wear comfortable underwear
- ♥ Feed a dog peanut butter
- ♥ Have earl grey tea and short bread. Finish with pickles.
- ♥ If someone says something nasty, tell them "Thank you."
- ♥ Talk to a stranger in a fake accent. Tell them you are from Oztralia.

Manager's Musing

For the month of April we will be showcasing Cancer awareness. Our lapel daffodils will be arriving at Reception and donations are relayed to the Cancer Society. It is shocking to canvass any group of people about cancer issues to find that pretty much everyone has either been touched by the loss of a loved one or had the disease themselves. I am, regrettably, part of the both groups.

On June 24th I will be cycling from Kelowna to North Delta IN ONE DAY! The misery that this extracts on the body is meant, in part, to replicate the misery that cancer inflicts on its victims.

This is a fundraising event where 100% of the donation goes directly to

research. There are no expenses to cover. For full information have a look at www.ride2survive.ca.

Paul Janzen
General Manager

Did you know?

Both residents and employees of Arbourside

Court are bound by sets of rules. For employees we have an extensive Policy & Procedures manual that outlines our corporate expectations and provides guidance when there are "grey" areas that require interpretation.

For the good folks that reside here there are several sets of terms and conditions and rules. As a Strata Arbourside Court's Strata Council has established bylaws that are reviewed from time to time at the Annual General Meeting. In addition the tenant's lease or the suite owner's F&S agreement spell out the obligations of tenant & landlord or owner and service provider respectively.

Lastly Arbourside Management Ltd., operator of the building, has established rules that cover the provision of services to residents. This covers important aspects such as dining times, Housekeeping procedures and Activities trips.

The Strata bylaws and Operator rules are available at Reception. If you have any questions about either please direct them to the General Manager.

Of course we are also governed by federal & provincial laws, municipal bylaws, building & fire codes to name just a few others.

Neighbourhood News

Welcome

Hello! Welcome Frigga Waesche, Ellie, and Mark Mah to Arbourside!

Farewell

Goodbye Johanna Out, Janice Mohns. Good luck in your new home!

Get Well Soon

Recuperating in the hospital are George Warrener, Jean Zerr, Chatar Pal, Marghet Demars and Joy Hoyt.

ARBOURSIDE COMMUNITY SERVICES

Church Services

Just a reminder to our new residents that every Sunday at 2:30 interdenominational Church is held in the Piano Lounge. Catholic mass is held Sundays at 1:00 in the Piano Lounge, with the exception of the second Sunday of the month. It is held on the second Friday of the month at 10:30 am in the library.

Seamstress Services

Sabina Fashions offers full seamstress services at market price, and has offered a 10% discount to all Arbourside residents. Sabina is located at 100A 13753 72nd Avenue. Her phone number is 604-502-5040.

Hearing Aid Clinic

Christina, a hearing aid specialist will be at Arbourside on the 23rd this month. An appointment log has been posted on the Bulletin Board. Please sign your name and choose your preferred time.

Kathy's Salon – Friendly Service with Great Rates

Is an in-house service provided by Kathy (Thursday and Friday) to care for the hairdressing and barber-ing needs of the Arbourside community. See Kathy in her studio on the second floor – she can usually fit you in the same or next day and is available 9:30 am to last appointment. Give her a call at 778-986-2500.

MK Flowers

Since 2005, Kay Erickson of MK Flowers has been bringing joy through floral arrangements to many Surrey residents and business. Check out the fresh flowers at reception for an example! Be sure to

give Kay a call at 778-688-3863.

LydJo Dental Hygiene

Offers in-house dental hygiene services. Shirin Yassa is a Registered Dental Hygienist. If you are interested in having her services, please call her at 604-825-1904 to book an appointment.

Linie's Nails

Linie's hours will be returning to Thursdays and Fridays from 9 a.m. to 3 p.m. To contact her please call her at 778-241-1953.

Tender Care Support Service

Care & Shopping Services Offered. If you require these services please call Tina at 778-999-3262. She will visit you, get your list and pick the items up for you.

Compassionate Touch Canada

Geriatric Massage Therapist Chonna Munnalall & Heather Mrak. Phone 604-353-6794. Please call at least a day in advance if you have to cancel. Thank you! We would love to talk to you about the health benefits of geriatric massage.

HAPPY BIRTHDAY April BABIES!!

- *Mharget Demars...April 3*
- *Jean Zerr...April 5*
- *Don Wolfe...April 6*
- *Lenora Donnelly...April 11*
- *Elsie Gosselin...April 12*
- *Judith Gleusteen...April 13*
- *Chatar Pal...April 17*
- *Abbie Sutherland...April 18*
- *Win Robertson...April 20*

Message from the Activity Department, a.k.a. Wendy Scott

Well, March has rained itself out and we are presented with anticipation of another beautiful spring. Easter is in April, so please note that the 14th, Good Friday is a statutory holiday. We are most fortunate to have students assisting in Activities all month, through their work experience program at high school.

