

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				<p>"Nobody will ever win the battle of the sexes. There's too much fraternizing with the enemy." ~ Henry Kissinger</p>	<p>Never laugh at your spouses choices. You're one of them!</p> 	<p>1 10:15 Exercise 11:00 Carpet Bowling 2:00 Left Right Center 7:00 Bingo</p>
<p>2 10:15 Sandbag Toss 1:00 Communion 1:30 Mental Aerobics 2:30 Church</p>	<p>3 9:30 Noodle Hcky 10:00 History in Colour 1:30 Bingo 3:00 Mental Aerobics 4:00 Left Right Center</p>	<p>4 Massage 10:15 Exercise 11:00 Carpet Bowling 1:45 Reno Keno 3:45 Readings</p>	<p>5 9:30 Shopping at Semiahmoo Mall</p>  <p>3:00 Sandbag Toss 7:00 Bingo</p>	<p>6 9:30 Headlines 10:15 Exercise 11:00 Noodle Hockey 1:30 Reno Keno 2:30 Tai Chi 3:30 Readings</p>	<p>7 10:00 Reno Keno 10:15 Chair Yoga 10:30 Communion 11:00 Sandbags 1:30 Brain Games 2:30 Happy Hours</p>	<p>8 10:15 Exercise 11:00 Carpet Bowling 2:00 Left Right Center 7:00 Bingo</p>
<p>9 10:15 Sandbag Toss 1:30 Mental Aerobics 2:30 Church</p>	<p>10 9:30 Noodle Hcky 10:00 Armchair Travel 1:30 Bingo 3:00 Mental Aerobics 3:45 Left Right Ctr</p>	<p>11 Massage 10:15 Exercise 11:00 Carpet Bowling 1:45 Reno Keno 3:45 Readings</p>	<p>12 9:15 Painting - Bee 1:30 Sandbags 2:30 Birthday Party with Barry Powel 7:00 Bingo</p>	<p>13 9:30 Headlines 10:15 English Tea and Scones with Catherine 1:30 Reno Keno 2:30 Tai Chi 3:30 Readings</p>	<p>14 9:30 Tania's Valentine Pop Up 10:15 Chair Yoga 11:00 Sandbags 1:30 Brain Games 2:30 Happy Hours</p>	<p>15 10:15 Exercise 11:00 Carpet Bowling 2:00 Left Right Center 7:00 Bingo</p>
<p>16 10:15 Sandbag Toss 1:00 Communion 1:30 Mental Aerobics 2:30 Church</p>	<p>17 FAMILY DAY</p> 	<p>18 Massage 10:15 Exercise 11:00 Carpet Bowling 1:45 Reno Keno 3:45 Readings</p>	<p>19 9:00 Absolute Hearing 9:15 Mental Aerobics 1:30 Sandbags 2:15 Community Coffee 7:00 Bingo</p>	<p>20 9:30 Headlines 10:15 Exercise 11:00 Noodle Hockey 1:30 Reno Keno 2:30 Tai Chi 3:30 Readings</p>	<p>21 10:00 Reno Keno 10:15 Chair Yoga 10:30 Communion 11:00 Sandbags 1:30 Brain Games 2:30 Happy Hours</p>	<p>22 10:15 Exercise 11:00 Carpet Bowling 2:00 Left Right Center 7:00 Bingo</p>
<p>23 10:15 Sandbag Toss 1:00 Communion 1:30 Mental Aerobics 2:30 Church</p>	<p>24 9:30 Noodle Hcky 10:00 Animal Planet 1:30 Bingo 3:00 Mental Aerobics 3:45 Left Right Ctr</p>	<p>25 Massage 10:15 Exercise 11:00 Carpet Bowling 1:45 Reno Keno 3:45 Readings</p>	<p>26` 10:00 Sandbags 10:45 Olive Garden 3:00 Sandbags 3:30 Brain Games 7:00 Bingo</p>	<p>27 9:30 Headlines 10:15 Exercise 11:00 Noodle Hockey 1:30 Reno Keno 2:30 Tai Chi 3:30 Readings</p>	<p>2810:00 Reno Keno 10:15 Chair Yoga 11:00 Sandbag 1:30 Brain Games 2:30 Happy Hour with Carl</p>	<p>29 10:15 Exercise 11:00 Carpet Bowling 2:00 Left Right Center 7:00 Bingo</p>

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