

October 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 7:00 Bingo
						
2	3 9:30-10:30 Walk & Talk 10:45-11:15 Mental Aerobics 2-3 Coffee Talk 7:00 Bingo	4 10:30-11:30 Exercise Class 2:00 Crib Club (Resident led)	5	6 10:00 craft w/ Bernice 10:30-11:30 Yoga w/ Kamila 1:00-4:00 Absolute Hearing 7:00 Bingo	7 Pajama Day 2-3 Happy Hour	8 7:00 Bingo
9	10 Thanksgiving Day 7:00 Bingo	11 10:30-11:30 Exercise Class Medication Reviews w/ Pharmacist 2:00 Crib Club (Resident led)	12 10:30 Pharmasave Talk w/ Brigita (Kidney Health)	13 10:30-11:30 Yoga w/ Kamila 7:00 Bingo	14 Pajama Day 2-3 Happy Hour	15 7:00 Bingo
16	17 9:30-10:30 Walk & Talk 10:45-11:15 Mental Aerobics 2-3 Coffee Talk 7:00 Bingo	18 10:30-11:30 Exercise Class 2:00 Crib Club (Resident led)	19 9:00-12:00 Absolute Hearing	20 10:00 Craft w/ Bernice 10:30-11:30 Yoga w/ Kamila 7:00 Bingo	21 Pajama Day 10:30-2:00 Fifth Ave Jewelry 2-3 Happy Hour	22 7:00 Bingo
23	24 9:30-10:30 Walk & Talk 10:45-11:15 Mental Aerobics 2-3 Coffee Talk 7:00 Bingo	25 10:30-11:30 Exercise Class 2:00 Crib Club (Resident led)	26	27 10:30-11:30 Yoga w/ Kamila 7:00 Bingo	28 Pajama Day 2:00-4:00 Halloween Party Live music w/ Gord Rebels	29 7:00 Bingo
30	31 HALLOWEEN					