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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Happy Birthday Canada! 10:00 Eddie the Dog 10:15 Sandbag Toss 1:00 Communion 1:30 Mental Aerobics 2:30 Church	2 STAT FOR CANADA DAY 	3 Massage 10:15 Chair Yoga 1:30 Walk & Roll 3:30 Readings	4 9:15 Headlines 10:15 Mental Aerobics 10:30 Pop Up Shop – Pharmasave! 1:30 String Painting 3:45 Readings 7:00 Bingo	5 9:15 Headlines 10:15 Exercise 11:00 Carpet Bowling 1:30 Reno Keno 2:30 Tai Chi	6 9:45 Mental Aerobics 10:30 Noodle Hockey 11:00 Big Green Barn for Lunch 1:30 Chair Yoga 3:00 Happy Hours	7 10:15 Exercise 11:00 Carpet Bowling 2:00 Left Right Center 7:00 Bingo
8 10:00 Eddie the Dog 10:15 Sandbag Toss 1:00 Communion 1:30 Mental Aerobics 2:30 Church	9 9:45 Bowling at Scottsdale Lanes 2:00 Video Memories 3:45 Left Right Center	10 Massage 10:15 RCMP PRESENTATION 1:30 Walk & Roll 3:30 Readings	11 9:30 Painting All Day – Railroad Bridge over Water 7:00 Bingo	12 9:15 Headlines 10:15 Exercise 11:00 Carpet Bowling 1:30 Reno Keno 2:30 Tai Chi	13 9:45 Mental Aerobics 10:30 Communion 11:00 Lunch at Country Meadows 1:30 Chair Yoga 2:30 Happy Hour	14 10:15 Exercise 11:00 Carpet Bowling 2:00 Left Right Center 7:00 Bingo
15 10:15 Sandbag Toss 1:30 Mental Aerobics 2:30 Church	16 9:30 Picnic at Derby Reach Park 2:00 Board Games Day 3:45 Left Right Center	17 Massage 10:15 Exercise Bwlg 11:00 Fashion Closet 1:30 Walk & Roll 3:30 Readings	18 9:00 Absolute Hearing 9:15 Headlines 10:00 Health Corner with Brigita 11:00 Fashion Closet 2:30 Birthday Party with Barry Powel 7:00 Bingo	19 9:15 Headlines 10:15 Exercise 11:00 Carpet Bowling 1:30 Reno Keno 2:30 Tai Chi	20 9:45 Mental Aerobics 10:30 Noodle Hockey 11:30 Lunch at Espresso Cafe 1:30 Chair Yoga 2:30 Happy Hour	21 10:15 Exercise 11:00 Carpet Bowling 2:00 Left Right Center 7:00 Bingo
22 10:00 Eddie the Dog 10:15 Sandbag Toss 1:00 Communion 1:30 Mental Aerobics 2:30 Church	23 9:45 Bowling at Scottsdale Lanes 2:30 Coffee Klatch 3:45 Left Right Center	24 Massage 10:15 Exercise Bwlg 1:30 Walk & Roll 3:30 Readings	25 9:00 Bus Tour – West Van, Lunch in Horseshoe Bay, Lower Marine Drive home 7:00 Bingo	26 9:15 Headlines 10:15 Exercise 11:00 Carpet Bowling 1:30 Reno Keno 2:30 Tai Chi	27 9:30 Mental Aerobics 10:30 Noodle Hockey 11:00 Lunch at Golden Panda 1:30 Chair Yoga 2:30 Happy Hour with Carl	28 10:15 Exercise 11:00 Carpet Bowling 2:00 Left Right Center 7:00 Bingo
29 10:00 Eddie the Dog 10:15 Sandbag Toss 1:00 Communion 1:30 Mental Aerobics 2:30 Church	30 9:45 Elements Casino 2:00 Video Memories 3:30 Left Right Center	31 Massage 10:15 Exercise Bwlg 1:30 Walk & Roll 3:30 Readings	