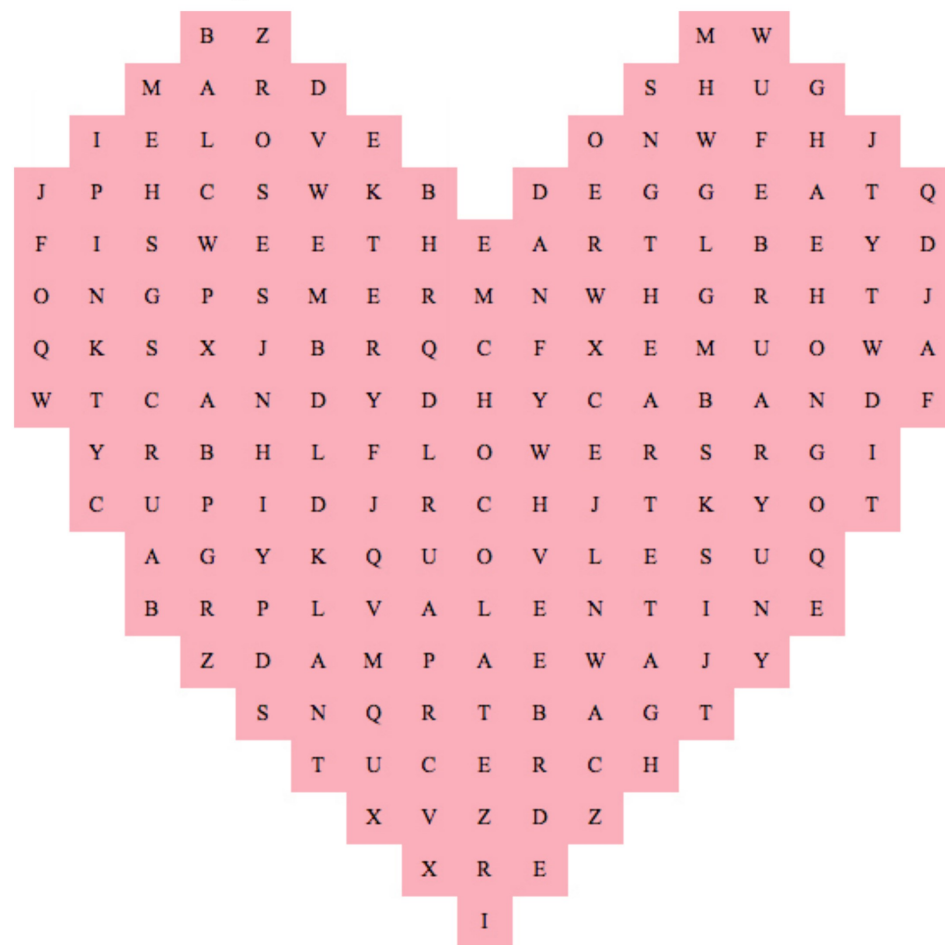




## Valentine's Day Word Search



LOVE  
CHOCOLATE  
PINK  
VALENTINE  
ROSES

CUPID  
FEBRUARY  
RED  
HUG  
FLOWERS

CANDY  
HEART  
SWEETHEART  
CARD  
SWEET

I DON'T ALWAYS  
BARK AT NIGHT.



BUT WHEN I DO, IT'S  
FOR NO REASON.

Why did the cannibal break up with his girlfriend? She didn't suit his taste!

"Whoever named it necking was a poor judge of anatomy."  
Groucho Marx

"Good girls go to Heaven; bad girls go everywhere." Helen Gurley Brown

"You'd be surprised how much it costs to look this cheap." Dolly Parton

"I was nauseous and tingly all over. I was either in love or I had smallpox." Woody Allen

"A man who correctly guesses a woman's age may be smart, but he's not very bright." Lucille Ball

"Gravitation can't be held responsible for people falling in love." Albert Einstein

"Marriage is a wonderful institution, but who wants to live in an institution?"  
Groucho Marx

"It's not true that I had nothing on. I had the radio on." Marilyn Monroe

"My wife and I were happy for 20 years—then we met." Rodney Dangerfield

"Some people ask the secret of our long marriage. We take time to go to a restaurant two times a week. A little candlelight dinner, some soft music and dancing. She goes Tuesdays, I go Fridays." Henry Youngman

"What I really need is a woman who wants me for my money but doesn't understand math." Mike Birbiglia

## Arbourside Community Newsletter February 2019

# The Arby



Each year on February 14 we peruse the store shelves for the perfect gift or card for a loved one. According to Hallmark, more than 163 million cards—not including packaged kids' valentines—are exchanged. And it's not just an American phenomenon. Valentine's Day is celebrated in Canada, Mexico, the United Kingdom, France, Australia, Italy and Denmark.

