

# Easter Word Search

M K D E C C U D G C P G P G B  
K V H H T V U N Y A K N V N U  
K C I H C A I D S E T I E I N  
B A S K E T L T D G D K A R N  
E D W A N Q E O X L C C S P Y  
G Z U I H L N I C Y Y A T S K  
G F A T I B B A R O K R E Y C  
S P T R E A T S Y F H C R Q A  
S R C A W S Y U M M Y C U Q U  
W O L L A M H S R A M N U D Q

BASKET  
BUNNY  
CHICK  
CHOCOLATE  
CRACKING  
CUDDLY  
DUCKY  
DYED  
EASTER



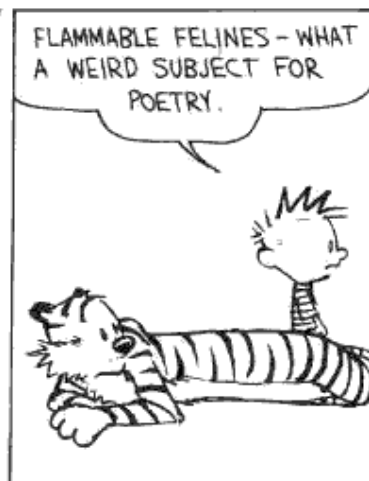
EGGS  
MARSHMALLOW  
PAINTING  
PASTEL  
QUACK  
RABBIT  
SPRING  
TREATS  
YUMMY



Rocking it on  
Easter Island!



WORLD of COW  
By Stik



# The Arby

Arbourside Community Newsletter  
April 2019

## Easter

Easter, also called Pascha (Greek, Latin) or Resurrection Sunday, is a festival and holiday celebrating the resurrection of Jesus from the dead, described in the New Testament as having occurred on the third day of his burial after his crucifixion by the Romans at Calvary c. 30 AD. It is the culmination of the Passion of Jesus, preceded by Lent (or Great Lent), a forty-day period of fasting, prayer, and penance.

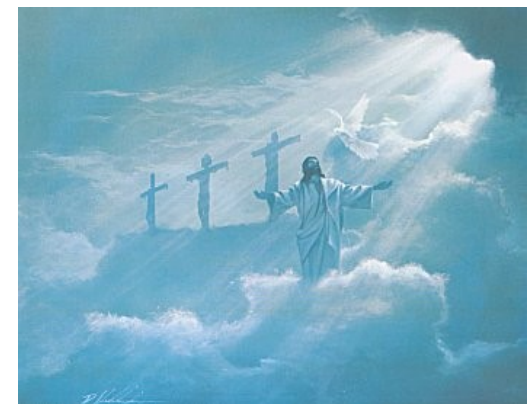
Most Christians refer to the week before Easter as "Holy Week"—it contains the days of the Easter Triduum, including Maundy Thursday, commemorating the Maundy and Last Supper, as well as Good Friday, commemorating the crucifixion and death of Jesus. In Western Christianity, Eastertide, or the Easter Season, begins on Easter Sunday and lasts seven weeks, ending with the coming of the fiftieth day, Pentecost Sunday. In Eastern Christianity, the season of Pascha begins on Pascha and ends with the coming of the fortieth day, the Feast of the Ascension.

Easter and the holidays that are related to it are *moveable feasts* which do not fall on a fixed date in the Gregorian or Julian calendars which follow only the cycle of the sun; rather, its date is determined on a lunisolar calendar similar to the Hebrew calendar. The First Council of Nicaea established two rules, independence of the Jewish calendar and worldwide uniformity, which were the only rules for Easter explicitly laid down by the council. No details for the computation were specified; these were worked out in practice, a process that took centuries and generated a number of controversies. It has come to be the first Sunday after the ecclesiastical full moon that occurs on or soonest after 21 March, but calculations vary.

Easter is linked to the Jewish Passover by much of its symbolism, as well as by its position in the calendar. In most European languages the feast called Easter in English is termed by the words for passover in those languages and in the older English versions of the Bible the term Easter was the term used to translate passover. Easter customs vary across the Christian world, and include sun-



rise services, exclaiming the Paschal greeting, clipping the church, and decorating Easter eggs (symbols of the empty tomb). The Easter lily, a symbol of the resurrection, traditionally decorates the chancel area of churches on this day and for the rest of Eastertide. Additional customs that have become associated with Easter and are observed by both Christians and some non-Christians include egg hunting, the Easter Bunny, and Easter parades. There are also various traditional Easter foods that vary regionally.



