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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 9:30 Decorate for Thanksgiving 2:00 Video Memories 3:30 Sign Language	2 Massage 10:15 Exercise Bwlg 1:30 Walk & Roll 3:30 Readings	3 9:30 Walmart South Surrey 2:30 Noodle Hockey 3:30 Left Right Center 7:00 Bingo	4 9:15 Headlines 10:15 Exercise 11:00 Carpet Bowling 1:30 Reno Keno 2:30 Tai Chi	5 9:30 Mental Aerobics 11:15 C-Lovers 10:30 Noodle Hockey 1:30 Chair Yoga 2:30 Happy Hour	6 10:15 Exercise 11:00 Carpet Bowling 2:00 Left Right Center 7:00 Bingo
7 10:00 Eddie the Dog 10:15 Sandbag Toss 1:30 Communion 1:30 Mental Aerobics 2:30 Church	8 THANKSGIVING 	9 Massage 10:15 Exercise Bwlg 1:30 Walk & Roll 3:30 Readings	10 9:30 Walmart South Surrey 2:30 Noodle Hockey 3:30 Left Right Center 7:00 Bingo	11 Pharmasave Pop-Up Shop 9:15 Headlines 10:15 Exercise 11:00 Carpet Bowling 1:30 Reno Keno 2:30 Tai Chi	12 9:15 Mental Aerobics 10:30 Communion 11:15 Lunch at the Roadhouse Grill 1:30 Chair Yoga 2:30 Happy Hour	13 10:15 Exercise 11:00 Carpet Bowling 2:00 Left Right Center 7:00 Bingo
14 10:00 Eddie the Dog 10:15 Sandbag Toss 1:30 Mental Aerobics 2:30 Church	15 9:30 Headlines 11:00 Lunch at the Skyhawk Restaurant Boundary Bay Airport 2:00 Video Memories 3:30 Sign Language 3:45 Left Right Center	16 Massage 10:15 Exercise Bwlg 10:15 Exercise Bwlg 1:30 Walk & Roll 3:30 Readings	17 9:00 Absolute Hearing 9:15 Headlines 10:00 Health Corner 2:30 Birthday Party 7:00 Bingo	18 9:45 Exercise 10:10 Bowling 11:00 Fashion Closet 1:30 Reno Keno 2:30 Tai Chi	19 9:00 Big Bus Tour— 1:30 Chair Yoga 2:30 Happy Hour	20 10:15 Exercise 11:00 Carpet Bowling 2:00 Left Right Center 7:00 Bingo
21 10:00 Eddie the Dog 10:15 Sandbag Toss 1:30 Communion 1:30 Mental Aerobics 2:30 Church	22 9:30 Decorate for Halloween 2:30 Coffee Klatch 3:30 Sign Language 3:45 Left Right Center	23 Massage 10:15 Exercise Bwlg 1:30 Walk & Roll 3:30 Readings	24 10:00 1:30 Painting – Pt 17:00 Bingo	25 1:30 Reno Keno 2:30 Tai Chi 3:30 Brain Games 7:30 RED SKELTON	26 9:30 Mental Aerobics 10:30 Noodle Hockey 11:00 Lunch at the Espresso Café 1:30 Chair Yoga 2:30 Happy Hour with Carl	27 10:15 Exercise 11:00 Carpet Bowling 2:00 Left Right Center 7:00 Bingo
28 10:00 Eddie the Dog 10:15 Sandbag Toss 1:30 Communion 1:30 Mental Aerobics 2:30 Church	29 9:45 Steveston for Shop & Lunch 2:00 Video Memories 3:30 Sign Language 3:45 Left Right Center	30 Massage 10:15 Exercise Bwlg 1:30 Walk & Roll 3:30 Readings	31 1:30 HALLOWEEN PARTY 			