But why? How did this holiday of love and romance originate and, more importantly, how did St. Valentine become involved? The answers to those questions are not easy ones. Valentine's Day is a holiday shrouded in mystery and legend.

The origins of St. Valentine's Day lie in the ancient Roman fertility festival *Lupercalia*, which was celebrated on February 15. During the festival, young women would place their names in a large urn. The young men would draw a name from the urn and then be romantically linked with that young woman for the following year. Still other legends cite the fact that February 14 marked the date when birds began mating.

Love You, Owlways.



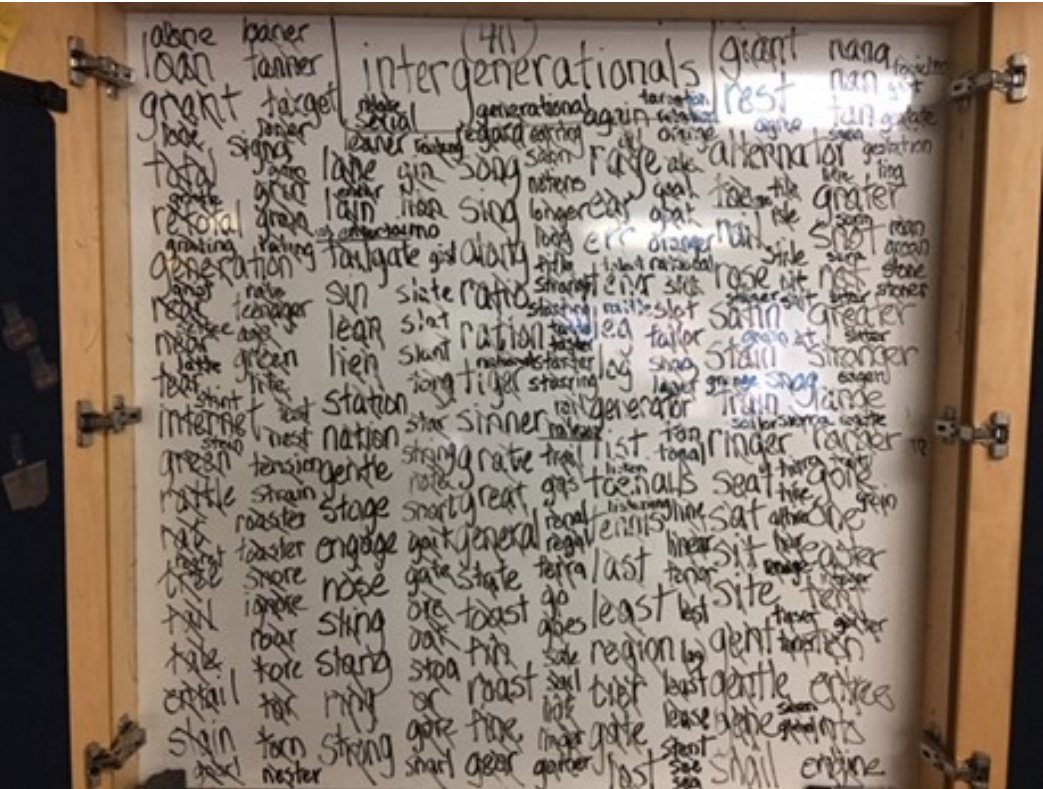
 **Arbourside Court**

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Mental Aerobics was so much fun the day that Betty supplied our word for the anagram—intergenerational. We managed to get 411 words from that one word, and even after the count was complete Residents were still thinking of other ones! An informal study done on Seniors versus people in their early 20’s indicated that Seniors will do almost twice as well on anagrams!



