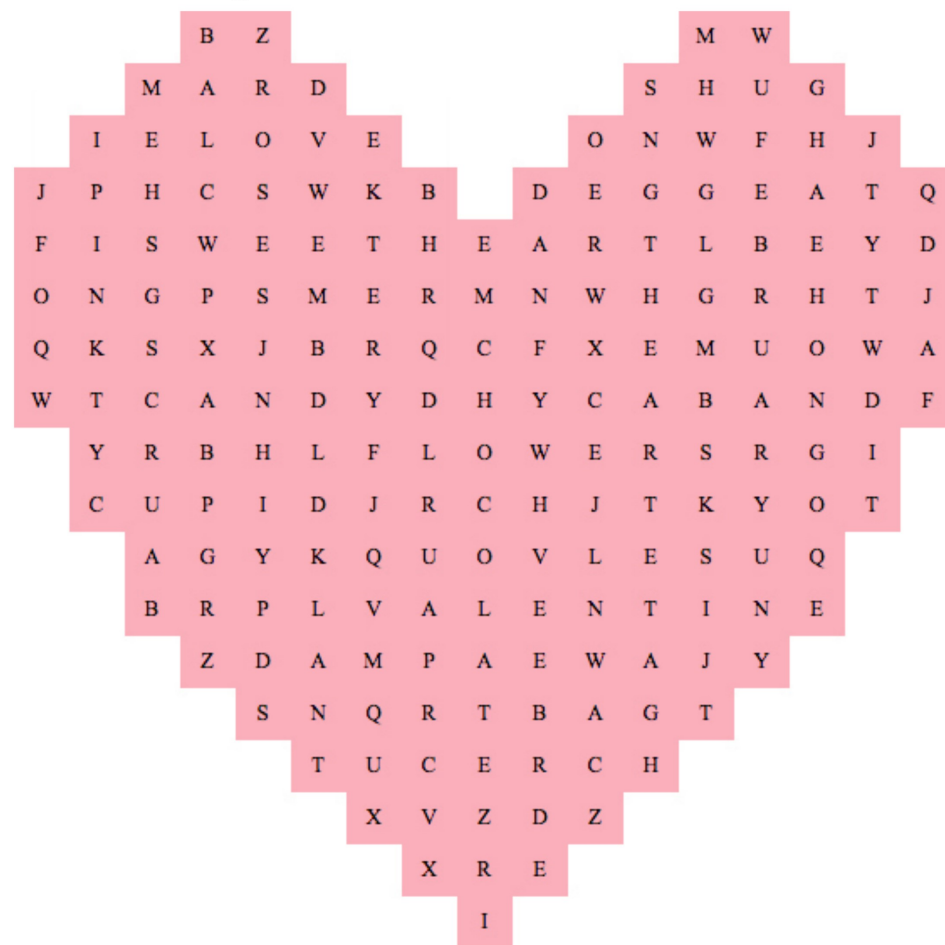




Valentine's Day Word Search



LOVE
CHOCOLATE
PINK
VALENTINE
ROSES

CUPID
FEBRUARY
RED
HUG
FLOWERS

CANDY
HEART
SWEETHEART
CARD
SWEET

I DON'T ALWAYS
BARK AT NIGHT.



BUT WHEN I DO, IT'S
FOR NO REASON.

Why did the cannibal break up
with his girlfriend? She didn't
suit his taste!

"Whoever named it necking was
a poor judge of anatomy."
Groucho Marx

"Good girls go to Heaven; bad
girls go everywhere." Helen
Gurley Brown

"You'd be surprised how much it
costs to look this cheap." Dolly
Parton

"I was nauseous and tingly all
over. I was either in love or I had
smallpox." Woody Allen

"A man who correctly guesses a woman's age may be smart, but he's not very
bright." Lucille Ball

"Gravitation can't be held responsible for people falling in love." Albert Einstein

"Marriage is a wonderful institution, but who wants to live in an institution?"
Groucho Marx

"It's not true that I had nothing on. I had the radio on." Marilyn Monroe

"My wife and I were happy for 20 years—then we met." Rodney Dangerfield

"Some people ask the secret of our long marriage. We take time to go to a restau-
rant two times a week. A little candlelight dinner, some soft music and dancing. She
goes Tuesdays, I go Fridays." Henry Youngman

"What I really need is a woman who wants me for my money but doesn't under-
stand math." Mike Birbiglia

Arbourside Community Newsletter February 2018

The Arby



Each year on February 14 we peruse the store shelves for the perfect gift or card for a loved one. According to Hallmark, more than 163 million cards—not including packaged kids' valentines—are exchanged. And it's not just an American phenomenon. Valentine's Day is celebrated in Canada, Mexico, the United Kingdom, France, Australia, Italy and Denmark.

