

November 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 3-4 Carpet Bowling	2 9:30 Walk & Talk 10:30-11:45 Mental Aerobics 3:00 Left Right Center	3 10:30-11:30 Exercise Class 2:00 Crib Club	4 9:30-1 Nail Salon 2:00 Sandbag Toss 2:00 Knitting Club 7:00 Bingo	5 10:30-11:30 Yoga Class 1-4 Absolute Hearing 3:00 Left Right Center	6 Fifth Ave Jewelry Pajama Day 10:30 Mental Aerobic 2-3 Happy Hour 3-4 Wheel of Fortune	7 7:00 Bingo
8 3-4 Carpet Bowling	9 9:30 Walk & Talk 10:30 -11:45 Mental Aerobic 3:00 Left Right Center	10 10:30-11:30 Exercise Class 2:00 Crib Club	11 2:00 Remembrance Day Ceremony w/ Carl 2:00 Knitting Club 7:00 Bingo REMEMBRANCE DAY <i>Left we forget</i>	12. 10:30-11:30 Yoga Class 3:00 Left Right Center	13 Pajama Day 10:30 Mental Aerobic 2-3 Happy Hour 3-4 Wheel of Fortune	14 7:00 Bingo
15 3-4 Carpet Bowling	16 9:30 Walk & Talk 10:30 -11:45 Mental Aerobic 3:00 Left Right Center	17 10:30-11:30 Exercise Class 2:00 Crib Club	18 9:30-1 Nail Salon 2:00 Sandbag Toss 2:00 Knitting Club 9-12 Absolute Hearing 7:00 Bingo	19 10:30-11:30 Yoga Class 3:00 Left Right Center	20 Pajama Day 10:30 Mental Aerobic 2-3 Happy Hour 3-4 Wheel of Fortune	21 7:00 Bingo
22 3-4 Carpet Bowling	23 9:30 Walk & Talk 10:30 -11:45 Mental Aerobic 3:00 Left Right Center	24 10:30-11:30 Exercise Class 2:00 Crib Club	25 9:30-1 Nail Salon 2:00 Sandbag Toss 2:00 Knitting Club 7:00 Bingo	26 10:30-11:30 Yoga Class 3:00 Left Right Center	27 Pajama Day 10:30 Mental Aerobic 2:00 Happy Hour 3-4 Wheel of Fortune	28 7:00 Bingo
29 3-4 Carpet Bowling	30 9:30 Walk & Talk 10:30-11:45 Mental Aerobic 3:00 Left Right Center					