

WHAT WOULD YOU DO ON A FIRST DATE  
THAT WAS TURNING SOUR?

"I'd run home and play dead. The next day I would call all the newspapers and make sure they wrote about me in all the dead columns."  
-Craig, age 9

WHEN IS IT OKAY TO KISS SOMEONE?

"When they're rich."  
- Pam, age 7

"The law says you have to be eighteen, so I wouldn't want to mess with that."  
- Curt, age 7

"The rule goes like this: If you kiss someone, then you should marry them and have kids with them. It's the right thing to do."  
- Howard, age 8

IS IT BETTER TO BE SINGLE OR MARRIED?

"I don't know which is better, but I'll tell you one thing. I'm never going to have sex with my wife. I don't want to be all grossed out."  
- Theodore, age 8

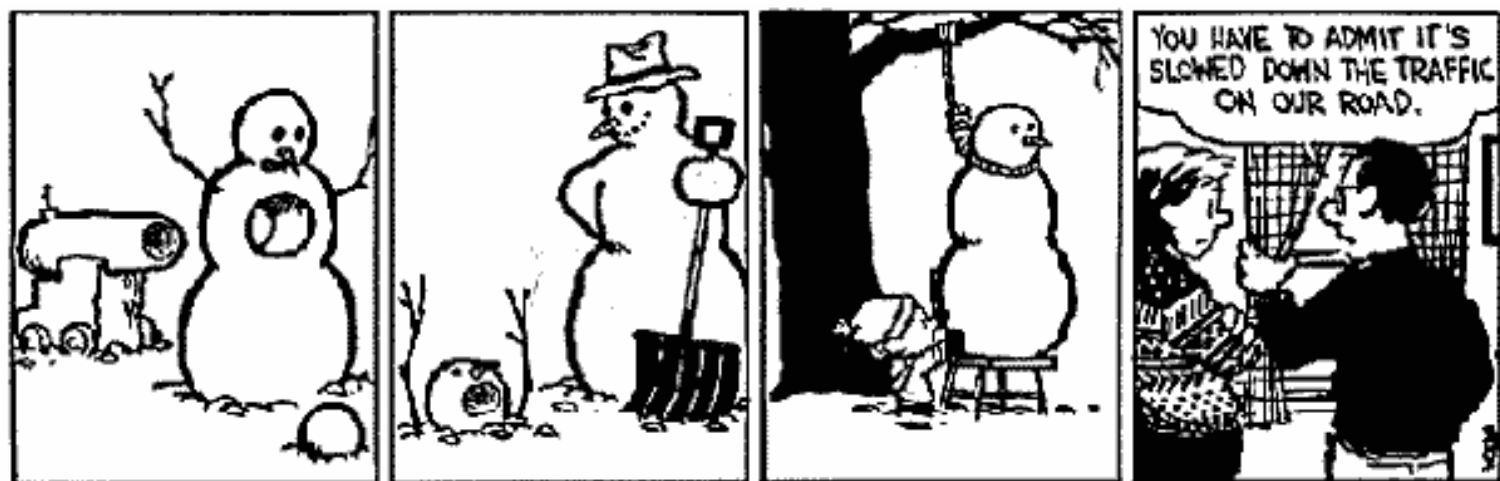
"It's better for girls to be single but not for boys. Boys need someone to clean up after them."  
- Anita, age 9

HOW WOULD THE WORLD BE DIFFERENT IF PEOPLE DIDN'T GET MARRIED?

"There sure would be a lot of kids to explain, wouldn't there?"  
- Kelvin, age 8

HOW WOULD YOU MAKE A MARRIAGE WORK?

"Tell your wife that she looks pretty, even if she looks like a truck."  
- Ricky, age 10



Arbourside Community Newsletter  
Summer 2020

The Arby



Fresh Chilliwack sweet corn from Sparkes. We shucked 8 dozen cobs and enjoyed them with our dinners. It brought back wonderful summertime memories. One of our weekly picnics on the patio. We might not be able to go out, but we can still have fun!



This month is Flu Shot month! A flu shot clinic will be held for all Residents and Staff as soon as the vaccine becomes available. This is courtesy of Pharmasave. Prescreening will be done on October 5th and 7th in the Bistro. You will need your care card and a list of your current medications. At this time you may also voice your desire for pneumonia and shingles vaccines. Pneumonia shots are free and last for about 5 years. Shingles shots are not free, are administered in 2 phases and payment can be arranged with Pharmasave directly. If you are considering these vaccines, they will need to be ordered ahead so there are enough available to all those requesting them.







We painted a giraffe! It was all brushes to the canvas as we spent a day exploring our inner Picasso. I'm sure our giraffes were much more realistic than his would have been!

A good hint to remember when painting: Make sure your coffee cup has a lid on it or your brush will end up in it!



And here we are—now we have an entire herd of giraffes that although identical, are actually quite different.

Aren't they amazing? Why not try coming to the next painting class? No experience required, no cost to you, and everything is supplies, along with step by step instructions. It's as easy as paint by numbers, but more beautiful and rewarding.



We missed our fish and chips so much we snuck out to C-Lovers! We really hope that our trips can resume soon. We're all getting cabin fever and miss getting out on our short trips and day long ventures.



Skip and Ellie tripping the light fantastic and butterfly terrarium making. The fun never stops at Arbourside.

Exercise can be fun—especially if it means you're battling the life out of a big fluorescent ball with half a pool noodle. It's actually quite a workout!







