

WHAT WOULD YOU DO ON A FIRST DATE THAT WAS TURNING SOUR?

"I'd run home and play dead. The next day I would call all the newspapers and make sure they wrote about me in all the dead columns."
-Craig, age 9

WHEN IS IT OKAY TO KISS SOMEONE?

"When they're rich."
- Pam, age 7

"The law says you have to be eighteen, so I wouldn't want to mess with that."
- Curt, age 7

"The rule goes like this: If you kiss someone, then you should marry them and have kids with them. It's the right thing to do."
- Howard, age 8

IS IT BETTER TO BE SINGLE OR MARRIED?

"I don't know which is better, but I'll tell you one thing. I'm never going to have sex with my wife. I don't want to be all grossed out."
- Theodore, age 8

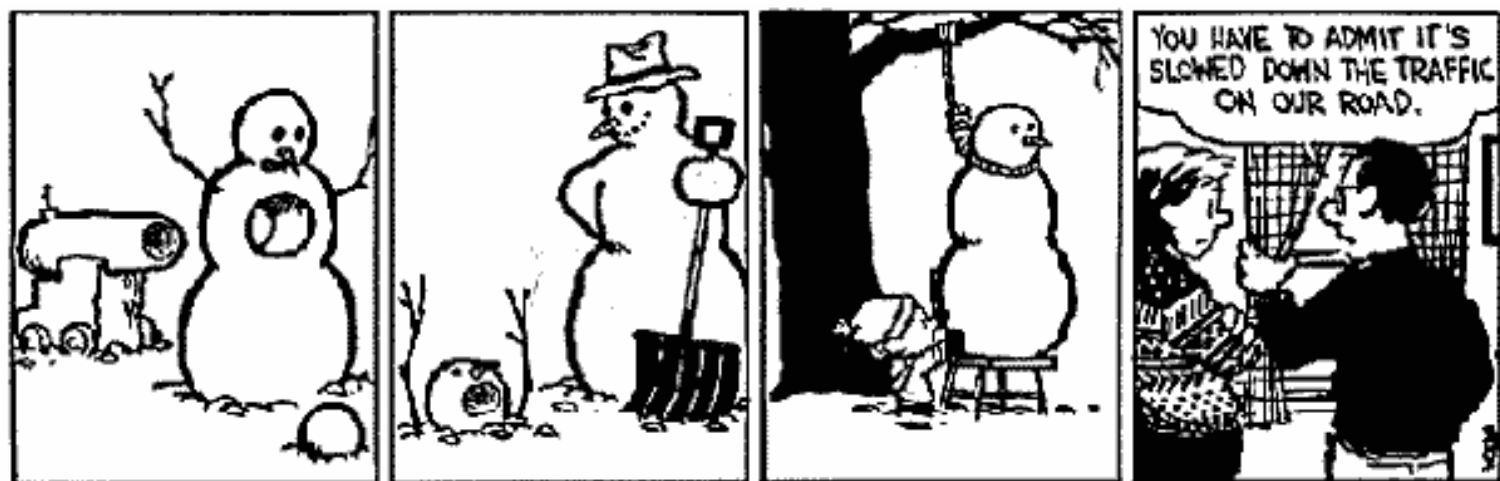
"It's better for girls to be single but not for boys. Boys need someone to clean up after them."
- Anita, age 9

HOW WOULD THE WORLD BE DIFFERENT IF PEOPLE DIDN'T GET MARRIED?

"There sure would be a lot of kids to explain, wouldn't there?"
- Kelvin, age 8

HOW WOULD YOU MAKE A MARRIAGE WORK?

"Tell your wife that she looks pretty, even if she looks like a truck."
- Ricky, age 10



The Arby Arbourside Community Newsletter Summer 2019

This summer has been so busy (how busy was it?). It was busier than a one-armed paperhanger with hives! So this month we are dedicating the newsletter to all our Residents who enjoyed outings and events at Arbourside. Enjoy your summer fun again, while reviewing all the photos. If you would like to have your photo included, come to an event and I'll make sure it happens!



July Birthday Party.

Lots of hot air to blow those candles out!



Christmas in July! Santa was here handing out sweets to everyone and Carl made sure there were plenty of Christmas songs to sing along to.



