

September 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 10:30-11:30 Exercise Class 2:00 Crib Club	2 9:30-4 Nail Salon 2:00 Sandbag Toss 2-3 Knitting Club 7:00 Bingo	3 10:00 Craft w/ Marlene 1:00-4:00 Absolute Hearing Clinic 10:30 Yoga Class 3:00 Left Right Center	4 Pajama Day 10:30 Mental Aerobics 1:00 Meet & Greet w/ Independence Matters 2-3 Happy Hour 3-4 Wheel of Fortune	5 7:00 Bingo
6 3-4 Carpet Bowling	7 9:30 Walk & Talk 10:30 Mental Aerobics Left Right LABOUR DAY	8 10:30-11:30 Exercise Class 2:00 Crib Club	9 9:30-4 Nail Salon 2-3 Knitting Club 2:00 Sandbag Toss 7:00 Bingo	10 10:30-11:30 Yoga Class 3:00 Left Right Center	11 Pajama Day 10:30 Mental Aerobics 2-3 Happy Hour 3-4 Wheel of Fortune	12 7:00 Bingo
13 3-4 Carpet Bowling	14 9:30 Walk & Talk 10:30 Mental Aerobics 3:00 Left Right Center	15 10:30-11:30 Exercise Class 2:00 Crib Club	16 9:30-4 Nail Salon 9:00-12:00 Absolute Hearing Clinic 2:00 Knitting Club 2:00 Sandbag Toss 7:00 Bingo	17 10:30-11:30 Yoga Class 3:00 Left Right Center	18 Pajama Day 10:30 Mental Aerobics 2-3 Happy Hour 3-4 Wheel of Fortune	19 7:00 Bingo
20 3-4 Carpet Bowling	21 9:30 Walk & Talk 10:30 Mental Aerobics 3:00 Left Right Center	22 10:30-11:30 Exercise Class 2:00 Crib Club	23 9:30-4 Nail Salon 2-3 Truefit Denture Pop Up 2-3 Knitting Club 2:00 Sandbag Toss 7:00 Bingo	24 10:30-11:30 Yoga Class 3:00 Left Right Center	25 Pajama Day 10:30 Mental Aerobics 2-3 White Party, Live music w/ Sciatickats 3-4 Wheel of Fortune	26 7:00 Bingo
27 3-4 Carpet Bowling	28 9:30 Walk & Talk 10:30 Mental Aerobics 3:00 Left Right Center	29 10:30-11:30 Exercise Class 2:00 Crib Club	30 NATIONAL DAY of TRUTH and RECONCILIATION 2:00 Knitting Club 2:00 Sandbag Toss 7:00 Bingo			