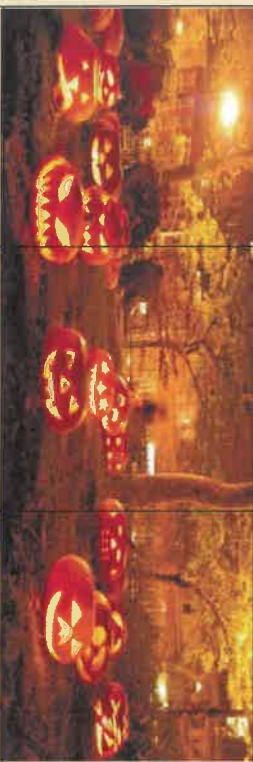


October 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 10:30-11:30 Yoga Class 3:00 Left Right Center	2 Pajama Day 10:30 Mental Aerobics 1-2 Independence Matters Meet & Greet 2-3 Happy Hour 3-4 Wheel of Fortune	3 7:00 Bingo
4 3-4 Carpet Bowling	5 9:30 walk & Talk 10:30 Mental Aerobic 3:00 Left Right Center	6 10:30-11:30 Exercise Class 2:00 Crib Club	7 9:30 – 1:00 Nail Salon 2:00 Sandbag Toss 2:00 Knitting Club 7:00 Bingo	8. 10:30-11:30 Yoga Class 1-4 Absolute Hearing 3:00 Left Right Center	9 Pajama Day 10:30 Mental Aerobics 2-3 Happy Hour w/ Live Music w/ Carl 3-4 Wheel of Fortune	10 7:00 Bingo
11 3-4 Carpet Bowling Thanksgiving Dinner	12  9:30 Walk & Talk 10:30 Mental Aerobic 3:00 Left Right Center	13 10:30-11:30 Exercise Class 2:00 Crib Club	14 9:30 – 1:00 Nail Salon 2:00 Sandbag Toss 2:00 Knitting Club 7:00 Bingo	15 10:30-11:30 Yoga Class 3:00 Left Right Center	16 Pajama Day 10:30 Mental Aerobics 2-3 Happy Hour 3-4 Wheel of Fortune	17 7:00 Bingo
18 3-4 Carpet Bowling	19 9:30 Walk & Talk 10:30 Mental Aerobics 3:00 Left Right Center	20 10:30-11:30 Exercise Class 2:00 Crib Club	21 9:00-12:00 Absolute Hearing 9:30 – 1:00 Nail Salon 2:00 Sandbag Toss 2:00 Knitting Club 7:00 Bingo	22 10:30-11:30 Yoga Class 3:00 Left Right Center	23 Pajama Day 10:30 Mental Aerobics 2-3 Happy Hour 3-4 Wheel of Fortune	24 7:00 Bingo
25 3-4 Carpet Bowling	26 9:30 Walk & Talk 10:30 Mental Aerobics 3:00 Left Right Center	27 10:30-11:30 Exercise Class 2:00 Crib Club	28 9:30 – 1:00 Nail Salon 2:00 Sandbag Toss 2:00 Knitting Club 7:00 Bingo	29 10:30-11:30 Yoga Class 3:00 Left Right Center	30 Pajama Day 10:30 Mental Aerobics 2-3 Halloween Party: Live Music w/ Sciatikats 3-4 Wheel of Fortune	31 7:00 Bingo 