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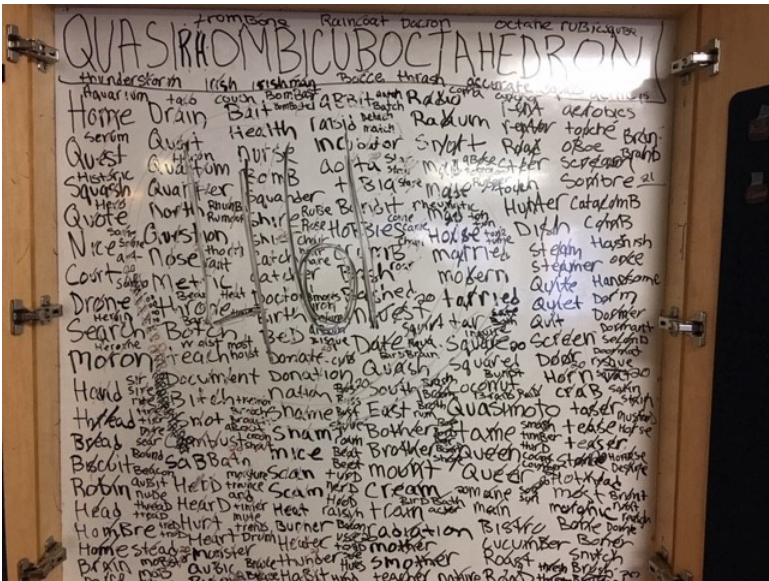




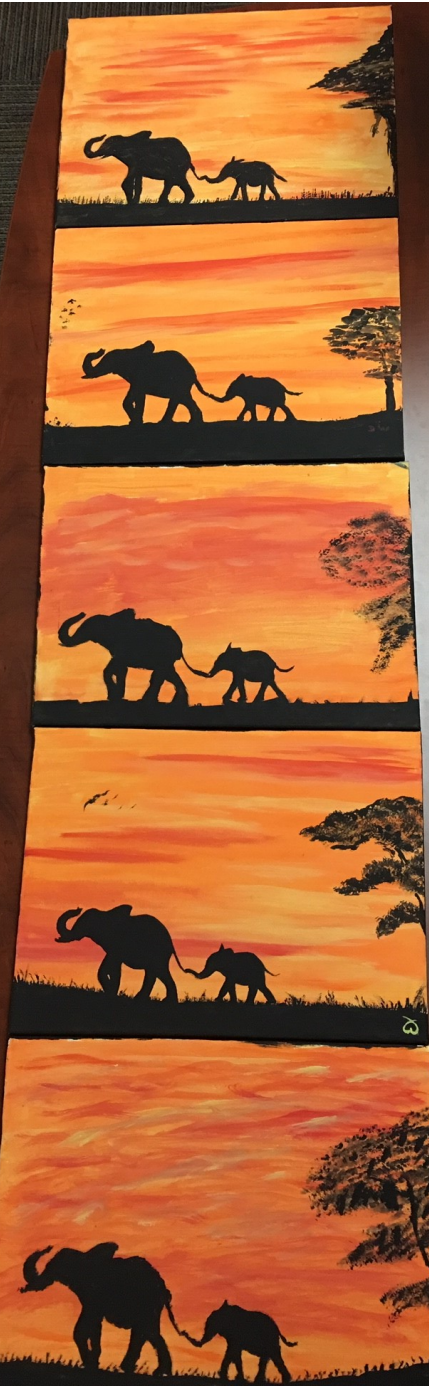




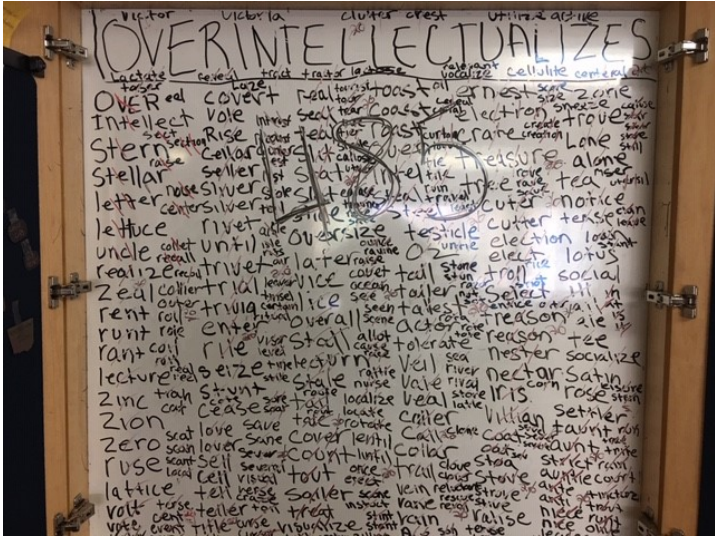
Happy St. Patrick's Day Lunch at the Dublin Crossing Irish Pub!



461 and 485 words at Mental Aerobics—a new record!



Serengeti Sunrise with Elephants painted by our talented Residents. In April we paint mother and child giraffes as a complement piece. Be sure to sign up!



## Arbourside Community Services

### Church Services

Just a reminder to our new residents that every Sunday at 2:30 interdenominational Church is held in the Piano Lounge. Catholic mass is held Sundays at 1:00 in the Piano Lounge, with the exception of the second Sunday of the month. It is held on the second Friday of the month at 10:30 am in the library.