We start off the first Monday of the month with Painting with Ellen. Please sign up early as seating is limited to this popular free activity! We will be painting a silhouette against a sunset, another masterpiece to hang in your suite, donate or gift to someone you love. Wednesday the 5th Fashion Closet will be here – she missed her earlier dates due to weather conditions. That same week we will be celebrating birthdays, putting up Easter décor, and heading to New York New York for lunch, a trip that has been suggested often!

The week of the 10th we head to Semiahmoo Mall for some spring shopping, visit the Casino, and have an Easter Party! There will also be an opportunity to view all items currently in our Lost & Found, and please note that due to the short week, Reno Keno will be hosted on Wednesday the 12th in order to accommodate our Easter Party on the Thursday.

The week of the 17th includes Health Corner with Birgita, undecorating Easter, and our Arbourside Spring Olympics! This is when we gather to compete in walker, wheelchair and scooter events. Held in the never rainy parkade, this annual event

April Activities	
Apr 3	Painting with Ellen
Apr 5	Put Up Easter Birthday Party & Carl's Radio Show
Apr 7	Lunch at New York New York
Apr 10	Shopping at Semiahmoo Mall
Apr 11	Chonna Massage
Apr 12	Casino Lost & Found Review Reno Keno (Wed this week)
Apr 13	Easter Party
Apr 14	Good Friday
Apr 17	Easter Monday Make Easter Bonnets!
Apr 19	Health Corner with Brigita Spring Olympics
Apr 20	Take Down Easter
Apr 21	Abbotsford Tulip Festival Bus Trip
Apr 24	C-Lovers
Apr 25	Chonna Masage Hearing Aid Clinic
Apr 26	Casino Movie
Apr 28	Coffee Klatch Happy Hour with Barry Powell

places the spotlight on Residents who rely on walking aids and their amazing abilities in speed, agility and fun-loving nature. Sign-up sheets for event participation will be on the sign-up sheet board by Reception. We finish off this week with another exciting venture on the 21st, when we board a bus to attend the Abbotsford Tulip Festival. So don your boots, be prepared for any weather, and climb aboard as we

head to the Fraser Valley to soak up the colours of spring, have lunch and cruise through some of the most scenic spots in Canada. The cost for this tour is \$35 per person, plus the cost of your lunch.

We finish off the last week of the month with our trip to C-Lovers for all you can eat fish & chips, Hearing Aid Clinic, another trip to the Casino, a movie, Coffee Klatch, and Happy Hour with Barry Powel.

Wow! Also, every second week don't forget that Compassionate Touch is here to provide elder massage. Please see their sign-up sheet include with all our other ones. Also to note are the new extended hours of the Hearing Aid Clinic, now starting at 9am in order to meet Resident demand for this valuable service.

Activities has received a request for a Creative Writing program, where Residents could write their biographies, poetry or prose. If you are interested please let Wendy know, and we will see about working this into our schedule. We are also looking for Bridge and Whist players, who don't mind playing at a more relaxed pace.

Please be aware that all bus trips using Handydart must be arranged at least 10 days in advance – this means your name must be on the sign-up sheet by then, or you risk losing out on that favourite trip you were hoping to go on. If you do not yet have a Handy dart registration number, this can only be obtained through a doctor referral. So visit your doctor, tell them you require a registration number, and the one you want (there are several options) is the one that does not require a photo of you. If you have applied, but not yet received a number, please see Wendy, and if there is an event you would like to participate in, she will attempt to fit you in as an attendant. If a bus trip is full, see Wendy the morning of (early!!) and if there is a cancellation, she may be able to get you on.

A gentle reminder that if you partake in the snacks or beverages in the Bistro, it is your responsibility to clean up after yourself. There is no table service in the Bistro, and subsequently if items are left tables, the next Resident who wishes to sit there must clean up after you.

Special Days in April

1 April Fool's Day	11 National Submarine Day	21 Kindergarten Day
2 Children's Book Day	13 Scrabble Day	22 National Jelly Bean Day
2 National Peanut Butter and Jelly Day	14 Ex Spouse Day	23 National Zucchini Bread Day
4 Hug a Newsman Day	14 National Pecan Day	23 Take a Chance Day
5 Go for Broke Day	15 Titanic Remembrance Day	24 Pig in a Blanket Day
5 National Dandelion Day	16 Easter Date	25 East meets West Day
7 Caramel Popcorn Day	16 National Eggs Benedict Day	25 World Penguin Day
7 National Beer Day	17 Blah, Blah, Blah Day	26 Richter Scale Day
7 World Health Day	17 National Cheeseball Day	27 Take Your Daughter to Work
9 Winston Churchill Day	19 National Garlic Day	28 Great Poetry Reading Day
10 Golfer's Day	20 Look Alike Day	30 Hairstyle Appreciation Day
10 National Siblings Day	20 National High Five Day	
	20 Volunteer Recognition Day	

MEMORIES AT ARBOURSIDE

Primulas have bloomed
at Arbourside



Uncle Hank has topped up



Fabulous artwork by our residents





March babies at their birthday party



Lunch at Dublin Crossing