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| **SUNDAY** | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** | **SATURDAY** |
|  **1** 10:15 Sandbag Toss1:00 Communion1:30 Mental Aerobics2:30 Church | **2 9:30 Decorate for Thanksgiving**1:30 Video Memories3:15 Point / Counterpoint4:00 Never Have I Ever… | **3 Massage**10:15 Exercise 11:00 Carpet Bowling1:30 Walk & Roll3:00 Readings4:00 Crosswords | **4 9:30 Fifth Avenue Jewelry****10:00 Make Fall Centerpieces****2:30 Birthday Party with Barry Powel**7:00 Bingo | **5** 10:15 Exercise11:00 Carpet Bowling1:30 Reno Keno2:30 Tai Chi4:00 Current Affairs | 6 **Mad Hatter Day****10:00 Dr. Jassal - Optometrist**1:30 Noodle Hockey2:30 Happy Hour4:00 My Bio | **7** 10:15 Exercise11:00 Carpet Bowling2:00 Left Right Center7:00 Bingo |
| **8** 10:15 Sandbag Toss1:00 Communion1:30 Mental Aerobics2:30 Church | **9 Thanksgiving**https://wonderopolis.org/wp-content/uploads/2015/09/2_25.jpg | **10 Massage**10:15 Exercise 11:00 Carpet Bowling1:30 Walk & Roll3:00 Readings4:00 Mental Aerobics | **11**9:00 Neighbourhood Walk9:45 Decorate for Halloween2:00 Painting 4:00 Relax Colouring7:00 Bingo | 12 10:15 Exercise11:00 Carpet Bowling1:30 Reno Keno2:30 Tai Chi4:00 Current Affairs | 13 10:15 Mental Aerobics10:30 Communion**11:30 Lunch at Espresso Café** 2:30 Happy Hour4:00 Journaling My Bio | **14** 10:15 Exercise11:00 Carpet Bowling2:00 Left Right Center7:00 Bingo |
| **15** 10:15 Sandbag Toss1:30 Mental Aerobics2:30 Church | **16 DICTIONARY DAY****9:45 Walmart – Whiterock**2:30 Video Memories3:45 Point / Counterpoint**3:30 Resonate with Joy**  | **17 Massage**10:15 Exercise 11:00 Carpet Bowling1:30 Walk & Roll3:00 Readings4:00 Mental Aerobics | **18 9:00 Absolute Hearing****10:00 Health Corner with Brigita - Eyes****1:30 Fall Centerpieces**4:00 Relax Colouring7:00 Bingo | **19** 10:15 Exercise11:00 Carpet Bowling1:30 Reno Keno2:30 Tai Chi4:00 Current Affairs | **20 8:30 Bus Trip – Scenic Drive Manning Park**1:30 Noodle Hockey2:30 Happy Hour | **21** 10:15 Exercise11:00 Carpet Bowling2:00 Left Right Center7:00 Bingo |
| **22** 10:15 Sandbag Toss1:00 Communion1:30 Mental Aerobics2:30 Church | **23 10:45 Lunch at the Golden Panda**2:00 Video Memories3:30 Point / Counterpoint4:00 What Year Was This?… | 24 10:15 Exercise 11:00 Carpet Bowling1:30 Walk & Roll3:00 Readings4:00 Mental Aerobics | **25 9:45 Coffee Klatch****11:00 C-Lovers in Langley**3:15 Relax Colouring7:00 Bingo | **26** 10:15 Exercise11:00 Carpet Bowling1:30 Reno Keno2:30 Tai Chi4:00 Current Affairs | **27** 1:30 Noodle Hockey2:30 Happy Hour with Carl4:00 Journaling My Bio**7:30 Red Skelton Show** | **28** 10:15 Exercise11:00 Carpet Bowling2:00 Left Right Center7:00 Bingo |
| 29 10:15 Sandbag Toss1:00 Communion1:30 Mental Aerobics2:30 Church | 30 **10:00 Bowling at Scottsdale Lanes** 2:00 Video Memories**3:30 Resonate with Joy** 3:30 Point / Counterpoint4:00 Indoor Horseshoe Toss | **31 Massage**10:15 Exercise 11:00 Carpet Bowling1:30 Walk & Roll**3:00 Halloween Party** |  | http://www.nndb.com/people/659/000033560/red-skelton-3.jpg |  |  https://1.bp.blogspot.com/-fSScozGXLvQ/WWDrQIpyp7I/AAAAAAAAAqo/G-2df4WogiY83iHYeRYvT2-bcyyOJXIfQCLcBGAs/s1600/free_pictures_via_kat_bautista_Batch2%2B%2528210%2529.JPG |

**OCTOBER**

**2017**