But why? How did this holiday of love and romance originate and, more importantly, how did St. Valentine become involved? The answers to those questions are not easy ones. Valentine's Day is a holiday shrouded in mystery and legend.

The origins of St. Valentine's Day lie in the ancient Roman fertility festival *Lupercalia*, which was celebrated on February 15. During the festival, young women would place their names in a large urn. The young men would draw a name from the urn and then be romantically linked with that young woman for the following year. Still other legends cite the fact that February 14 marked the date when birds began mating.

Love You, Owlways.

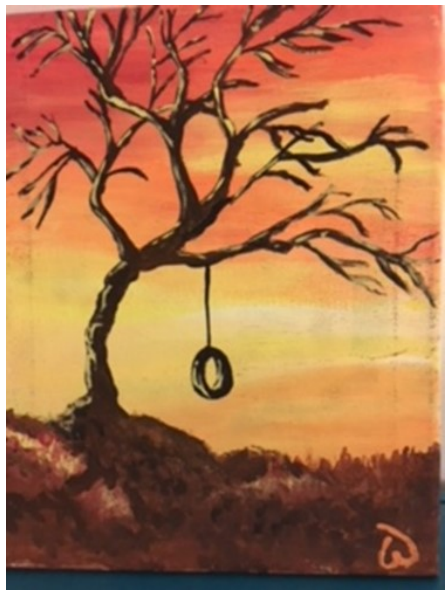


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Bowling at Scottsdale Lanes. We go for bowling and lunch twice a month now—why not join us?



SPECIAL DAYS IN FEBRUARY

1 National Freedom Day
2 Bubblegum Day
3 Eat Ice Cream for Breakfast Day
4 Thank a Mailman Day
5 National Weatherman's Day
6 Lame Duck Day
6 National Chopsticks Day
7 Wave All Your Fingers Day
8 Boy Scout Day
8 Kite Flying Day
9 Ntl. Pizza Day
11 Don't Cry Over Spilled Milk Day
11 Make a Friend Day

13 Get a Different Name Day
13 Fat Tuesday
14 Ferris Wheel Day
14 Valentine's Day
15 Ntl. Gumdrops Day
16 Do a Grouch a Favour Day
17 Random Acts of Kindness Day
18 Ntl. Drink Wine Day
19 Ntl. Chocolate Mint Day
20 Cherry Pie Day
20 Love Your Pet Day
20 Hoodie Hoo Day
22 Be Humble Day
22 Intl. World Thinking Day
22 Walking the Dog Day

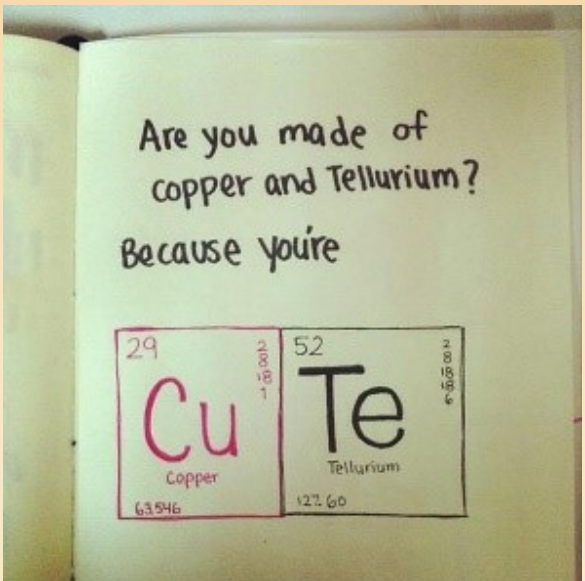
22 Ntl. Margarita Day
23 Dog Biscuit Appreciation Day
24 Ntl. Tortilla Chip Day
24 Ntl. Open That Bottle Night
25 Pistol Patent Day
26 Carnival Day
26 Tell a Fairytale Day
26 Ntl. Pistachio Day
27 Polar Bear Day
27 No Brainer Day
28 Floral Design Day
28 Ntl. Tooth Fairy Day



Some Valentine's Day Humour...

