

August 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 7:00 Bingo
2. 3-4 Carpet Bowling	3. Civic Holiday 9:30 Walk & Talk 10:30 Mental Aerobics 3:00 Left Right Center	4. 9:30-4 Nail Salon Open 10:30 Exercise Class 3-4 Sing Along Live Music w/ Carl 2:00 Crib Club	5. 2:00 Sandbag Toss 2-3 Knitting Club 7:00 Bingo	6. 10:30-11:30 Yoga 1-4 Absolute Hearing 3:00 Left Right Center	7 Pajama Day 10:30 Mental Aerobics 2-3 Happy Hour 3-4 Wheel of Fortune	8 7:00 Bingo
9. 3-4 Carpet Bowling	10. 9:30 Walk & Talk 10:30 Mental Aerobics 3:00 Left Right Center	11. 9:30-4 Nail Salon Open 10:30-11:30 Exercise Class 2:00 Crib Club	12. 2:00 Sandbag Toss 2-3 Knitting Club 7:00 Bingo	13. 10:30-11:30 Yoga 3:00 Left Right Center	14 Pajama Day 10:30 Mental Aerobics 2-3 Happy Hour 3-4 Wheel of Fortune	15 7:00 Bingo
16. 3-4 Carpet Bowling	17. 9:30 Walk & Talk 10:30 Mental Aerobics 3:00 Left Right Center	18. 9:30-4 Nail Salon Open 10:30-11:30 Exercise Class 2:00 Crib Club	19. 9:00-12:00 Absolute Hearing 2:00 Sandbag Toss 2-3 Knitting Club 7:00 Bingo	20. 10:30-11:30 Yoga 3:00 Left Right Center	21 Pajama Day 10:30 Mental Aerobics 2-3 Happy Hour 3-4 Wheel of Fortune	22 7:00 Bingo
23/30. 3-4 Carpet Bowling	24/31. 9:30 Walk & Talk 10:30 Mental Aerobics 3:00 Left Right Center	25. 9:30-4 Nail Salon Open 10:30-11:30 Exercise Class 2:00 Crib Club	26. 2:00 Sandbag Toss 2-3 Knitting Club 7:00 Bingo	27. 10:30-11:30 Yoga 3:00 Left Right Center	28 Pajama Day 10:30 Mental Aerobics 2-3 Happy Hour 3-4 Wheel of Fortune	29 7:00 Bingo