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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>1</b> 10:15 Sandbag Toss 1:00 Communion 1:30 Mental Aerobics 2:30 Church</p>	<p><b>2 LABOUR DAY</b></p> 	<p><b>3 Massage</b> 9:15 Headlines 10:15 Exercise 11:00 Carpet Bwlg 1:30 Walk &amp; Roll 3:30 Readings</p>	<p><b>4</b> 9:15 Morning Stroll <b>10:45 C-Lovers</b> 2:00 Sandbag Toss 3:30 Readings 7:00 Bingo</p>	<p><b>5</b> 9:15 Headlines 10:15 Exercise 11:00 Carpet Bowling 1:30 Reno Keno 2:30 Tai Chi 3:30 Readings</p>	<p><b>6</b> 9:15 Morning Stroll 9:45 Mental Aerobics <b>10:45 Skyhawk Rest. – Boundary Bay Airport</b> 1:30 Chair Yoga 2:30 Happy Hour</p>	<p><b>7</b> 10:15 Exercise 11:00 Carpet Bowling 2:00 Left Right Center 7:00 Bingo</p>
<p><b>8</b> 10:15 Sandbag Toss 1:00 Communion 1:30 Mental Aerobics 2:30 Church</p>	<p><b>9</b> 9:15 Morning Stroll 10:00 Sandbag Toss <b>11:00 Carda Creations</b> 1:30 Video Memories 3:45 Left Right Center</p>	<p><b>10 Massage</b> 9:15 Headlines 10:15 Exercise 11:00 Carpet Bwlg 1:30 Walk &amp; Roll 3:30 Readings</p>	<p><b>11</b> 9:15 Morning Stroll 10:00 Mental Aerobics <b>2:30 Birthday Party with Barry Powel</b> 7:00 Bingo</p>	<p><b>12</b> 9:15 Headlines 10:15 Exercise 11:00 Carpet Bowling 1:30 Reno Keno 2:30 Tai Chi 3:30 Readings</p>	<p><b>13</b> 9:15 Morning Stroll 9:45 Mental Aerobics 10:30 Communion 1:30 Chair Yoga 2:30 Happy Hour</p>	<p><b>14</b> 10:15 Exercise 11:00 Carpet Bowling 2:00 Left Right Center 7:00 Bingo</p>
<p><b>15</b> 10:15 Sandbag Toss 1:30 Mental Aerobics 2:30 Church</p>	<p><b>16 9:45 Walmart South Surrey</b> 2:00 Video Memories 3:45 Left Right Center</p>	<p><b>17 Massage</b> 9:15 Headlines 10:15 Exercise 11:00 Carpet Bwlg 1:30 Walk &amp; Roll 3:30 Readings</p>	<p><b>18 9:00 Absolute Hearing</b> 9:15 Morning Stroll <b>11:00 5th Ave Jewelry</b> <b>10:00 Health Corner</b> 7:00 Bingo</p>	<p><b>19</b> 9:15 Headlines <b>9:30 Talk Like A Pirate Day Games &amp; Trivia</b> 1:30 Reno Keno 2:30 Tai Chi 3:30 Readings</p>	<p><b>20 9:00 Bus Tour – Autumn Leaves to Manning Park</b> 1:30 Chair Yoga 2:30 Happy Hour</p>	<p><b>21</b> 10:15 Exercise 11:00 Carpet Bowling 2:00 Left Right Center 7:00 Bingo</p>
<p><b>22</b> 10:15 Sandbag Toss 1:00 Communion 1:30 Mental Aerobics 2:30 Church</p>	<p><b>23</b> 9:15 Morning Stroll <b>10:30 Video Memories</b> <b>2:30 Coffee Klatch</b> 3:45 Left Right Center</p>	<p><b>24 Massage</b> 9:15 Headlines 10:15 Exercise 11:00 Carpet Bwlg 1:30 Walk &amp; Roll 3:30 Readings</p>	<p><b>25</b> 9:15 Morning Stroll <b>9:30 Tania's Pop Up Shop</b> <b>10:00 Mental Aerobics</b> <b>1:30 Painting Autumn Moon</b> 7:00 Bingo</p>	<p><b>26</b> 9:15 Headlines 10:15 Exercise 11:00 Carpet Bowling 1:30 Reno Keno 2:30 Tai Chi 3:30 Readings</p>	<p><b>27</b> 9:15 Morning Stroll 9:30 Mental Aerobics <b>11:00 Lunch at the Espresso Café</b> 1:30 Chair Yoga <b>2:30 Happy Hour with Carl</b></p>	<p><b>28</b> 10:15 Exercise 11:00 Carpet Bowling 2:00 Left Right Center 7:00 Bingo</p>
<p><b>29</b> 10:15 Sandbag Toss 1:00 Communion 1:30 Mental Aerobics 2:30 Church</p>	<p><b>30</b> 9:15 Morning Stroll <b>10:45 Roadhouse Grill</b> 2:00 Video Memories 3:30 Left Right Center</p>					