

OLD TELEVISION SHOWS 1

H E E H A W Y M P F O D T D Z O E
R F S N W V P D R M T F E O H T K
S T U N H R S E O H A H K W A A O
T W H L S O I A E O C V R B Z R M
R I B G L S J W J T D O E M E Z S
U N G P A H A R I L T Y M R L A N
O P Z R V L O W A C Z X D B I N U
C E F H T U E U O E N X I W H C G
T A W O X B G D S L D C C N O L K
H K N Q H H Q Y W E T P O O N H I
G S Y L I M A F S M A D D A H A D
I O G N T X C H I N A B E A C H M
N A M T A B Y L P L X I L A P H N
Y N N A N E H T O R O S E A N N E

- ADDAMS FAMILY
- BATMAN
- BEWITCHED
- CHINA BEACH
- COACH
- DEAR JOHN
- DOCTOR WHO
- FRASIER
- GUNSMOKE
- HAZEL
- HEE HAW
- HOWDY DOODY
- I SPY
- LAUGH IN
- MANNIX
- MAVERICK



The Arby

Arbourside Community Newsletter

May 2018

Queen Victoria
(the person behind Victoria Day)

Victoria (Alexandrina Victoria; 24 May 1819 – 22 January 1901) was Queen of the United Kingdom of Great Britain and Ireland from 20 June 1837 until her death. On 1 May 1876, she adopted the additional title of Empress of India. Victoria was the daughter of Prince Edward, Duke of Kent and Strathearn, the fourth son of King George III. Both the Duke of Kent and King George III died in 1820, and Victoria was raised under close supervision by her German-born mother, Princess Victoria of Saxe-Coburg-Saalfeld. She inherited the throne at the age of 18, after her father's three elder brothers had all died, leaving no surviving legitimate children. The United Kingdom was already an established constitutional monarchy, in which the sovereign held relatively little direct political power. Privately, Victoria attempted to influence government policy and ministerial appointments; publicly, she became a national icon who was identified with strict standards of personal morality.

Victoria married her first cousin, Prince Albert of Saxe-Coburg and Gotha, in 1840. Their nine children married into royal and noble families across the continent, tying them together and earning her the sobriquet "the grandmother of Europe". After Albert's death in 1861, Victoria plunged into deep mourning and avoided public appearances. As a result of her seclusion, republicanism temporarily gained strength, but in the latter half of her reign her popularity recovered. Her Golden and Diamond Jubilees were times of public celebration.

Her reign of 63 years and seven months was longer than that of any of her predecessors, and is known as the Victorian era. It was a period of industrial, cultural, political, scientific, and military change within the United Kingdom, and was marked by a great expansion of the British Empire. She was the last British mon-

arch of the House of Hanover. Her son and successor, Edward VII, initiated the House of Saxe-Coburg and Gotha, the line of his father.



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Why she's great

I asked my friends what makes their mum great,
They told me that she was their mate.

They asked me why my mum's the best,
I gave them this list and told them "I'm blessed"

Cooking dinner, cuddles, play,
Singing, dancing, music all day,

Driving, walking riding a bike,
Mum knows exactly what I like,

Homework, reading, computer fun,
Endless weekends watching me run,

Solving puzzles, block towers that sway,
Keeping up with me all day!

Friends come over and she cooks us treats,
We get stuck into all of her sweets,

Tucking me in with a book and a song,
Even though her day was long,

This is why Mum, I have to say,
A very big "Happy Mothers' Day".

A Mother...

