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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 10:15 Chair Yoga 1:30 Mental Aerobics 2:30 Happy Hour	2 10:15 Exercise 11:00 Carpet Bowling 2:00 Left Right Center 7:00 Bingo
3 10:15 Sandbag Toss 1:00 Communion 1:30 Mental Aerobics 2:30 Church Change Clocks Back 1 Hour	4 9:15 Morning Stroll 9:45 Undecorate Halloween 1:30 Bocce Ball 2:30 Sandbag Toss 3:30 Left Right Center	5 Massage 10:15 Exercise 11:00 Carpet Bowling 1:30 Walk & Roll 3:30 Readings	6 9:15 Morning Stroll 10:45 C-Lovers 2:00 Bocce Ball 3:30 Noodle Hockey 7:00 Bingo	7 9:30 Headlines 10:15 Exercise 11:00 Carpet Bowling 1:30 Reno Keno 2:30 Tai Chi 3:30 No Bake Treats	8 10:15 Chair Yoga 10:30 Communion 2:00 Remembrance Day Ceremony 3:00 Happy Hour	9 10:15 Exercise 11:00 Carpet Bowling 2:00 Left Right Center 7:00 Bingo
10 10:15 Sandbag Toss 1:30 Mental Aerobics 2:30 Church	11 Remembrance Day 	12 Massage 9:00 Flu Shot Clinic All Day 1:30 Walk & Roll 3:30 Readings	13 9:00 Absolute Hrg 9:15 Morning Stroll 10:00 Health Corner 2:30 Birthday Party with Barry Powel 7:00 Bingo	14 9:30 Headlines 10:15 Exercise 11:00 Carpet Bowling 1:30 Reno Keno 2:30 Tai Chi 3:30 Christmas Craft	15 10:15 Chair Yoga 1:30 Mental Aerobics 2:30 Happy Hour	16 10:15 Exercise 11:00 Carpet Bowling 2:00 Left Right Center 7:00 Bingo
17 10:15 Sandbag Toss 1:00 Communion 1:30 Mental Aerobics 2:30 Church	18 9:30 Morning Stroll 9:45 Walmart South Surrey 2:15 Mental Aerobics 3:45 Left Right Center	19 Massage 10:15 Exercise 11:00 Carpet Bowling 1:30 Walk & Roll 3:30 Readings	20 9:15 Morning Stroll 10:00 Tania's Pop-Up 1:30 Bocce Ball 2:45 Coffee Klatch 3:45 Mental Aerobics 7:00 Bingo	21 9:30 Headlines 10:15 Exercise 11:00 Carpet Bowling 1:30 Reno Keno 2:30 Tai Chi 3:30 No Bake Treats	22 10:15 Chair Yoga 1:30 Mental Aerobics 2:30 Happy Hour	23 10:15 Exercise 11:00 Carpet Bowling 2:00 Left Right Center 7:00 Bingo
24 10:15 Sandbag Toss 1:00 Communion 1:30 Mental Aerobics 2:30 Church	25 9:15 Morning Stroll 10:00 Mental Aerobics 1:30 Bocce Ball 2:30 Sandbag Toss 3:45 Left Right Center	26 Massage 10:15 Exercise 11:00 Carpet Bowling 1:30 Walk & Roll 3:30 Readings	27 9:45 Start Christmas Decorating 2:00 Mental Aerobics 3:30 Sandbag Toss 7:00 Bingo	28 9:30 Headlines 10:15 Exercise 11:00 Carpet Bowling 1:30 Reno Keno 2:30 Tai Chi 3:30 Sandbag Toss	29 10:15 Chair Yoga 1:30 Mental Aerobics 2:30 Happy Hour with Carl	30 10:15 Exercise 11:00 Carpet Bowling 2:00 Vaudevillians Performance 7:00 Bingo