**CALENDAR CORRECTION:**  
**Jasdeep and Eddie the**  
**Dog will NOT be here on**  
**Thursdays as noted on**  
**the calendar. Their new**  
**time is on Sundays at**  
**11:00, which is correctly**  
**listed on the calendar. FYI**  
**Eddie loves Milk Bones!**



Pharmacist Brigita from Pharmasave was here presenting on feet. Did you know that almost 1/3 of your body’s bones are located in the feet, along with most of the major joints? The average person walks 110,000 miles in their lifetime, and the force of every footstep is equal to the pressure of a dump truck! Make sure you dry between your toes—a common area to forget and where most fungi take hold due to dampness and warmth. Take care of your tootsies—they need to last you a lifetime!



**SPECIAL DAYS IN FEBRUARY**

- 1 National Freedom Day
- 2 BubblegumDay
- 3 Eat Ice Cream for Breakfast Day
- 4 Thank a Mailman Day
- 5 National Weatherman’s Day
- 6 Lame Duck Day
- 6 National Chopsticks Day
- 7 Wave All Your Fingers Day
- 8 Boy Scout Day
- 8 Kite Flying Day
- 9 Ntl. Pizza Day
- 11 Don’t Cry Over Spilled Milk Day
- 11 Make a Friend Day

- 13 Get a Different NameDay
- 13 Fat TuesDay
- 14 Ferris Wheel Day
- 14 Valentine’s Day
- 15 Ntl. Gumdrop Day
- 16 Do a Grouch a Favour Day
- 17 Random Acts of Kindness Day
- 18 Ntl. Drink Wine Day
- 19 Ntl. Chocolate Mint Day
- 20 Cherry Pie Day
- 20 Love Your Pet Day
- 20 Hoodie Hoo Day
- 22 Be Humble Day
- 22 Intl. World Thinking Day
- 22 Walking the Dog Day

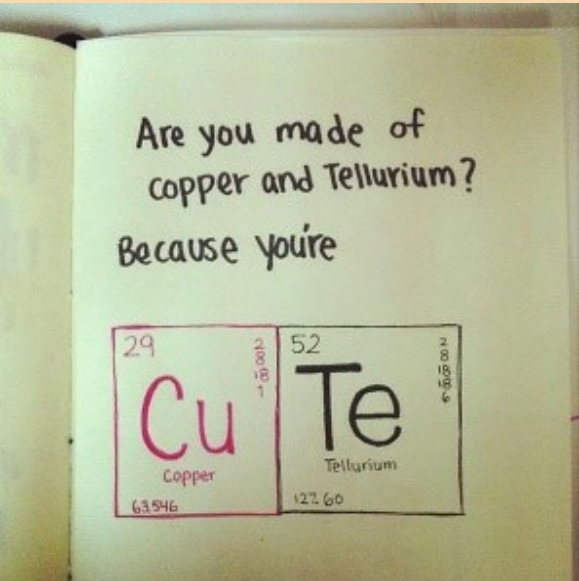
- 22 Ntl. Margarita Day
- 23 Dog Biscuit Appreciation Day
- 24 Ntl. Tortilla Chip Day
- 24 Ntl. Open That Bottle Night
- 25 Pistol Patent Day
- 26 Carnival Day
- 26 Tell a Fairytale Day
- 26 Ntl. Pistachio Day
- 27 Polar Bear Day
- 27 No Brainer Day
- 28 Floral Design Day
- 28 Ntl. Tooth Fairy Day



Some Valentine’s Day Humour...

- 1. Knock, knock. Who’s there? Olive. Olive who? Olive you and I don’t care who knows it!
- 2. What did one boat say to the other? Are you up for a little row-mance?
- 3. How can you tell if a calendar is popular? It has a lot of dates!
- 4. What did the calculator say to the pencil? You can count on me!
- 5. What do you call a very small valentine? A valen-tiny!
- 6. What did the pencil say to the paper? I dot my i’s on you!
- 7. Why did the banana go out with the prune? Because it couldn’t get a date!
- 8. Do skunks celebrate Valentine’s day? Sure, they’re very scent-imental!
- 9. Did you hear about the nearsighted porcupine? He fell in love with a pincushion!
- 10. What did the boy octopus say to the girl octopus on Valentine’s Day? I want to hold your hand,hand, hand, hand, hand, hand, hand, hand!
- 11. What did one pickle say to the other? You mean a great dill to me!
- 12. What did the paperclip say to the magnet? I’m so attracted to you!
- 13. What do cavemen give their wives on Valentine’s Day? Ughs and kisses!
- 14. Why do melons have to get married in church? Because they cantaloupe!
- 15. What did cat BFF say to the other on Valentine’s Day? We are purrrrrrrrfect friends!

