

Saint Patrick's Day Word Search

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CABBAGE
 CELTS
 CORNED BEEF
 FOUR LEAF CLOVER
 GREEN
 HOLIDAY
 IRELAND
 IRISH

LEPRECHAUN
 LUCKY
 MARCH
 PARADE
 PATRICK
 POT OF GOLD
 RAINBOW
 SAINT
 SHAMROCK



An Irishman, by the name of O'Malley proposed to his girl on St. Patrick's Day. He gave her a ring with a synthetic diamond. The excited young lass showed it to her father, a jeweller. He took one look at it and saw it wasn't real. The young lass on learning it wasn't real returned to her future husband. She protested vehemently about his cheapness. 'It was in honour of St. Patrick's Day,' he smiled. 'I gave you a sham rock.'



- Many people die of thirst but the Irish are born with one. *Spike Milligan*
- If one could only teach the English how to talk, and the Irish how to listen, society here would be quite civilized. *Oscar Wilde*
- He who can does. He who cannot, teaches. *George Bernard Shaw*
- I always pass on good advice. It is the only thing I ever do with it. It is never of any use to oneself. *Oscar Wilde*
- In Ireland the inevitable never happens and the unexpected constantly occurs. *John Pentland Mahaffy*
- Work is the curse of the drinking classes. *Oscar Wilde*
- A man travels the world in search of what he needs and returns home to find it. *George Moore*
- Alcohol is a very necessary article. It enables Parliament to do things at eleven at night that no sane person would do at eleven in the morning. *George Bernard Shaw*

Arbourside Community Newsletter

SPRING 2020

The Arby



Saint Patrick's Day, or the Feast of Saint Patrick (Irish: *Lá Fhéile Pádraig*, "the Day of the Festival of Patrick"), is a cultural and religious celebration held on 17 March, the traditional death date of Saint Patrick (c. AD 385–461), the foremost patron saint of Ireland.

Saint Patrick's Day was made an official Christian feast day in the early 17th century and is observed by the Catholic Church, the Anglican Communion (especially the Church of Ireland),^[4] the Eastern Orthodox Church, and the Lutheran Church. The day commemorates Saint Patrick and the arrival of Christianity in Ireland,^[3] and celebrates the heritage and culture of the Irish in general.^[5] Celebrations generally involve public parades and festivals, céilidhs, and the wearing of green attire or shamrocks.^[6] Christians who belong to liturgical denominations also attend church services^{[5][7]} and historically the Lenten restrictions on eating and drinking alcohol were lifted for the day, which has encouraged and propagated the holiday's tradition of alcohol consumption.

Patrick was a 5th-century Romano-British Christian missionary and bishop in Ireland. Much of what is known about Saint Patrick comes from the *Declaration*, which was allegedly written by Patrick himself. It is believed that he was born in Roman Britain in the fourth century, into a wealthy Romano-British family. His father was a deacon and his grandfather was a priest in the Christian church. According to the *Declaration*, at the age of sixteen, he was kidnapped by Irish raiders and taken as a slave to Gaelic Ireland.^[13] It says that he spent six years there working as a shepherd and that during this time



he "found God". The *Declaration* says that God told Patrick to flee to the coast, where a ship would be waiting to take him home. After making his way home, Patrick went on to become a priest.

According to tradition, Patrick returned to Ireland to convert the pagan Irish to Christianity. The *Declaration* says that he spent many years evangelising in the northern half of Ireland and converted "thousands". Patrick's efforts against the druids were eventually turned into an allegory in which he drove "snakes" out of Ireland (Ireland never had any snakes).

Tradition holds that he died on 17 March and was buried at Downpatrick. Over the following centuries, many legends grew up around Patrick and he became Ireland's foremost saint.

Arbourside Court

13751 74th Avenue
 Surrey, BC V3W 1A8
 Tel. 604-597-6644
 Fax. 604-597-6401
www.arbourside.com

A poignant reminder as we live with others who’s lives are changing and are challenging for all of us...

Do not ask me to remember

Do not ask me to remember,
Do not try to make me understand.
Let me rest and know you’re with me.
Kiss my cheek and hold my hand.
I’m confused beyond your concept.
I am sad and sick and lost.
All I know is that I need you to be with
Me at all cost.