### Hearing Aid Clinic

Christina, a hearing aid specialist will be at Arbourside on the 17th this month. An appointment log has been posted Activity Outings Binder at Reception.. Please sign your name and choose your preferred time.

Kathy's Salon – Friendly Service with Great Rates Is an in-house service provided by Kathy (Wednesdays and Fridays) to care for the hair-dressing and barbering needs of the Arbourside community. See Kathy in her studio on the second floor – she can usually fit you in the same or next day and is available 9:30 am to last appointment. Give her a call at 778-986-2500.

### MK Flowers

Since 2005 MK Flowers has been bringing joy through floral arrangements to many Surrey residents and business. Check out the fresh flowers at reception for an example! Be sure to give Perry Paras a call at 604-908-7044.

Compassionate Touch Canada Chonna and her staff provide therapeutic touch and massage services and Dementia Touch Therapy to their clients every Tuesday at Arbourside. You can find out more by calling Chonna at 604-353-6794.

### Linie's Nails

Linie's hours Wednesdays and Fridays from 9 a.m. to 3 p.m. To contact her please call her at 778-241-1453.

**Tender Care Support Service:** Offers Nursing Services, Medication Assist & Re-view, Shower, Personal Care, Grooming, Laundry, Foot Care, Companionship, Shopping, Dr.'s Appointments and Housekeeping. In-house and/or overnight. If you require these services please call 778-999-3262 and speak to Tina.

Arbourside Staff Room Ste. 100 This is the staff's break room—please respect it by not entering without knocking and being requested to do so. Only knock if there is an emergency and front desk staff are not available. We all thank you!

## April Events and Outings

3	Tania's Pop-Up Shop Painting—Serengeti Giraffes Decorate for Easter
5	Lunch at Red Rose Rest.
8	Cancel Perryl Wear & 5th Ave.
10	Semiahmoo Mall Birthday Party
12	Lunch at Espresso Cafe
17	Hearing Aid Clinic Health Corner Lunch at Golden Panda
19	Good Friday
24	Take down Easter Lunch at C-Lovers Coffee Klatch
26	Happy Hour with Carl
29	Fashion Closet
Tues- days	Compassionate Touch Mas- sage



*From the Activities Department, a.k.a. Wendy*

We love outings at Arbourside and the following are the protocols in place for same. Money for full day outings (private bus company) will be collected one week prior to the outings and will be non-refundable. For Handydart bus trips the fare will be collected at the time of othe outing. This is to help prevent last minute cancellations, which have become prevalent. When a person cancels at the last minute, it affects many things: kitchen lunch counts, bus size reservations, lunch reservations and quite often may reduce the size of the group to just a few (there is a minimum of 5 for an out-ing). Add to that the disappointment of your fellow attendees who were looking forward to your company and the extra work now required to make all the changes, and you can understand why this seemingly innocuous act has more than a minor impact.

Be sure to see the sign-up sheets at Reception and put your name down for activities and outings you wish to be included in. Spaces are filling quickly! Bus requests must be faxed to HandyDart at least 10 days in advance of the outings, so please sign up early!

I lied on my Weight Watchers list. I put down that I had 3 eggs... but they were Cadbury chocolate eggs. ~Caroline Rhea



Just a reminder from the Kitchen to please use styro-foam plates & bowls if you are taking food back to your room. Thank You! Also the protocol for coffee and tea at the Bistro require a lid for your cup—they are provided for you. This helps keep the carpet cleaner by preventing spills as you try to balance that hot cup of beverage! Thank You!

**April Babies**

<b>Don W.</b>	<b>1</b>
<b>Ken N.</b>	<b>12</b>
<b>Judy G.</b>	<b>13</b>
<b>Abbie S.</b>	<b>18</b>
<b>Win R.</b>	<b>20</b>

**Birthday Party this month is Wednesday April 10th. Barry Powel will be here with his lively music. Cake, tea and coffee will be served. Please come join us for the fun!**

NEIGHBOURHOOD NEWS

*Welcome*  
Hello to Luke Sequeira, Iselda Zanolco, Eunice McCallum, Gerry Penner and Minnie Sekora. We would like to extend a warm welcome and wish you much happiness in your new home and neighbourhood.

*In Hospital*  
In hospital are Margaret Bezan-son, Kathy Crozier, Kim Jones and Ken Hansom. We wish you well and hope to see you at home soon!



**PLEASE PLEASE PLEASE, Clean up your coffee cups, plates and serviettes you have used in the Bistro, Piano Lounge, and other common areas. You are responsible for putting these in the garbage. We all thank you! Also, remember good elevator manners—hold the door open and allow more passengers in, move to the back if you will be departing on the higher floors, share with a smile!**

March Birthday Babies—and a delicious vanilla tiramisu mousse birthday cake and Barry Powell—a winning combination for a fun afternoon. Grand Master Victor Chu leading his Tai Chi class. Gerry and Anne, new neighbours, chatting away; and proud stackers with their bingo markers balanced upside down—there’s no end to the hidden talents of Arbourside Residents!

