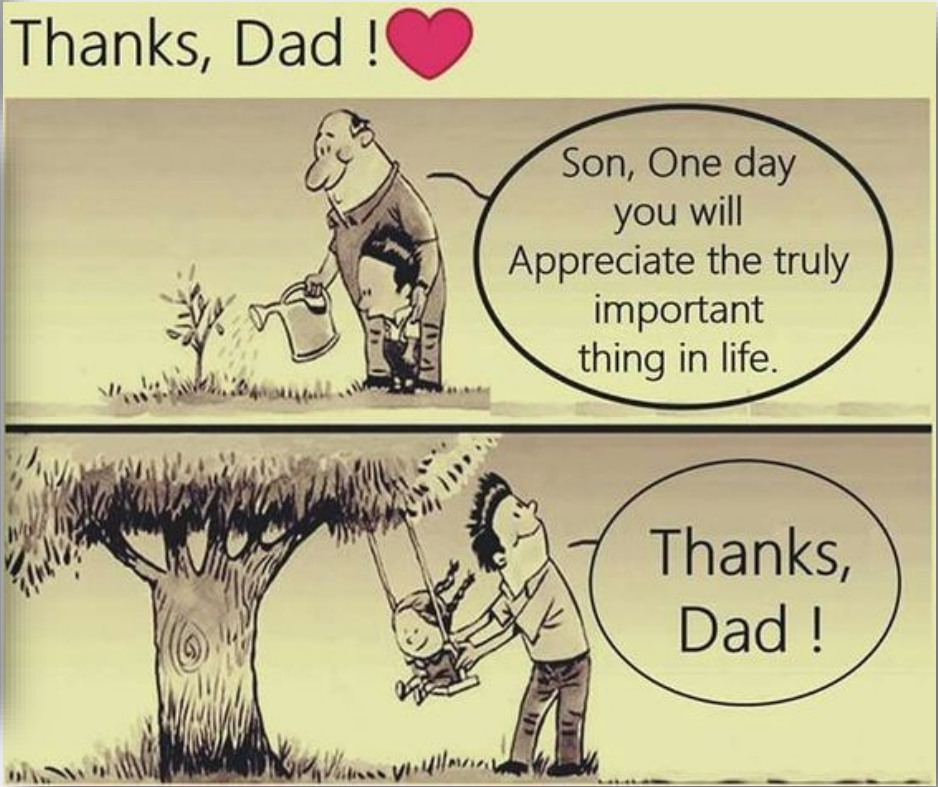


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8					9		
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17				18	19	20	21
22				23			
24				25			

- Down**
- What person?
 - Electrically charged particle
 - Pouch
 - Wield
 - Panache
 - Optical device
 - Festival
 - Small island
 - Lengthy
 - Notion
 - Ooze
 - Eggs
 - Container
 - Moose

- Across**
- Judicious
 - Mischievous fairy
 - Something intended to deceive
 - On the sheltered side
 - One time only
 - Colony insect
 - Wash through
 - Enumerates
 - Poem
 - Part of the ear
 - Indicating maiden name
 - Malevolence
 - Space
 - Military vehicle



The Arby Arbourside Community Newsletter

June 2020



On June 19, 1910, a Father's Day celebration was held at the YMCA in Spokane, Washington by Sonora Smart Dodd. Her father, the civil war veteran William Jackson Smart, was a single parent who raised his six children there. She was also a member of Old Centenary Presbyterian Church (now Knox Presbyterian Church), where she first proposed the idea. After hearing a sermon about Jarvis Mother's Day in 1909 at Central Methodist Episcopal Church, she told her pastor that fathers should have a similar holiday to honor them. Although she initially suggested June 5, her father's birthday, the pastors did not have enough time to prepare their sermons, and the celebration was deferred to the third Sunday in June. Several local clergymen accepted the idea, and on June 19, 1910, the first Father's Day, "sermons honoring fathers were presented throughout the city".

However, in the 1920s, Dodd stopped promoting the celebration because she was studying at the Art Institute of Chicago, and it faded into relative obscurity, even in Spokane. In the 1930s, Dodd returned to Spokane and started promoting the celebration again, raising awareness at a national level. She had the help of those trade groups that would benefit most from the holiday, for example the manufacturers of ties, tobacco pipes, and any traditional present for fathers. By 1938, she had the help of the Father's Day Council, founded by the New York Associated Men's Wear Retailers to consolidate and systematize the holiday's commercial promotion. Americans resisted the holiday for its first few decades, viewing it as nothing more than an attempt by merchants to replicate the commercial success of Mother's Day, and newspapers frequently featured cynical and sarcastic attacks and jokes. However, the said merchants remained resilient and even incorporated these attacks into their advertisements. By the mid-1980s, the Father's Day Council wrote, "(...) [Father's Day] has become a Second Christmas for all the men's gift-oriented industries."