1. Knock, knock. Who's there? Olive. Olive who?
Olive you and I don't care who knows it!
2. What did one boat say to the other?
Are you up for a little row-mance?
3. How can you tell if a calendar is popular?
It has a lot of dates!
4. What did the calculator say to the pencil?
You can count on me!
5. What do you call a very small valentine?
A valen-tiny!
6. What did the pencil say to the paper?
I dot my i's on you!
7. Why did the banana go out with the prune?
Because it couldn't get a date!
8. Do skunks celebrate Valentine's day?
Sure, they're very scent-imental!
9. Did you hear about the nearsighted porcupine?
He fell in love with a pincushion!
10. What did the boy octopus say to the girl octopus on Valentine's Day?
I want to hold your hand, hand, hand, hand, hand, hand, hand, hand!
11. What did one pickle say to the other?
You mean a great dill to me!
12. What did the paperclip say to the magnet?
I'm so attracted to you!
13. What do cavemen give their wives on Valentine's Day?
Ughs and kisses!
14. Why do melons have to get married in church?
Because they cantaloupe!
15. What did cat BFF say to the other on Valentine's Day?
We are purrrrrrrfect friends!

16. What did the boy candy say to the girl candy?
We were mint to be together!
17. What did one dog say to the other?
I love you drool-ly!
18. What does an owl say on Valentine's Day?
Owl be yours!





Sitting outside on a balmy January afternoon at Espresso Café, Health Corner with Brigita (we discussed Arthritis in all its variations), Birthday Party for our January Babes, and the Staff post-Christmas dinner. No matter what we do, we always are smiling, and that's just one of the wonderful things about Arbourside Residents, Staff, and visitors.



Arbourside Community Services

Church Services

Just a reminder to our new residents that every Sunday at 2:30 interdenominational Church is held in the Piano Lounge.

Catholic mass is held Sundays at 1:00 in the Piano Lounge, with the exception of the second Sunday of the month. It is held on the second Friday of the month at 10:30 am in the library.

Seamstress Services

Sabina Fashions offers full seamstress services at market price, and has offered a 10% discount to all Arbourside residents. Sabina is located at 100A 13753 72nd Avenue. Her phone number is 604-502-5040.

Hearing Aid Clinic

Christina, a hearing aid specialist will be at Arbourside on the 21st this month. An appointment log has been posted on the Bulletin Board. Please sign your name and choose your preferred time.

Kathy's Salon – Friendly Service with Great Rates

Is an in-house service provided by Kathy (Thursday and Friday) to care for the hairdressing and barbering needs of the Arbourside community. See Kathy in her studio on the second floor – she can usually fit you in the same or next day and is available 9:30 am to last appointment. Give her a call at 778-986-2500.

MK Flowers

Since 2005 MK Flowers has been bringing joy through floral arrangements to many Surrey residents and business. Check out the fresh flowers at reception for an example! Be sure to give Perry Paras a call at 604-908-7044.

Compassionate Touch Canada

Chonna and her staff provide therapeutic touch and massage services and Dementia Touch Therapy to their clients every Tuesday at Arbourside. You can

find out more by calling Chonna at 604-353-6794.

Linie's Nails

Linie's hours will be returning to Thursdays from 9 a.m. to 3 p.m. To contact her please call her at 778-241-1453.

Tender Care Support Service offers: Nursing Services, Medication Assist & Review, Shower, Personal Care, Grooming, Laundry, Foot Care, Companionship, Shopping, Dr.'s Appointments and House-keeping. In-house and/or overnight. If you require these services please call 778-999-3262 and speak to Tina.

February Events and Outings

<i>5/19</i>	Bowling at Scottsdale Lanes
<i>7</i>	Painting all Day
<i>9</i>	Lunch at Espresso Cafe
<i>12</i>	BC Family Day
<i>14</i>	Valentine's Day Valentine's train Ride at Bear Creek Park Birthday Party with Barry
<i>21</i>	Absolute Hearing Health Corner with Brigita Coffee Klatch
<i>23</i>	Lunch at Red Rose Restaurant Happy Hour with Carl
<i>26</i>	Fashion Closet with Heather
<i>28</i>	Fish & Chips at C-Lovers
<i>Every Monday</i>	Resonate with Joy Video Memories
<i>Every Tuesday</i>	Walk & Roll to Espresso Café Massage with Chonna
<i>Thursdays</i>	Reno Keno

From the Activities Department, a.k.a. Wendy





New Year , new offerings! As we progress into 2018, new protocols have been put in place for Outings. Money and/or tickets for your bus fare will be collected one week prior to the outings and will be non-refundable. This is to help prevent last minute cancellations, which have become prevalent. When a person cancels at the last minute, it affects many things: kitchen lunch counts, bus size reservations, lunch reservations and quite often may reduce the size of the group to just a few (there is a minimum of 5 for an outing). Add to that the disappointment of your fellow attendees who were looking forward to your company and the extra work now required to make all the changes, and you can understand why this seemingly innocuous act has more than a minor impact.

