

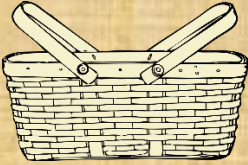



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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				May 31 9:15 Headlines 10:15 Exercise 11:00 Carpet Bowling 1:30 Reno Keno 2:30 Tai Chi	1 9:45 Mental Aerobics 10:30 Noodle Hockey 1:30 Chair Yoga 3:00 Happy Hours	2 10:15 Exercise 11:00 Carpet Bowling 2:00 Left Right Center 7:00 Bingo
3 10:00 Eddie the Dog 10:15 Sandbag Toss 1:00 Communion 1:30 Mental Aerobics 2:30 Church	4 9:30 Picnic at Bear Creek Park 2:00 Video Memories 3:45 Left Right Center	5 Massage 10:15 Chair Yoga 1:30 Walk & Roll 3:30 Readings	6 9:30 Painting All Day 7:00 Bingo	7 9:15 Headlines 10:15 Exercise 11:00 Carpet Bowling 1:30 Reno Keno 2:30 Tai Chi	8 9:45 Mental Aerobics 10:30 Communion 11:00 Lunch at Country Meadows 1:30 Chair Yoga 2:30 Happy Hour	9 10:15 Exercise 11:00 Carpet Bowling 2:00 Left Right Center 7:00 Bingo
10 10:15 Sandbag Toss 1:30 Mental Aerobics 2:30 Church	11 9:45 Bowling at Scottsdale Lanes 2:00 Board Games Day 3:45 Left Right Center	12 Massage 10:15 Exercise Bwlg 11:00 Fashion Closet 1:30 Walk & Roll 3:30 Readings	13 9:15 Headlines 10:15 Mental Aerobics 2:30 Birthday Party with Barry Powel 7:00 Bingo	14 9:15 Headlines 10:15 Exercise 11:00 Carpet Bowling 1:30 Reno Keno 2:30 Tai Chi	15 BIG BUS TOUR Belcarra with lunch at Westwood Plateau Golf Course Cost: \$35.pp + Lunch 10:30 Noodle Hockey 1:30 Chair Yoga 2:30 Happy Hour	16 10:15 Exercise 11:00 Carpet Bowling 2:00 Left Right Center 7:00 Bingo
17 FATHERS' DAY 10:00 Eddie the Dog 10:15 Sandbag Toss 1:00 Communion 1:30 Mental Aerobics 2:30 Church	18 9:30 Picnic at Redwood Park 2:00 Board Games 3:45 Left Right Center	19 Massage 10:15 Exercise Bwlg 1:30 Walk & Roll 3:30 Readings	20 9:00 Absolute Hearing 9:15 Headlines 10:00 Health Corner with Brigita 1:30 2:30 Ice Cream Sodas 7:00 Bingo	21 9:15 Headlines 10:15 Exercise 11:00 Carpet Bowling 1:30 Reno Keno 2:30 Tai Chi	22 9:30 Mental Aerobics 10:30 Noodle Hockey 11:00 Lunch at Newlands 1:30 Chair Yoga 2:30 Happy Hour	23 10:15 Exercise 11:00 Carpet Bowling 2:00 Left Right Center 7:00 Bingo
24 10:00 Eddie the Dog 10:15 Sandbag Toss 1:00 Communion 1:30 Mental Aerobics 2:30 Church	25 9:45 Bowling at Scottsdale Lanes 1:30 Video Memories 3:30 Left Right Center	26 Massage 10:15 Exercise Bwlg 1:30 Walk & Roll 3:30 Readings	27 9:15 Headlines 10:15 Mental Aerobics 11:00 5TH Avenue Jewelry 2:45 Coffee Klatch	28 9:15 Headlines 10:15 Exercise 11:00 Carpet Bowling 1:30 Reno Keno 2:30 Tai Chi	29 9:30 Mental Aerobics 10:30 Noodle Hockey 11:00 Lunch at Espresso 1:30 Chair Yoga 2:30 Happy Hour with Carl Free for Dads!	30 10:15 Exercise 11:00 Carpet Bowling 2:00 Left Right Center 7:00 Bingo