A bill to accord national recognition of the holiday was introduced in Congress in 1913. In 1916, President Woodrow Wilson went to Spokane to speak at a Father's Day celebration and he wanted to make it an officially recognized federal holiday, but Congress resisted, fearing that it would become commercialized. US President Calvin Coolidge recommended in 1924 that the day be observed throughout the entire nation, but he stopped short at issuing a national proclamation. Two earlier attempts to formally recognize the holiday had been defeated by Congress. In 1957, Maine Senator Margaret Chase Smith wrote a Father's Day proposal accusing Congress of ignoring fathers for 40 years while honoring mothers, thus "[singling] out just one of our two parents". In 1966, President Lyndon B. Johnson issued the first presidential proclamation honoring fathers, designating the third Sunday in June as Father's Day. Six years later, the day was made a permanent national holiday when President Richard Nixon signed it into law in 1972.

In Canada, Fathers' Day is always celebrated on the third Sunday of June and is typically celebrated by time spent with Fathers, family celebrations and gift giving.

Thank you to All the Dads at Arbourside!

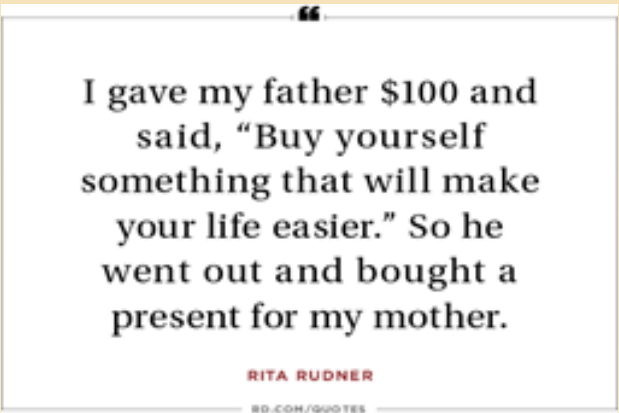
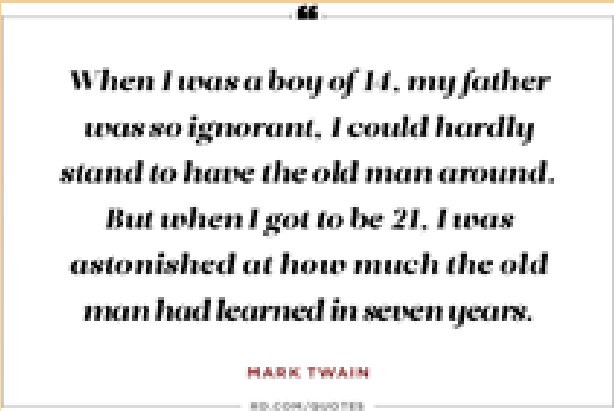
Arbourside Court

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Really Bad Dad jokes (and you thought mine were bad...):

1. I have a fear of speed bumps.
I'm slowly getting over it.
2. **Dad:** Be careful standing near those trees.
Daughter: Why? The sky is clear and there's no chance of lightning.
Dad: I don't know really. They just look kind of shady to me.
3. **Nurse:** Do you smoke?
Dad: Only when I'm on fire.
4. **Holding a stepladder**
This is my stepladder. I never knew my real ladder.
5. **Dad:** If you're cold you should sit in the corner.
Me: Why?
Dad: Because it's 90 degrees!
6. **Reversing the car**
Ahh, this takes me back.
7. How many apples grow on a tree?
All of them.
8. **Dad finds a suitcase in the woods filled with three raccoons. He calls the police.**
Dispatcher: This is 911, how can I help you?
Dad: Hi, I just found a suitcase filled with three raccoons.
Dispatcher: That's awful. Are they moving?
Dad: No. That would explain the suitcase, though.
9. I used to be addicted to the hokey pokey.
But then I turned myself around.
10. **Me:** I'll call you later.
Dad: Don't call me later, call me Dad.
11. Grandad at my Grandma's funeral.
Me: Are you alright?
Grandad: No, I'm half left.
12. What do you call a man with no nose and no body?
Nobody nose.
13. **A bug hits the windshield while driving**
Bet he doesn't have the guts to do that again.
Dad: You know a train has been through here.
Me: How can you tell?
Dad: It left tracks.



Arbourside Community Services

Church Services

Just a reminder to our new residents that every Sunday at 2:30 interdenominational Church is held in the Piano Lounge.
Catholic mass is held Sundays at 1:00 in the Piano Lounge, with the exception of the second Sunday of the month. It is held on the second Friday of the month at 10:30 am in the library.

Hearing Aid Clinic

Christina, a hearing aid specialist will be at Arbourside on the 17th this month. An appointment log has been posted on the Bulletin Board. Please sign your name and choose your preferred time.

Katherine's Salon – Friendly Service

Is an in-house service provided by Katherine (Wednesday and Friday) to care for the hair-dressing and barbering needs of the Arbourside community. See Katherine in her studio on the second floor – she can usually fit you in the same or next day and is available 9:30 am to last appointment. Give her a call at 604-319-2943.