*When you're a child she walks be-
fore you, to set an example.*

*When you're a teenager she walks
behind you, to be there should you
need her.*

*When you're an adult she walks
beside you, so that as two Friends
you can enjoy life together.*

~ Author Unknown



SPECIAL DAYS IN MAY

1 Save the Rhino Day
2 Baby Day
3 Lumpy Rug Day
4 Intl. Tuba Day
5 National Hoagie Day
6 No Diet Day
6 Beverage Day
7 Be Nice to Wendy Day
8 No Socks Day
8 Iris Day (flowers or eye?)
9 Lost Sock Memorial Day
10 Clean Up Your Room Day
11 Eat What you Want Day
12 National Train Day

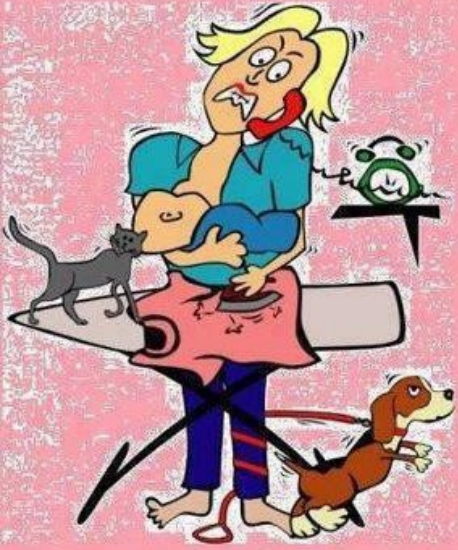
13 Frog Day
14 Dance Like a Chicken Day
15 Ntl. Chocolate Chip Day
16 Ntl. Sea Monkey Day
16 Wear Purple for Peace Day
17 Pack Rat Day or? Rat Pack Day
18 No Dirty Dishes Day
19 Armed Forces Day
20 Be a Millionaire Day
21 Ntl. Memo Day—take a note!
21 National Servers Day
22 Goth Day
23 Lucky Penny Day
24 Ntl. Escargot Day
25 Don't Fry Friday

25 Tap Dance Day
25 Ntl. Wine (not whine) Day
25 Ntl. Towel Day
26 Intl. Jazz Day
26 Sally Ride Day
26 Hug an Canadian Day
27 Sun Screen Day
28 Ntl. Hamburger Day
28 Ntl. French Fries Day
28 Ntl. Onion Rings Day
29 Learn About Composting Day
30 Water a Flower (or bush or tree)
Day
31 Ntl. Macaroon Day



Fish & Chips at C-Lovers; outside in the sun at the Espresso Café for Walk & Roll; Isabella (and brother Sebastian helping) supplying the Girl Guide Cookie needs of Arbourside Residents (Thank You!!); Bowling at Scottsdale Lanes; Lunch at the Red Rose Restaurant—we will be returning!

MUM'S FAVORITE SAYING'S



1. What part of no don't you understand?
2. I don't care who started it.
3. Wait untill your father gets home.
4. Your face is going to freeze like that.
5. No one said life was fair.
6. Go to your room.
7. Beds are for sleeping not jumping
8. Eat your vegetables.
9. I don't know is not an answer.
10. Because i said so, thats why.



Painting once a month for a full day gives everyone a chance at creating a masterpiece, this month it was a giraffe, unless you are Allan—he managed to do 2 paintings to our 1!



Arbourside Community Services

Church Services

Just a reminder to our new residents that every Sunday at 2:30 interdenominational Church is held in the Piano Lounge. Catholic mass is held Sundays at 1:00 in the Piano Lounge, with the exception of the second Sunday of the month. It is held on the second Friday of the month at 10:30 am in the library.

Hearing Aid Clinic

Christina, a hearing aid specialist will be at Arbourside on the 23rd this month. An appointment log has been posted on the Bulletin Board. Please sign your name and choose your preferred time.

Kathy's Salon - Friendly Service

Is an in-house service provided by Kathy (Thursday and Friday) to care for the hairdressing and barbering needs of the Arbourside community. See Kathy in her studio on the second floor - she can usually fit you in the same or next day and is available 9:30 am to last appointment. Give her a call at 778-986-2500.

MK Flowers

Since 2005 MK Flowers has been bringing joy through floral arrangements to many Surrey residents and business. Check out the fresh flowers at reception for an example! Be sure to give Perry Paras a call at 604-908-7044.

Compassionate Touch Canada

Chonna and her staff provide therapeutic touch and massage services and Dementia Touch Therapy to their clients every Tuesday at Arbourside. You can find out more by calling Chonna at 604-353-6794.