- 16. What did the boy candy say to the girl candy? We were mint to be together!
- 17. What did one dog say to the other? I love you drool-ly!
- 18. What does an owl say on Valentine’s Day? Owl be yours!







The January Birthday Party was full of coffee, tea, delicious cake, music of Barry Powell, and dancing! You are never too old to get out of that chair and kick up your heels, as demonstrated by Ada, Dorothy, Sybil, Joanne, Grace, Ellie and Allan.



some and the cuisine is great! Be sure to add you name to our February trip if you would like tyo join us, but hurry, this trip fills up quickly!

We love our trips to C-Lovers in South Surrey. We go the last Wednesday of every month. If you like fish & chips, seafood chowder, prawns, oysters, chicken strips, deep fried dill pickles, mushy peas, salad, haddock, cod, halibut or any number of related combos, this is the place to go. A nice lilght batter allows the flavor of the fish to shine, yet it never tastes “fishy”. Prices are awe-

## Arbourside Community Services

### *Church Services*

Just a reminder to our new residents that every Sunday at 2:30 interdenominational Church is held in the Piano Lounge.

Catholic mass is held Sundays at 1:00 in the Piano Lounge, with the exception of the second Sunday of the month. It is held on the second Friday of the month at 10:30 am in the library.

### *Seamstress Services*

Sabina Fashions offers full seamstress services at market price, and has offered a 10% discount to all Arbourside residents. Sabina is located at 100A 13753 72nd Avenue. Her phone number is 604-502-5040.

### *Hearing Aid Clinic*

Christina, a hearing aid specialist will be at Arbourside on the 20th this month. An appointment log has been posted on the Bulletin Board. Please sign your name and choose your preferred time.

### *Kathy’s Salon – Friendly Service with Great Rates*

Is an in-house service provided by Kathy (Wednesday and Friday) to care for the hairdressing and barbering needs of the Arbourside community. See Kathy in her studio on the second floor – she can usually fit you in the same or next day and is available 9:30 am to last appointment. Give her a call at 778-986-2500.

### *MK Flowers*

Since 2005 MK Flowers has been bringing joy through floral arrangements to many Surrey residents and business. Check out the fresh flowers at reception for an example! Be sure to give Perry Paras a call at 604-908-7044.

### *Compassionate Touch Canada*

Chonna and her staff provide therapeutic touch and massage services and Dementia Touch Therapy to their clients every Tuesday at Arbourside. You can

find out more by calling Chonna at 604-353-6794.

### *Linie’s Nails*

Linie’s hours will be returning to Thursdays from 9 a.m. to 3 p.m. To contact her please call her at 778-241-1453.

*Tender Care Support Service offers:* Nursing Services, Medication Assist & Review, Shower, Personal Care, Grooming, Laundry, Foot Care, Companionship, Shopping, Dr.’s Appointments and House-keeping. In-house and/or overnight. If you require these services please call 778-999-3262 and speak to Tina.

## **February Events and Outings**

3/10/17/24	Jasdeep and Eddie the King Charles Spaniel are back!
6	Painting first half of Koi Fish Decorate for Valentines Day
8	Lunch at Espresso Cafe
11	BC Family Day
13	Tania’s Pop-Up Shop Valentine’s Day Puzzles Birthday Party with Barry
15	Shopping at Semiahmoo Mall
20	Absolute Hearing Complete Painting Koi Fish Coffee Klatch
22	Happy Hour with Carl
27	Fish & Chips at C-Lovers
Every Monday	Video Memories
Every Tuesday	Walk & Roll to Espresso Café Massage with Chonna
Thursdays	Reno Keno



*From the Activities Department, a.k.a. Wendy*

New Year , new offerings! New this year are Bocci Ball, Music and Motion, Name That Tune and and Readings twice weekly. Check out your calendars for details and be sure to contact Wendy if you have any ideas for outings or programs—we are always open to suggestions!

