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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 10:00 Mental Aerobics 1:30 Noodle Hockey 2:30 Happy Hour 4:00 Journaling My Bio	2 Massage 10:15 Exercise 11:00 Carpet Bowling 2:00 Left Right Center 7:00 Bingo
3 10:15 Sandbag Toss 1:00 Communion 1:30 Mental Aerobics 2:30 Church	4 LABOUR DAY 	5 Massage 10:15 Exercise 11:00 Carpet Bowling 1:30 Walk & Roll 3:00 Readings 4:00 Crosswords	6 10:00 Lunch at Cloverdale Contry Farms 2:00 Painting 4:00 Relaxation Colouring 7:00 Bingo	7 10:15 Exercise 11:00 Carpet Bowling 1:30 Reno Keno 2:30 Tai Chi 4:00 Current Affairs	8 10:15 Mental Aerobics 11:15 Lunch at Northview 2:30 Happy Hour 4:00 Journaling My Bio	9 Massage 10:15 Exercise 11:00 Carpet Bowling 2:00 Left Right Center 7:00 Bingo
10 10:15 Sandbag Toss 1:00 Communion 1:30 Mental Aerobics 2:30 Church	11 10:30 Perryl Wear Fashion Show 1:30 Video Memories 3:15 Point / Counterpoint	12 Massage 10:15 Exercise 11:00 Carpet Bowling 1:30 Walk & Roll 3:00 Readings 4:00 Crosswords	13 10:00 Health Corner with Brigita 2:30 Birthday Party with Barry Powel 4:00 Relaxation Colouring 7:00 Bingo	14 10:15 Exercise 11:00 Carpet Bowling 1:30 Reno Keno 2:30 Tai Chi 4:00 Current Affairs	15 10:00 Mental Aerobics 1:30 Noodle Hockey 2:30 Happy Hour 4:00 Journaling My Bio	16 Massage 10:15 Exercise 11:00 Carpet Bowling 2:00 Left Right Center 7:00 Bingo
17 10:15 Sandbag Toss 1:00 Communion 1:30 Mental Aerobics 2:30 Church	18 10:45 Lunch at the Golden Panda 2:00 Video Memories 3:30 Point / Counterpoint	19 Talk Like a Pirate Day Massage 10:15 Exercise 11:00 Carpet Bowling 1:30 Walk & Roll 3:00 Readings 4:00 Crosswords	20 10:15 Coffee Klatch 1:30 Fashion Closet Fashion Show 3:15 Relaxation Colouring 7:00 Bingo	21 10:15 Exercise 11:00 Carpet Bowling 1:30 Reno Keno 2:30 Tai Chi 4:00 Current Affairs	22 Elephant Appreciation Day 9:30 Bus Trip – Scenic Drive with lunch in Harrison 2:30 Happy Hour 4:00 Journaling My Bio	23 Massage 10:15 Exercise 11:00 Carpet Bowling 2:00 Left Right Center 7:00 Bingo
24 10:15 Sandbag Toss 1:00 Communion 1:30 Mental Aerobics 2:30 Church	25 10:00 Bowling at Scottsdale Lanes 2:00 Video Memories 3:30 Point / Counterpoint	26 Massage 10:15 Exercise 11:00 Carpet Bowling 1:30 Walk & Roll 3:00 Readings 4:00 Crosswords	27 11:15 C-Lovers in Langley 2:00 Lawn Darts 3:00 Relaxation Colouring 7:00 Bingo	28 10:15 Exercise 11:00 Carpet Bowling 1:30 Reno Keno 2:30 Tai Chi 4:00 Current Affairs	29 10:00 Mental Aerobics 1:30 Noodle Hockey 2:30 Happy Hour with Carl 4:00 Journaling My Bio	30 Massage 10:15 Exercise 11:00 Carpet Bowling 2:00 Left Right Center 7:00 Bingo