Linie's Nails

Linie's hours will be returning to Thursdays from 9 a.m. to 3 p.m. To contact her please call her at 778-241-1453.

Tender Care Support Service:

Offers Nursing Services, Medication Assist & Review, Shower, Personal Care, Grooming, Laundry, Foot Care, Companionship, Shopping, Dr.'s Appointments and Housekeeping. In-house and/or overnight. If you require these services please call 778-999-3262 and speak to Tina.

Arbourside Staff Room Ste. 100

This is the staff's break room—please respect it by not entering without knocking and being requested to do so. Only knock if there is an emergency and front desk staff are not available. We all thank you!

May Events and Outings

14/28	Bowling at Scottsdale Lanes
2	Netflix Movie & Popcorn
4	Casino in Cloverdale
9	Painting All Day - Mountain Scene
11	Mother's Day Tea
15	Fashion Closet
16	Birthday Party
18	Fraser Valley Bus Tour with Lunch at the Old Settler pub in Harrison
23	Health Corner with Brigita C-Lovers in Langley Coffee Klatch
25	Lunch at Roed Rose Rest. Happy Hour with Carl
30	Lunch at Espresso Cafe
4/8/15/25	Chair Yoga with Kamila

From the Activities Department, a.k.a. Wendy

New Year , new offerings! As we progress into 2018, new protocols have been put in place for Outings. Money and/or tickets for your bus fare will be collected one week prior to the outings and will be non-refundable. This is to help prevent last minute cancellations, which have become prevalent. When a person cancels at the last minute, it affects many things: kitchen lunch counts, bus size reservations, lunch reservations and quite often may reduce the size of the group to just a few (there is a minimum of 5 for an outing). Add to that the disappointment of your fellow attendees who were looking forward to your company and the extra work now required to make all the changes, and you can understand why this seemingly innocuous act has more than a minor impact.

Prices for alcohol at Happy Hour are now \$4 per glass of wine or bottle of beer. This is still approximately only one third of the cost compared to outside establishments, and is required to cover the cost of both alcohol and snacks. Prices of pop remain \$1.50. If you bring your own drinks, but eat the snacks provided by those who pay, please “donate” to the pot so that others are not paying for your snacks.

Be sure to see the sign-up sheets at Reception and put your name down for activities and outings you wish to be included in. Spaces are filling quickly! Bus requests must be faxed to HandyDart at least 10 days in advance of the outings, so please sign up early!

Just a reminder from the Kitchen to please use styro-foam plates & bowls if you are taking food back to your room. Thank You! Also the protocol for coffee and tea at the Bistro require a lid for your cup—they are provided for you. This helps keep the carpet cleaner by preventing spills as you try to balance that hot cup of beverage! Thank You!

May Babies		Birthday Party this	
Dorothy Mc.	2	month is Wednesday	
Betty B.	8	May 16th. Barry Powel	
Evelyn S.	15	will be here with his	
Marjorie H.	15	lively music. Cake, tea	
Margaret G.	27	and coffee will be	
Elmer M.	27	served. Please come	
		join us for the fun!	

NEIGHBOURHOOD NEWS

Welcome

Hello to Althea Baldwin, Ginger Nicholson and Dennis Baher. We would like to extend a warm welcome and wish you much happiness in your new home and neighbourhood.

In Hospital

Roy Armstrong, Donnie Gallagher, Ron Burgie and Colleen Arthurs. We wish you well and hope to see you at home soon!

Moved

Ruth Jittu, Jean Kushner and Jeanette Aruliah have all moved to new residences. Jeanette is looking forward to gardening with her daughter!

Passed

This month we lost Bernie Doyle. Our deepest sympathies to his Family and Friends.



Greta had a chance to personally thank Firefighter Kelly from Surrey Firehall #9. Greta was choking on food when Kelly came to her aid, performing an abdominal thrust and saving her life. Greta’s husband was a Firefighter for 32 years! Arbourside turned out in full colour and jerseys for the #Humboldt Strong campaign. Pictures were taken and sent to the Humboldt Broncos to show our support in the wake of their tragedy.