Bridgeview School was the recipient of the Arbourside Charity Fundraising again for Christmas 2018. Many thanks to those who were able to contribute either financially or with their time, which enabled us to have the manpower and funding to carry this off. Contributors included Skip, Bill, Rose, Ellie, Ann, Maureen, George, Verle, Lynn, Bernice, Mary, Greta, Charlie & Margaret, Leonora, Joanne, Erich, Helen, Mary C., Greta, Norma & Al, Don, Althea, Rudy & Astri, Jessica and the 50/50 fund from our Christmas Dinner. Many more helped with logistics, folding, sorting, wrapping and other odd tasks. Thanks to your aid, 36 new games were donated to the school, and 17 family members had the Christmas Wish lists fulfilled. The coming together of the village of Arbourside was paramount in helping raise the cheer and hopes of many.

Please be mindful of signing up for Outings. When a person cancels at the last minute, it affects many things: kitchen lunch counts, bus size reservations, lunch reservations and quite often may reduce the size of the group to just a few (there is a minimum of 5 for an outing). Add to that the disappointment of your fellow attendees who were looking forward to your company and the extra work now required to make all the changes, and you can understand why this seemingly innocuous act has more than a minor impact. If you do cancel your presence, it is your responsibility to also cancel with Handydart at 604-575-6600. Be sure to see the sign-up sheets at Reception and put your name down for activities and outings you wish to be included in. Spaces are filling quickly! Bus requests must be faxed to HandyDart at least 10 days in advance of the outings, so please sign up early!

**Mary Rutledge**

**5**



**Erich Goede**

**7**



**Joseph Yewchan**

**7**



**Colleen Arthurs**

**22**



**Mary Ann Tame**

**24**

**Birthday Party this month is  
Wednesday February 13th!**



NEIGHBOURHOOD NEWS

*Welcome*

We would like to extend a warm welcome to Eileen Minun and Joe Yewchan, and wish you much happiness in your new home and neighbourhood.

*Get Well Soon*

Recuperating in the hospital are no one! Everybody is home—welcome back Abby, Teresa and Rita!

*Moving*

No-one! And Arbourside is full, with a waiting list. We love us!

*Passed Away*

We mourn the loss of Dave Palmer and past longtime Resident Murray Clark. Our sympathies are with their families and loved ones during this time.

**PLEASE PLEASE PLEASE, clean up your coffee cups, plates and serviettes you have used in the Bistro, Piano Lounge, and other common areas. You are responsible for putting these in the garbage. We all thank you!**

*What is Love? Answers provided by children aged 4—10... Enjoy!*

“When someone loves you, the way they say your name is different. You just know that your name is safe in their mouth. Billy – age 4

“Love is when a girl puts on perfume and a boy puts on shaving cologne and they go out and smell each other." Karl – age 5

“Love is when you go out to eat and give somebody most of your French fries without making them give you any of theirs." Chrissy – age 6

“Love is what makes you smile when you’re tired. "Terri – age 4

“Love is when my mommy makes coffee for my daddy and she takes a sipbefore giving it to him, to make sure the taste is OK." Danny – age 7

“Love is when you kiss all the time. Then when you get tired of kissing, you still want to be together and you talk more. My Mommy and Daddy are like that. They look gross when they kiss" Emily – age 8

“Love is what’s in the room with you at Christmas if you stop opening presents and listen." Bobby – age 7

“If you want to learn to love better, you should start with a friend who you hate," Nikka – age 6

“Love is when you tell a guy you like his shirt, then he wears it everyday." Noelle – age 7

“Love is like a little old woman and a little old man who are still> friends even after they know each other so well." Tommy – age 6

“During my piano recital, I was on a stage and I was scared. I looked at all the people watching me and saw my daddy waving and smiling. He was the only one doing that. I wasn’t scared anymore."Cindy – age 8

"Love is like an avalanche where you have to run for your life." - *John, 9*

"I think you're supposed to get shot with an arrow or something, but the rest of it isn't supposed to be so painful." - *Manuel, 8*

"No one is sure why it happens, but I heard it has something to do with how you smell. That's why perfume and deodorant are so popular". - *Mae, 9*

"A man and a woman promise to go through sickness and illness and diseases together". - *Marlon, 9*

"When a person gets kissed for the first time, they fall down, and they don't get up for at least an hour." - *Wendy, 8*

"On the first date, they just tell each other lies, and that usually gets them interested enough to go for a second date." - *Mike, 10*