

# July 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			<b>1 2:00 Red &amp; White Party, live Music by Carl</b> 7:00 Bingo 	<b>2 10:30 Yoga Class</b> 3:00 Left Right Center	<b>3 Pajama Day</b> 10:30 Mental Aerobics 2-3 Happy Hour	<b>4 7:00 Bingo</b>
<b>5 2-3 Happy Hour</b> 3-4 Carpet Bowling	<b>6 9:30-10:30 Walk &amp; Talk</b> 10:30 Mental Aerobics 3:00 Left Right Center	<b>7 10:30-11:30 Exercise Class</b>  2:00 Crib Club	<b>8 2:00 Sandbag Toss</b> 2:00 Knitting Club 7:00 Bingo	<b>9 10:30 Yoga Class</b>  <b>1:00 - 4:00 Absolute Hearing</b> 3:00 Left Right Center	<b>10 10:00 Craft w/ Marlene</b> Pajama Day 10:30 Mental Aerobics 2-3 Happy Hour	<b>11 7:00 Bingo</b>
<b>12 2-3 Happy Hour</b> 3-4 Carpet Bowling	<b>13 9:30-10:30 Walk &amp; Talk</b> 10:30 Mental Aerobics 3:00 Left Right Center	<b>14 10:30-11:30 Exercise Class</b>  2:00 Crib Club	<b>15 10:00-1:00 Sell &amp; Swap</b> 2:00 Sandbag Toss 2:00 Knitting Club 7:00 Bingo	<b>16 10:30 Yoga Class</b> 3:00 Left Right Center	<b>17 Pajama Day</b> 10:30 Mental Aerobics 2-3 Happy Hour	<b>18 7:00 Bingo</b>
<b>19 2-3 Happy Hour</b> 3-4 Carpet Bowling	<b>20 9:30-10:30 Walk &amp; Talk</b> 10:30 Mental Aerobics 3:00 Left Right Center	<b>21 10:30-11:30 Exercise Class</b>  2:00 Crib Club	<b>22 9:00 - 12:00 Absolute Hearing</b> 2:00 Sandbag Toss 2:00 Knitting Club 7:00 Bingo	<b>23 10:30 Yoga Class</b> 3:00 Left Right Center	<b>24 Pajama Day</b> 10:30 Mental Aerobics <b>2-3 Beach Party</b> <b>Live Music by Sciatikats</b>	<b>25 7:00 Bingo</b>
<b>26 2-3 Happy Hour</b> 3-4 Carpet Bowling	<b>27 9:30-10:30 Walk &amp; Talk</b> 10:30 Mental Aerobics 3:00 Left Right Center	<b>28 10:30-11:30 Exercise Class</b>  2:00 crib Club	<b>29 2:00 Sandbag Toss</b> 2:00 Knitting Club 7:00 Bingo	<b>30 10:30 Yoga Class</b> 3:00 Left Right Center	<b>31 Pajama Day</b> 10:30 Mental Aerobics 2-3 Happy Hour	