Do not lose your patience with me.
Do not scold or curse my cry.
I can’t help the way I’m acting,
Can’t be different though I try.
Just remember that I need you,
That the best of me is gone.
Please don’t fail to stand beside me,
Love me till my life is gone.



Saturday night, March 7th!

SPECIAL DAYS IN MARCH

- 1 National Freedom Day
- 2 BubblegumDay
- 3 Eat Ice Cream for Breakfast Day
- 4 Thank a Mailman Day
- 5 National Weatherman’s Day
- 6 Lame Duck Day
- 6 National Chopsticks Day
- 7 Wave All Your Fingers Day
- 8 Boy Scout Day
- 8 Kite Flying Day
- 9 Ntl. Pizza Day
- 11 Don’t Cry Over Spilled Milk Day
- 11 Make a Friend Day

- 13 Get a Different NameDay
- 13 Fat TuesDay
- 14 Ferris Wheel Day
- 14 Valentine’s Day
- 15 Ntl. Gumdrops Day
- 16 Do a Grouch a Favour Day
- 17 Random Acts of Kindness Day
- 18 Ntl. Drink Wine Day
- 19 Ntl. Chocolate Mint Day
- 20 Cherry Pie Day
- 20 Love Your Pet Day
- 20 Hoodie Hoo Day
- 22 Be Humble Day
- 22 Intl. World Thinking Day
- 22 Walking the Dog Day

- 22 Ntl. Margarita Day
- 23 Dog Biscuit Appreciation Day
- 24 Ntl. Tortilla Chip Day
- 24 Ntl. Open That Bottle Night
- 25 Pistol Patent Day
- 26 Carnival Day
- 26 Tell a Fairytale Day
- 26 Ntl. Pistachio Day
- 27 Polar Bear Day
- 27 No Brainer Day
- 28 Floral Design Day
- 28 Ntl. Tooth Fairy Day



Look to The Moon

Paddy and Seamus were walking home from the pub. Paddy says to Seamus, 'What a beautiful night, look at the moon.'

Seamus stops and looks at Paddy, 'You are wrong, that's not the moon, that's the sun.' Both started arguing for a while when they come upon a real drunk walking in the other direction, so they stopped him.

'Sir, could you please help settle our argument?

Tell us what that thing is up in the sky that's shining. Is it the moon or the sun?' The drunk looked at the sky and then looked at them, and said,

'Sorry, I don't live around here.'

Dermot McCann opened the morning newspaper and was dumbfounded to read in the obituary column that he had died. He quickly 'phoned his best friend Reilly.

'Did ye see the paper?' asked Dermot. 'They say I died.'
'Yes, I saw it.' replied Reilly. 'Where are ye callin' from?'

It's All in The Name

A pregnant Irish woman from Dublin gets in a car accident and falls into a deep coma. Asleep for nearly 6 months, when she wakes up she sees that she is no longer pregnant and frantically asks the doctor about her baby.

The doctor replies, 'Ma'am you had twins! a boy and a girl. Your brother from Cork came in and named them.'

The woman thinks to herself, 'Oh No, not my brother... he's an idiot!' She asks the doctor, 'Well, what's the girl's name?' Denise.'

'Wow, that's not a bad name, I like it! What's the boy's name?'

'Denephew.'

A True Tale Begorrah!

Father Sean O'Leary, a Dublin parish priest, was jumping up and down as he urged his choir to put more effort into singing the hymn: "I Wonder Where I'm Bound", when an iron grid collapsed and he disappeared into a heating duct.

Cartoon right: Mark Parisi

No Hiding Place

Walking into the bar, Shamus said to O'Heir the bartender, 'Pour me a stiff one - just had another fight with the little woman.'

'O, bejabbers,' said O'Heir, 'And how did this one end?'

'Hah, when it was over,' Shamus replied, 'she came to me on her hands and knees.'

'Really?' cried O'Heir, 'now that's a switch! What did she say?'

She said, 'Come out from under the bed, Shamus, you little chicken.'



Lunch at Olive Garden and Brigita at Health Corner. Also the English Tea held by Catherine our Practicum Student who we enjoyed for a month!

