



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>1</b> 10:15 Sandbag Toss 1:00 Communion 1:30 Mental Aerobics 6v	<b>2</b> 9:30 Movie Henry Fonda – My Name is Nobody 1:30 Bingo 3:00 Mental Aerobics 4:00 Left Right Center	<b>3</b> <b>Massage</b> 10:15 Exercise 11:00 Carpet Bowling 1:30 Reno Keno 3:30 Readings	<b>4</b>	<b>5</b>	<b>6</b> <b>10:00</b> <b>Decorate for St. Patrick's Day</b> 1:30 Chair Yoga 2:30 Pizzaz Singers & Happy Hours in Piano Lounge	<b>7</b> 10:15 Exercise 11:00 Carpet Bowling 2:00 Left Right Center 7:00 Bingo
<b>8</b> 10:15 Sandbag Toss 1:00 Communion 1:30 Mental Aerobics 2:30 Church 	<b>9</b> 9:30 Headlines 10:30 History in Colour 1:30 Bingo 3:00 Mental Aerobics 4:00 Left Right Center	<b>10</b> <b>Massage</b> 10:15 Exercise 11:00 Carpet Bowling 1:30 Reno Keno 3:30 Readings	<b>11</b> 9:15 <b>Painting</b> 11:00 5 <sup>th</sup> Avenue Jewelry	<b>12</b> 9:30 Headlines 10:15 Exercise 11:00 Carpet Bowling 1:30 Reno Keno 2:30 Tai Chi	<b>13</b> 10:00 Mental Aerobics 10:30 Communion 1:30 Chair Yoga 2:30 Happy Hours	<b>14</b> 10:15 Exercise 11:00 Carpet Bowling 2:00 Left Right Center 7:00 Bingo
<b>15</b> 10:15 Sandbag 10:45 Noodle Hockey 1:30 Mental Aerobics 2:15 Bocci Ball 2:30 Church	<b>16</b> 9:30 Headlines 10:30 Armchair Travel 1:30 Bingo 3:00 Mental Aerobics 4:00 Left Right Center	<b>17</b> <b>Massage</b> <b>Tania's Pop-Up</b> 10:15 Exercise 11:00 Carpet Bowling <b>1:30 St. Pats Fun</b> 3:30 Readings 	<b>18</b> 9:00 <b>Hearing Aid</b> <b>2:30 Birthday Party with Barry Powel</b> 7:00 Bingo	<b>19</b> 9:30 Headlines 10:15 Exercise 11:00 Carpet Bowling 1:30 Reno Keno 2:30 Tai Chi	<b>20</b>	<b>21</b> 10:15 Exercise 11:00 Carpet Bowling 2:00 Left Right Center 7:00 Bingo
<b>22</b> 10:15 Sandbag Toss 1:00 Communion 1:30 Mental Aerobics 2:15 Bocci Ball 2:30 Church	<b>23</b> 9:30 Headlines 10:30 Animal Planet 1:30 Bingo 3:00 Mental Aerobics 4:00 Left Right Center	<b>24</b> <b>Massage</b> 10:15 Exercise 11:00 Carpet Bowling 1:30 Reno Keno 3:30 Readings	<b>25</b> 9:00 <b>Absolute Hearing</b> <b>9:30 Painting – Dragonfly Silhouette</b> 1:30 <b>2:45 Coffee Klatch</b> 7:00 Bingo	<b>26</b> 9:30 Headlines 10:15 Exercise 11:00 Carpet Bowling 1:30 Reno Keno 2:30 Tai Chi	<b>27</b> 9:15 Mental Aerobics <b>10:30</b> 1:30 Chair Yoga 2:30 Happy Hour with Carl	<b>28</b> 10:15 Exercise 11:00 Carpet Bowling 2:00 Left Right Center 7:00 Bingo
<b>29</b> :15 Sandbag Toss 1:00 Communion 1:30 Mental Aerobics 2:30 Church	<b>30</b> 9:30 Headlines 10:30 Dean Martin Roasts John Wayne 1:30 Bingo 3:00 Mental Aerobics 4:00 Left Right Center	<b>31</b> <b>Massage</b> 10:15 Exercise 11:00 Carpet Bowling 1:30 Reno Keno 3:30 Readings				

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