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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			"Today in the town of David a Saviour has been born to you; He is the Messiah, the Lord." Luke 2:11	"Away in a manger, no crib for a bed, the little Lord Jesus lay down His sweet head."	1 10:00 Mental Aerobics 11:30 Lunch at Espresso Café 1:30 Noodle Hcky 2:30 Happy Hour 4:00 Journal My Bio	2 10:15 Exercise 11:00 Carpet Bowling 2:00 Left Right Center 7:00 Bingo
3 10:15 Sandbag Toss 1:00 Communion 1:30 Mental Aerobics 2:30 Church	4 9:45 Walk & Roll to Espresso	5 Massage 10:15 Reno Keno 2:00 Senior Vaudevillians Christmas Show!	6 9:30 - 3:30 Christmas Painting with Wendy 4:00 Relax Colouring 7:00 Bingo	7 1:30 Walk & Roll to Espresso 3:30 Reception 5:00 Resident Christmas Banquet	8 10:15 Mental Aerobics 10:30 Communion 2:30 Happy Hour 4:00	9 10:15 Exercise 11:00 Carpet Bowling 2:00 Left Right Center 7:00 Bingo
10 10:15 Sandbag Toss 1:30 Mental Aerobics 2:30 Church	11 10:30 Perryl Wear with Sinikka 11:00 Lunch at Northview 2:30 Video Memories 3:45 Quizniac 1 3:30 Resonate with Joy	12 Massage 10:15 Exercise 11:00 Carpet Bowling 1:30 Paint Christmas Gift Bags 4:00 Readings	13 9:00 Absolute Hearing 10:30 5 th Avenue Jewelry 2:30 Birthday Party with Barry Powel 7:00 Bingo	14 10:15 Exercise 11:00 Carpet Bowling 1:30 Reno Keno 2:30 Tai Chi	15 1:30 Noodle Hcky 2:30 Happy Hour 7:00 Christmas Lights Tour – Big Bus	16 10:15 Exercise 11:00 Carpet Bowling 2:00 Left Right Center 7:00 Bingo
17 10:15 Sandbag Toss 1:00 Communion 1:30 Mental Aerobics 2:30 Church	18 11:00 C-Lovers 2:00 Video Memories 3:30 Quizniac 1 4:00 Quizniac 2	19 Massage 10:15 Exercise 11:00 Carpet Bowling 1:30 Walk & Roll to Starbucks 3:00 Readings 4:00 Mental Aerobics	20 10:00 Giftwrap Bridgeview Gifts 2:45 Coffee Klatch 3:45 Relax Colouring 7:00 Bingo	21 10:15 Exercise 11:00 Carpet Bowling 1:30 Reno Keno 2:30 Tai Chi	22 9:15 Walk & Roll to Starbucks 11:00 Lunch at Country Meadows 1:30 Noodle Hcky 2:30 Happy Hour with Carl	23 10:15 Exercise 11:00 Carpet Bowling 2:00 Left Right Center 7:00 Bingo
24/31 10:15 Sandbag Toss 1:00 Communion 1:30 Mental Aerobics 2:30 Church	25 <i>Merry Christmas</i> 	26 10:15 Exercise 11:00 Carpet Bowling 1:30 Quizniac 1 & 2 3:00 Readings	27 10:15 Mental Aerobics 1:30 Sandbag Toss 2:45 Relaxation Colouring 7:00 Bingo	28 10:15 Exercise 11:00 Carpet Bowling 1:30 Reno Keno 2:30 Tai Chi 3:30 Quizniac	29 10:00 Mental Aerobics 1:30 Noodle Hcky 2:30 Happy Hour 4:00 Sandbag Toss	30 10:15 Exercise 11:00 Carpet Bowling 2:00 Left Right Center 7:00 Bingo