Our practicum student from Burnaby College, Catherine treated everyone on her last day to a traditional English Tea. She baked 10 dozen scones at home and served them with Devonshire Cream and seedless jam. Her daughter helped her serve and proud Mom and Dad also got to enjoy the morning with us. It was wonderful for them to witness how much Arbourside Residents appreciated and cared for her.



Arbourside Community Services

Church Services

Just a reminder to our new residents that every Sunday at 2:30 interdenominational Church is held in the Piano Lounge.

Catholic mass is held Sundays at 1:00 in the Piano Lounge, with the exception of the second Sunday of the month. It is held on the second Friday of the month at 10:30 am in the library.

Hearing Aid Clinic

Christina, a hearing aid specialist will be at Arbourside on the 18th this month. An appointment log has been posted on the Bulletin Board. Please sign your name and choose your preferred time.

Kathy's Salon – Friendly Service with Great Rates Is an in-house service provided by Kathy (Wednesday and Friday) to care for the hair-dressing and barbering needs of the Arbourside community. See Kathy in her studio on the second floor – she can usually fit you in the same or next day and is available 9:30 am to last appointment. Give her a call at 778-986-2500.

MK Flowers

Since 2005 MK Flowers has been bringing joy through floral arrangements to many Surrey residents and business. Check out the fresh flowers at reception for an example! Be sure to give Perry Paras a call at 604-908-7044.

Compassionate Touch Canada

Chonna and her staff provide therapeutic touch and massage services and Dementia Touch Therapy to their clients every Tuesday at Arbourside. You can find out more by calling Chonna at 604-353-6794.

Linie's Nails

Linie's hours are from 9 a.m. to 3 p.m. on Wednesday and Friday. To contact her please call her at 778-241-1453.

Tender Care Support Service:

Offers Nursing Services, Medication Assist & Review, Shower, Personal Care, Grooming, Laundry, Foot Care, Companionship, Shopping, Dr.'s Appointments and Housekeeping. In-house and/or overnight. If you require these services please call 778-999-3262 and speak to Tina.



Health Corner with Brigita.

Brigita is a Pharmacist from the Pharmasave located across from Surrey Memorial Hospital. This Pharmasave not only provides Brigita once a month to keep us up to date on important health issues, but also sponsors our Flu Shot, Pneumonia Shot and Shingles Shot Clinic at Arbourside and comes to Arbourside to do free medication reviews for Residents. Our upcoming Health Corners are on March 11th and April 8th. Dr. Amin Nanji will be here on April 9th to provide free medication reviews, so be sure to mark those dates on your calendar! You do not have to be their customer in order to receive these services—just turn up with your medications and he will take care of you!

Pharmasave also offers free blister packing, consultations and delivery of medications. If you haven't a trustworthy pharmacist in the area, you can call them at 604-588-9888 and ask to speak to someone.

BUS OUTINGS

Bus outing for spring start this month! Our first local trip is to Elements Casino on March 4th. Then we have a quiet month, but April brings us out in the sunshine! Our first trip will be to the Honeybee Center, April 6th, Elements Casino April 13th, Olive Garden April 20th and the new improved Willowbrook Mall in Langley on April 27th.

In May we will start with the big bus trips once monthly, with our first trip being our Fraser Valley Backroad special, with lunch in Harrison at the Old Settler Pub, and then home via Hwy 7 through Mission / Maple Ridge. This is a favourite, so be sure to check out the sign-up sheets to secure a seat!

Looking for something special when you're having a crowd over? Why not try this delicious recipe?

Elephant Stew

- 1 medium sized elephant
- 2 rabbits (optional)

Cut the elephant into bite size pieces (plan at least a week for this). Add enough water to make brown gravy. Cook over kerosene flame at 465 degrees Fahrenheit for about 4 weeks. (Serves about 3800 people.) If more people are expected, add the 2 rabbits. However, only do this if it is absolutely necessary because most people don't like to find HARES in their stew!



Birthday Party this month is Wednesday March 18th! April's Party is on April 15th, and May's is on May 13th. Barry Powel will be here for all of them with his lively music. Be sure to join us for cake and coffee and live music with your friends and family. If it's your birthday month, you get a front row seat at the head table!



SO FAR THIS YEAR IN PICTURES....

