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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 STAT FOR CANADA DAY 	2 Massage 10:15 Exercise Bwlg 1:30 Walk & Roll 3:30 Readings	3 9:15 Morning Stroll 10:15 Mental Aerobics 3:45 Readings 7:00 Bingo	4 9:15 Headlines 10:15 Exercise 11:00 Carpet Bowling 1:30 Reno Keno 2:30 Tai Chi	5 9:30 Picnic at Redwood Park 1:30 Chair Yoga 2:30 Happy Hours	6 10:15 Exercise 11:00 Carpet Bowling 2:00 Left Right Center 7:00 Bingo
7 10:15 Sandbag Toss 1:00 Communion 1:30 Mental Aerobics 2:30 Church	8 9:30 Picnic at Derby Reach Park 2:00 Video Memories 3:45 Left Right Center	9 Massage 10:15 Exercise Bwlg 1:30 Walk & Roll 3:30 Readings	10 9:15 Morning Stroll 9:30 Tania's Pop Up Shop 2:30 Birthday Party 7:00 Bingo	11 9:15 Headlines 10:15 Exercise 11:00 Carpet Bowling 1:30 Reno Keno 2:30 Tai Chi	12 9:45 Mental Aerobics 10:30 Communion 11:00 Picnic at Fleetwood Park 1:30 Chair Yoga 2:30 Happy Hour	13 10:15 Exercise 11:00 Carpet Bowling 2:00 Left Right Center 7:00 Bingo
14 10:15 Sandbag Toss 1:30 Mental Aerobics 2:30 Church	15 9:30 Picnic at Bear Creek Park 11:00 Fashion Closet 2:00 Video Memories 3:45 Left Right Center	16 Massage 10:15 Exercise Bwlg 1:30 Walk & Roll 3:30 Readings	17 9:00 Absolute Hearing 9:15 Morning Stroll 10:00 Health Corner with Brigita 7:00 Bingo	18 9:15 Headlines 10:15 Exercise 11:00 Carpet Bowling 1:30 Reno Keno 2:30 Tai Chi	19 9:30 Picnic at Redwood Park 1:30 Chair Yoga 2:30 Happy Hour	20 10:15 Exercise 11:00 Carpet Bowling 2:00 Left Right Center 7:00 Bingo
21 10:15 Sandbag Toss 1:00 Communion 1:30 Mental Aerobics 2:30 Church	22 10:30 Denturist 9:30 Picnic at Derby Reach Park 2:30 Coffee Klatch 3:45 Left Right Center	23 Massage 10:15 Exercise Bwlg 1:30 Walk & Roll 3:30 Readings	24 9:00 Bus Tour – Hells Gate Air Tram 7:00 Bingo	25 9:15 Headlines 10:15 Exercise 11:00 Carpet Bowling 1:30 Reno Keno 2:30 Tai Chi	26 9:30 Mental Aerobics 10:45 C-Lovers 2:30 Happy Hour with Carl	27 10:15 Exercise 11:00 Carpet Bowling 2:00 Left Right Center 7:00 Bingo
28 10:15 Sandbag Toss 1:00 Communion 1:30 Mental Aerobics 2:30 Church	29 9:30 Picnic – Reifel Bird Sanctuary 2:00 Video Memories 3:30 Left Right Center	30 Massage 10:15 Exercise Bwlg 1:30 Walk & Roll 3:30 Readings	31 9:15 Morning Stroll 9:30 Tania's Pop-Up 11:30 Lunch at Espresso Café 1:30 Games in Bistro 7:00 Bingo	