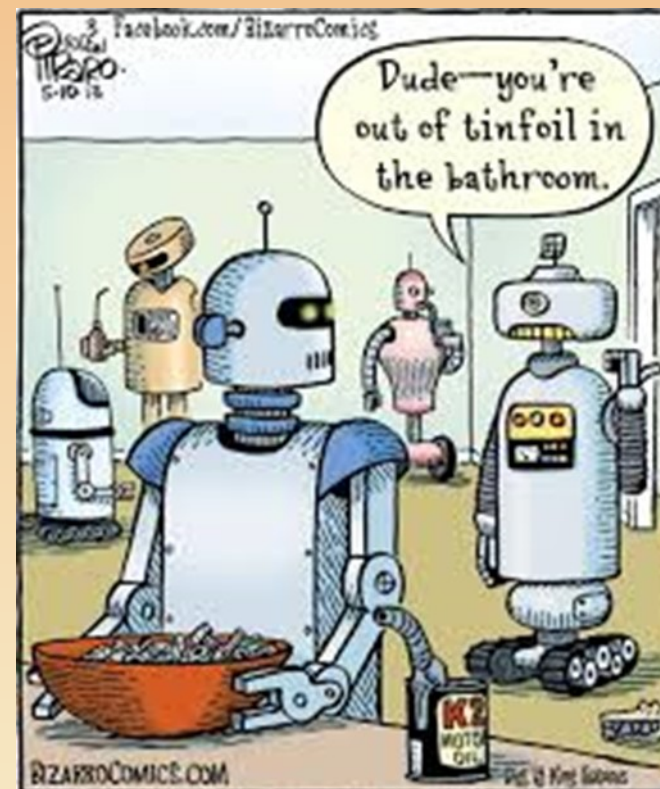
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Picnics are a favourite during the summer months. Above, we are enjoying our lunches beside the Fraser River, at Derby Reach Park in Langley. We were worried when we saw our favourite picnic tables covered in water during the spring flood, but everything's back to normal now!

Below, we are enjoying the peaceful sounds of nature at the Reifel Bird Sanctuary on Westham Island in Delta. Residents enjoyed a stroll on the paths, taking pictures, and of course, an enjoyable feast packed by our own Kitchen.



In Honour of Labour Day:

I don't mind coming to work—it's the 8 hour wait to go home I can't stand!

I think they picked me for my motivational skills—everyone around me has to work twice as hard!

I have a lot of jokes about unemployed people but none of them work...

From the Activity Department:

Due to a spike in last minute cancellations on outings, September will be a trial month. If the cancellations continue, starting in October it will become necessary to prepay for all outings, including those using HandyDart. The difficulties arise when Residents cancel at the last moment, leaving less than 4 people who are registered with HandyDart. If we have less than 4 registered users, we no longer qualify for a group booking, and HandyDart can refuse the trip. As you can imagine, this leaves the Residents who are ready to go, without transportation. It affects Residents, the kitchen (often increasing the lunch totals by the amount on the trip), and any places where reservations have been made to accommodate our group. It is extremely disappointing to the Residents who are waiting to go, and frustrating to all involved. We use HandyDart for all our local outings. If you do not have a HandyDart registration number, this can be obtained through your physician. I have tried to place Residents as Escorts, but HandyDart is now questioning why these same people are not registered as escorts, and escorts are not allowed any walking aids such as walkers or wheelchairs. Also, HandyDart now does not allow transfer chairs to be used, so only “real” wheelchairs will be allowed on the bus. We have had Residents refused service as their aids did not meet the new safety standards. Continuous cancellations by a registered person can result in their being refused service in the future.

We are starting our Fall scheduling, with less outings per month. Please check the Outings sign up binder at Reception to get your name down. We have a quota of typically 10 (depending on how many walkers or wheelchairs are required), so if an outing is particularly popular, there can be a waiting list. Group bookings must be submitted to HandyDart 10 days in advance of the outing, so signing up early is a necessary part of the protocol. Sign ups for things such as crafts or painting are necessary to ensure enough supplies are on hand.

All day bus trips are held once monthly, and involve hiring a large bus from an independent company. As such, there is a minimum charge of \$40 per person for the trip. This is approximately half the actual cost with the other half being absorbed out of the Activities budget. If you require an attendant on the trip, they must pay the \$40 cost, but if friends or family members attend, then the cost will increase to \$60 per person, which is still a savings on the actual cost. If there is a waiting list for these trips Residents are placed before non-Residents.