The other major change is that prices for alcohol at Happy Hour are increasing to \$4 per glass of wine or bottle of beer. This is still approximately only one third of the cost compared to outside establishments, and is required to cover the cost of both alcohol and snacks. Prices of pop will remain \$1.50.

We are excited to announce that Lil will be teaching us to make Pop-Up cards on the mornings of the 2nd and 9th. All supplies included!

Be sure to see the sign-up sheets at Reception and put your name down for activities and outings you wish to be included in. Spaces are filling quickly! Bus requests must be faxed to HandyDart at least 10 days in advance of the outings, so please sign up early!

Just a reminder from the Kitchen to please use styro-foam plates & bowls if you are taking food back to your room. Thank You! Also the protocol for coffee and tea at the Bistro require a lid for your cup—they are provided for you. This helps keep the carpet cleaner by preventing spills as you try to balance that hot cup of beverage! Thank You!

Mary Rutledge	5	
Erich Goede	7	
Josie Povarchuk	9	
Colleen Arthurs	22	
Mary Ann Tame	24	

Birthday Party this month is
Wednesday February 14th!



NEIGHBOURHOOD NEWS

Welcome

Hello to Sybil Smith. We would like to extend a warm welcome and wish you much happiness in your new home and neighbourhood.

Get Well Soon

Recuperating in the hospital are Kay Vanventner, Mary Rutledge, Shirley Johnson, Ron Bougie and Irene Holmes. Best wishes for a speedy recovery from all your friends at Arbourside.

Moving

No-one! And Arbourside is full, with a waiting list. We love us!

Passed Away

We mourn the loss of Elsie Gosselin and one-time Resident Elaine Dann. Our sympathies are with their families and loved ones

PLEASE PLEASE PLEASE, clean up your coffee cups, plates and serviettes you have used in the Bistro, Piano Lounge, and other common areas. You are responsible for putting these in the garbage. We all thank you!

What is Love? Answers provided by children aged 4—10... Enjoy!

“When someone loves you, the way they say your name is different. You just know that your name is safe in their mouth. Billy – age 4

“Love is when a girl puts on perfume and a boy puts on shaving cologne and they go out and smell each other." Karl – age 5

“Love is when you go out to eat and give somebody most of your French fries without making them give you any of theirs." Chrissy – age 6

“Love is what makes you smile when you’re tired. "Terri – age 4

“Love is when my mommy makes coffee for my daddy and she takes a sipbefore giving it to him, to make sure the taste is OK." Danny – age 7

“Love is when you kiss all the time. Then when you get tired of kissing, you still want to be together and you talk more. My Mommy and Daddy are like that. They look gross when they kiss" Emily – age 8

“Love is what’s in the room with you at Christmas if you stop opening presents and listen." Bobby – age 7

“If you want to learn to love better, you should start with a friend who you hate," Nikka – age 6

“Love is when you tell a guy you like his shirt, then he wears it everyday." Noelle – age 7

“Love is like a little old woman and a little old man who are still> friends even after they know each other so well." Tommy – age 6

“During my piano recital, I was on a stage and I was scared. I looked at all the people watching me and saw my daddy waving and smiling. He was the only one doing that. I wasn’t scared anymore."Cindy – age 8

"Love is like an avalanche where you have to run for your life." - *John, 9*

"I think you're supposed to get shot with an arrow or something, but the rest of it isn't supposed to be so painful." - *Manuel, 8*

"No one is sure why it happens, but I heard it has something to do with how you smell. That's why perfume and deodorant are so popular". - *Mae, 9*

"A man and a woman promise to go through sickness and illness and diseases together". - *Marlon, 9*

"When a person gets kissed for the first time, they fall down, and they don't get up for at least an hour." - *Wendy, 8*

"On the first date, they just tell each other lies, and that usually gets them interested enough to go for a second date." - *Mike, 10*