Arrr, me Matey! Swab the deck or ye'll feel the blade o'me sword! September 19th is National Talk Like a Pirate Day, and let me tell yas, there was some scallywags lurking about, waiting to pillage and plunder. They were able to catch Chef Ygor who offered a delicious lunch instead of being keel-hauled. Being somewhat civilized, the band o' angry buccaneers were busy munching and lunching instead o' punching. Aye!



There's a reason why Mike is our favourite Piper, and it's not just his incredible talent. He was worried about us when we first went into lockdown, and volunteered an afternoon of bagpipe tunes to keep our spirits high. He played outside so that Residents could hear from their suites and in the Bistro and main hallway. Outstanding citizens like Mike really make life so much better for all of us.

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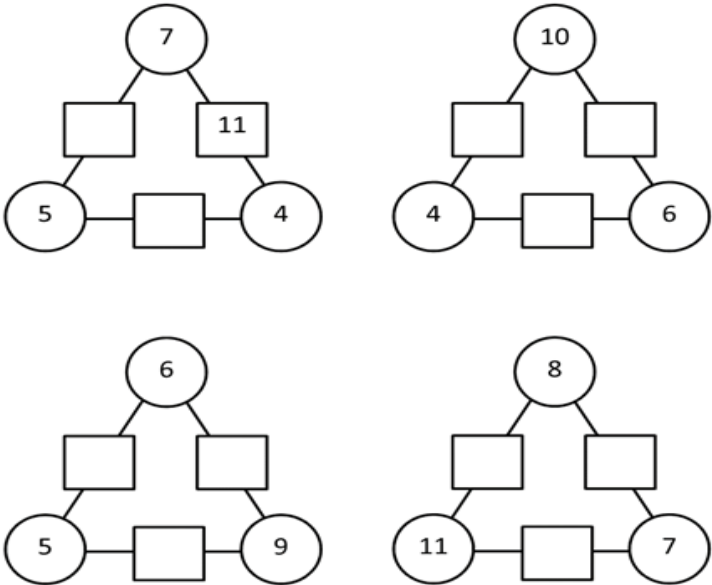
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- ACROSS**

  1. A legal case (Latin)
  4. Not micro
  9. The life of Steve Zissou, e.g.
  10. Search paper
  11. Ha-ha
  13. Like some questions
  15. \_\_\_ and tuck
  16. Zip
  17. "Good job!"
  19. In \_\_\_
  21. Make law
  23. The best
  24. Take to court
  25. Went with feathers, in old days
  26. Samuel \_\_\_
  28. Goes bad
  29. Rough reading
- DOWN**

  1. Go against
  2. Cruel and \_\_\_
  3. Bit of legislation
  4. They speak for themselves, in a cliché
  5. Order often follows it
  6. Type of poker
  7. Opposed
  8. Bar, legally
  12. Hard to break
  14. Came to
  18. Cover story
  19. Mr. Bates, e.g.
  20. Ignore the alarm
31. Fiasco
  33. Sonia \_\_\_
  34. Throng
22. Series of '70s disaster movies
  24. Warm wind from Africa
  25. Justices have them for life
  26. Many a robber's undoing
  27. Judge's yell, on TV
  30. Hear a case
  32. Tom Hanks movie

Work out the missing numbers in the rectangles by adding the numbers in the circles that join them up.



I SWALLOWED A  
DICTIONARY. IT  
GAVE ME  
THESAURUS THROAT  
I'VE EVER HAD

"Have you heard of Murphy's law?"  
"Yeah."  
"What is it?"  
"If something can go wrong, it will go wrong."  
"Right. Have you heard of Cole's Law?"  
"No, what is it?"  
"Thinly sliced cabbage."







Our favourite coffee shop, the Espresso has been closed due to a water main break, but we still managed to get in a few drinks and a lunch first. Then we tried A&W, but found it to be a longer walk, although the rootbeer and onion rings were delicious!. Now we're congregating at Starbucks on Tuesday, but as the weather changes we will probably send out for our drinks and enjoy them in the comfort of the Arbourside Bistro (hey—it is a bistro, for heavens sake!).

## Oh—The Irony of it All!



## Program Descriptions :

Here is brief description of some of the programs that Residents have enquired about:.

**Walk & Roll:** A casual 10—15 minute stroll to the Espresso Café or Starbucks where we enjoy decadent drinks, bad jokes and great conversations. All walking levels as we take rest breaks.

**Mental Aerobics:** The longest words you can imagine made into smaller words. Our record is 607 words from one word! We also do trivia with clues being given or questions being asked. This covers all subjects and is not a media trivia game.

**Health Corner:** Brigita, a Pharmacist from Pharmasave, does a presentation on health subjects concerning us. She speaks in laymans terms so everyone can understand, takes questions and has fabulous responses that make sense to us.

**Readings:** Live readings by Wendy from the great Canadian authors such as Mike McCardell and Stuart McLean, and poetry from Dave (usually R.W. Service or Longfellow).

**Tea & Cookies:** A daily get together to visit with your neighbours while enjoying light snacks of tea, coffee and cookies.

**Reno Keno:** Similar to Bingo, played for a quarter a game, winner takes the pot. (we play 6 games).

**Kwizniac:** Mindfully stimulating as you try to remember important facts from the good old days.

**Painting:** You don't have to be a painter to join us for simple acrylic paintings as you are led through them step by step. Create a masterpiece!

Activities are subject to change based on many factors including Health Guidelines, attendance, availability of venues, cost, and popular demand! Right now we are having all indoor activities due to the health restrictions in place because of the pandemic. Some activities have been cancelled due to multiple people sharing props pr pieces, are too large in attendance or require transportation not available at this time.