MK Flowers

Since 2005 MK Flowers has been bringing joy through floral arrangements to many Surrey residents and business. Check out the fresh flowers at reception for an example! Be sure to give Perry Paras a call at 604-908-7044.

Compassionate Touch Canada

Chonna and her staff provide therapeutic touch and massage services and Dementia Touch Therapy to their clients every Tuesday at Arbourside. You can find out more by calling Chonna at 604-353-6794.

Linie's Nails

Linie's is here for that perfect mani/pedi on Wednesday and Thursday from 9 a.m. to 3 p.m. To contact her please call her at 778-241-1953.

Tender Care Support Service:

Offers Nursing Services, Medication Assist & Review, Shower, Personal Care, Grooming, Laundry, Foot Care, Companionship, Shopping, Dr.'s Appointments and Housekeeping. In-house and/or overnight. If you require these services please call 778-999-3262 and speak to Tina.

Pharmasave

Dr. Amin Nanji, Brigita and their crew take great care of our Residents. Besides offering free blister packing and delivery (and a slew of other services), they provide free in-house Flu Shot clinics yearly, free medication reviews and once monthly health information in our Health Corner. If you need a pharmacist that will take the time to know you and that you can trust, call them at 604-588-9888.

Arbourside Staff Room Ste. 100

This is the staff's break room—please respect it by not entering without knocking and being requested to do so. Only knock if there is an emergency and front desk staff are not available. We all thank you!

Bingo and Reno Keno

Just a reminder that these games are first come first served with respect to seating. No one owns a certain spot. Please welcome new Residents to join you as they navigate their way through a new home setting and routine.

Yay!

We are trying to come out of our cocoons in a safe manner as we navigate the tricky nature of the Covid-19 pandemic. Activities are resuming slowly, with many adaptations to ensure the ongoing good health of our Residents. Not all services have returned and as we follow the guidelines as determined by Health Authorities we will add or subtract accordingly. There will be no outings in the near future but Picnic on the Patio has returned!

From the Activities Department, a.k.a. Wendy

As we gradually return to some activities this month the most important thing to know is that we are following all the Provincial health guides and rulings to ensure your safety. Some activities are no longer offered at this time, as either shared objects prevent proper sanitation, or safe distancing cannot be adhered to. Outings have been put on hold until we can ensure safe transportation and event location. For events such as Bingo and Reno Keno, no money will accepted—prizes will be given out instead. Reno Keno will be played on paper sheets using bingo daubers instead of communally handled chits. Left Right & Center is postponed due to the common use of dice. Bowling is postponed due to sharing the bowling balls. You may find other adaptations as we proceed through the month. Activities may be dropped, changed or added, depending on the ongoing health of our Residents, Provincial Health guidelines and how things work out within the new systems. We are looking forward to returning to our new normal, adapting as we go, improving as we go, and hopefully, enjoying as we go. Please see the Activities Sign Up purple binder at Reception to register for the activities that require social distancing and/or specific supplies to be purchased. If there are too many for an event, I will hold a second event to accommodate those unable to fit in the first time. Be kind to each other, wash your hands, stay in your room if not feeling well, and we'll get through this together!

NEIGHBOURHOOD NEWS

Welcome

Hello to Donna Brown, Barbara Wall, Jo-Anne and Don Wilson, Helen Laface, Bill Todd, Gayle Fortt, Joyce Reister, Joyce Hasset and Kathy Lavallee. We would like to extend a warm welcome and wish you much happiness in your new home and neighbourhood.

In Hospital

Ruth and Donnie are in the hospital. We wish you well and hope to see you at home soon!

Friends we'll miss you—

Moved on to new locales are Eunice M., Luke S., Bernice B., Tom H., Kim J., Marcel C. and Carol W. We wish them well in their new homes.

Passed

Jake R., Gino D., Joe Y. and Howard J. have passed on. Our thoughts and prayers to their Families and Friends.

“Life is eternal; and love is immortal; and death is only a horizon; and a horizon is nothing save the limit of our sight.”
~ Rossiter Worthington

June Babies

Jean P.	5
Kathleen L.	18
Joyce H.	21
Louise N.	21
Jo-Anne W.	22
Anne G.	24
Donna B.	24
Charlie G.	24
Chris K.	26

The Birthday Party this month is Wednesday June 17th. Barry Powel will be here with his lively music. Cake, tea and coffee will be served. There will be no candles on the cake (to prevent blowing on the cake), so please join us in a round of applause instead. Please come join us for the fun!



Fathers Day Happy Hour on June 19th is free for all Fathers! To make it even more special, this will be the Happy Hour Carl returns to entertain you. Be sure to come for your complimentary drinks, Dads, some great nosh, and toe tapping music. Starts at 2:30 See you all there! 🎵 🎵



Mothers Day Free Raffle Prize Winners!