If you have any ideas for activities, events or outings, please see Wendy, and attend our monthly Coffee Klatch where Residents have input on what they would like to happen at Arbourside Court. Ideas from these meetings help shape the upcoming calendars offerings to Residents—it’s your opportunity to voice your desires and dislikes, cares and concerns on the daily programs offered at Arbourside!



We danced to the music, enjoyed some Canada Day cake (totally yummy) and could not quite believe what was written on the back window of this van—Honk if kid falls out!



Events and Outings of September

Sept. 2	Labour Day
Sept. 4	Lunch at C-Lovers
Sept. 6	Lunch at the Skyhawk Restaurant Boundary Bay Airport
Sept. 9	Carda Creations
Sept. 11	CasiBirthday Party with Barry Powel
Sept. 16	Walmart South Surrey
Sept. 18	Hearing Aid Clinic 5th Ave. Jewelry Health Corner
Sept. 19	Talk Like A Pirate Day
Sept. 20	Autumn Leaves Bus Tour to Manning Park Lodge for Lunch
Sept. 23	Tania’s Pop Up Shop Painting Autumn Lvs
Sept. 27	Lunch at Espresso Café Happy Hour with Carl
Sept. 30	Lunch at the Road-house Grill

SPECIAL DAYS IN SEPTEMBER

- 2 Labour Day
- 3 Skyscraper Day
- 6 Fight Procrastination Day
- 8 International Literacy Day
- 9 Teddy Bear Day
- 11 911 Remembrance
- 11 No News is Good News Day
- 12 Chocolate Milk Shake Day
- 13 Defy Superstition Day
- 13 Grandparent's Day
- 13 National Peanut Day
- 14 National Cream-Filled Donut Day
- 16 Step Family Day



Happy Belated Birthday August Babies!

Shirley Mclean	3
Franz Goeders	13
Maureen Mclvor	16
Art O’Connell	16
Victor Clunn	20
Skip Skipworth	26
Eileen Mattson	28
Wynn Guertler	30



Rossy will be back in September to assist us with Exercise and Bowling on Tuesdays and Thursdays. She tells me she’s as excited as we are!

Here is brief description of some of the programs that Residents have enquired about:

Headlines: Reviewing the latest news stories.

Walk & Roll: A casual 10—15 minute stroll to the Espresso Café where we enjoy decadent drinks, bad jokes and great conversations. All walking levels as we take rest breaks.

Morning Stroll: a 10 –15 minute stroll through the neighbourhood. We take plenty of rest breaks as required.

Video Memories: Video clips of unusual things, places, people and events. Sometimes—a movie!

Left Right Centre: This cost 75 cents a game (we use 3 quarters) 2—3 games are played. Based on the face of the die you roll you either keep, forfeit or pass one or all or none of your quarters to either the “pot” or a player. Last player takes all.

Mental Aerobics: The longest words you can imagine made into smaller words. Our record is 607 words from one word!

Health Corner: Brigita, a Pharmacist from Pharmasave, does a presentation on health subjects concerning us. She speaks in laymans terms so everyone can understand, takes questions and has fabulous responses that make sense to us.

Readings: Live readings by Wendy from the great Canadian author Stuart McLean, stories from Lynn and poetry from Dave (usually R.W. Service or Longfellow).

Coffee Klatch: Residents have their input as to which programs and events are working, those that are not, and suggestions for other programs events or places to go. Have your say in what fills your day! Also really great snacks!

Pop Up Shops: Tania brings in-house items that most people require: toiletries, hygiene products, gifts, cards, creams, jewelry, soaps, ointments, etc. Save yourself the trip to the store and come and view her inventory. She will take orders.

Reno Keno: Similar to Bingo, 25 cents a game (we play 6 games), winner takes the pot each game.

Yoga and Tai Chi are taught by Masters in the field, and are geared towards Seniors.



Happy Birthday

September Babies!

Rita Gaboury	1
Karoline Voelpel	5
Dave Cash	12
Theresa Baron	20
Gladys Dickson	22
Emilie Prahauser	25
Dennis Baher	28

